

ST. ANN'S HIGH SCHOOL BOLARUM





EDITORIAL

"Limitation live only in our minds .But if we use our imaginations, Our possibilities become limitless. Imagination is the beginning of creation."

Everyone in this world is special in their own ways . Happiness depends upon ourselves . Happiness is when what you think ,What you say and what you do are in harmony .

The "Focus " Magazine is an exceptional platform which gives .Voice to students to exhibit their creativity , thoughts and ideas.

The school magazine is a valuable publication which gives, opportunity to students to contributed their creative talents and an attempt to enlighten and entertain. It is also a source of inspiration for students to actively take part in school activities in future.

The school magazine hopes to unleash the most precious moments and memories of the previous year of this esteemed institution, apart from encouraging the young minds to wonder into the world of. Imagination, inspiration, innovativeness and ingenious.

We sincerely hope that the magazine will live up to the expectation of the readers and give them the experience of good and effective reading.

We take this opportunity to thank one and all for their support in making this magazine.

Happy reading

While every effort has been made to make this magazine error free we regret any thing that have edged in inadvertently.



I solemnly thank the Almighty God with immense gratitude and admiration for the bygone year and all His myriads of blessings showered upon. We unlearned and relearned everything needful and kept learning that was a huge force. It's a brand-new vision into reality, being with the children in their growing up. Accompaniment with the tender lives we learn to be kinder and more tender hearted. Being with most vulnerable we turn out to be humble and simple. Schooling is not only epitome of wisdom but also future vision. Moulding is the manual labour; machinery is the efficient staff who carry on this noble responsible task to bring about radical change and progress in the most fragile hearts entrusted to the care. We accomplish this formative journey in collaboration with the parents who value education and strive their best to get their children progress in life rightly with a correct motivation.

A heartful thanks and appreciation to everyone who contributed their bit of share to fruitfulness for a smooth run of this academic year. A profound salute to all

God Bless you!



PERFECT GPA



Pongratulations



BRITHI RAHUL JAIN



DRAVIDAM SHALIKA



E S KEERTANA



KUNTA AMULYA



NANNEPAMULA MANASVI



S RUDRAKSHINI



SHAILAJA SHANMUKHAN



ZOYA AHMED

SSC RESULTS 2022-23

S.NO.	NAME	GPA	S.NO.	NAME	GPA
1	BRITHI RAHUL JAIN	10	39	CHODAMANI MANASA	9.5
2	DRAVIDAM SHALIKA	10	40	D DISHIKA	9.5
3	E S KEERTANA	10	41	D THARUNI	9.5
4	KUNTA AMULYA	10	42	DEEPALI CHHATWAL	9.5
5	NANNEPAMULA MANASVI	10	43	DIVYA DORAIRAJ	9.5
6	S RUDRAKSHINI	10	44	J V POOJITHA	9.5
7	SHAILAJA SHANMUKHAN	10	45	JAGAPATHI SAI THANISHKA	9.5
8	ZOYA AHMED	10	46	KOTHUR SRI VAISHNAVI	9.5
9	ANANYA AINWALE	9.8	47	MUNTHA BHAVYA SRI	9.5
10	B DHANA SHREE	9.8	48	P S MADHUSREE	9.5
11	B R HARSHITHA	9.8	49	PASUPULETI JYOTHI SRI	9.5
12	BALAPURAM SPARSHITHA REDDY	9.8	50	PERI DURGA BHAVANI	9.5
13	BHAVANA BALACHANDRAN	9.8	51	R SHRISA	9.5
14	CHIDIRE VAISHNAVI	9.8	52	RENUKUNTLA LOHITHA SOWMYA	9.5
15	CHINTLA NEHA REDDY	9.8	53	RITU SINGH	9.5
16	CHINTOJU KAMMARI SRAVANI	9.8	54	SALLA NETHRA	9.5
17	G JAHANAVI NANDA	9.8	55	SUBHADRA PURNIMA PALAKURTHY	9.5
18	HITA JAIN	9.8	56	ADIBA FATIMA	9.3
19	K JYOTHI SREE	9.8	57	BEJGUM TANUSHKA	9.3
20	KARRA SANVI	9.8	58	C S SANCHITA	9.3
21	M K PAVITHRA	9.8	59	CATHERINE SNEHA XAVIER	9.3
22	MASANURI YESHWANTHI	9.8	60	GOUTI SMRITHI	9.3
23	NEMALI MEGHANA	9.8	61	KANNEGANTI AKSHAYA	9.3
24	NISHATH FATIMA	9.8	62	MASKOORI ROSHINI	9.3
25	P S BHAVYA LAHARI	9.8	63	MICHELLE	9.3
26	RASAMALA V DIVYA DHARSHINI	9.8	64	NITIKA PRATHURI	9.3
27	SAYAPURI RITHUSHREE	9.8	65	PEETA NANDITA	9.3
28	VANAM ROSHNI	9.8	66	R SIRISHA	9.3
29	BADHA SHRUTHI	9.7	67	THADEM ARCHANA	9.3
30	BHRINDHA THALLA	9.7	68	ADIMULUM PALLAVI	9.2
31	GOLAMARY BLESSICA REDDY	9.7	69	AKULA NEHA	9.2
32	GOUTI NAKSHATRA	9.7	70	ANJALI AJAY	9.2
33	KAMAROUTHU SHREE RUTHVIKA	9.7	71	BAIRU LIKITHA	9.2
34	KOTA PRIYANKA	9.7	72	BATHALA MANASWINI	9.2
35	PAMPARI MADHULIKA	9.7	73	BIGULLA KRITHIKA	9.2
36	TASNEEM KANCHWALA	9.7	74	BUKKA LAASYA PRIYA	9.2
37	VARNIKA ANAND	9.7	75	G VEDASVI	9.2
38	B CHARMY	9.5	76	GADE MELISSA	9.2

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S.NO.	NAME	GPA	S.NO.	NAME	
77	COCIICAD OLIIVAAN	0.0	44=	MARURUROCUANA	
77	GOGIKAR SHIVANI J N AKSHITHA	9.2	117	MADUPU ROCHANA	
78 70	*	9.2	118	MATTAM AKSHAYA	
79 80	JENCY FRANCIS KANUKUNTLA SAI DEEPTHI	9.2	119	MEDI URSHITA PINJARLA ANUSHKA	
81	KOTHAPETA AMULYA REDDY	9.2 9.2	120	S VEENA SRI	
82	M ADRIEL LYDIA	9.2	121 122	TATHAPUDI JANOAH REENA	
83	MADUNOORI SREEMATHA	9.2	123	VADDADI SRI GAYATRI	
84	RAMIDI PRATHIKA REDDY	9.2	123	Y N LAKSHITHA SIRI	
85	S SEONI	9.2	124	BOGA DEVA SHREE	
86	T TANISHA	9.2	125	BURKA RAMYASREE	
87	T V S S JASMITHA	9.2	127	CHOPPARA SAI SPOORTHY	
88	TANISHKA R CHUTKE	9.2	128	DHARAVATH SAI SHARANI	
89	U DEEKSHITHA	9.2	129	JAMPANA YASHASWINI	
90	B S SRAVIKA SHARAN	9	130	K V GAYATHRI	
91	B SUPRIYA	9	131	K Y S DAINA	
92	BURKA CHANDANA	9	132	KULKARNI SAI SARANYA	
93	C MARIA CYNDRELLA	9	133	LACKUMALA SONY	
94	CHEELA SAMHITA	9	134	NAGOLU HASINI	
95	GAYATHRI SINGH	9	135	P R RAKSHITHA	
96	GUTHIKONDA MANUPA	9	136	SALOORA RITHUJA	
97	K SREE VARSHINI	9	137	SHREYA DAS MOHAPATRA	
98	KOLLURI SHWETHA SHALOM	9	138	VARGANTI VAISHNAVI	
99	KUNCHAM JEEVIKA	9	139	ZAINA ZAHEER	
100	MAGAM NEHA REDDY	9	140	ABIGAIL JOHANNAH JOHNSON	
101	MELBA MATHEW	9	141	CHITUKULA PRANAYA SRI	
102	MERLYN MICHEAL	9	142	GORLE VARSHA	
103	MUTHA NAVYA SRI	9	143	KOTAPARTHI KRISHMA	
104	N V PRANAYKA	9	144	KOTHA VEDHANTHI SRI	
105	PAMPARI V KEERTHANA	9	145	P A ANISHA	
106	R NANCY	9	146	P SAHITHI REDDY	
107	SHRESHTHA TELANG	9	147	PINJARLA AKHILA YADAV	
108	B RITHISHA	8.8	148	POKALA SAI MANEESHA	
109	BHANDARI HANSIKA	8.8	149	R CHIRAYU	
110	BUSABOINA LALANA YADAV	8.8	150	SHEAVON JACI	
111	C EVA ANGEL	8.8	151	SYED ALIA SHIZA	
112	KAIRAMKONDA SAHITHI	8.8	152	THAKUR ANWITA SINGH	
113	KATMANDI AKSHAYA	8.8	153	THIRUMANGALA TAMANNA PRAVEEN	
114	KEERTHIKA PANIGRAHI	8.8	154	V ISHIKA	
115	KOTA RISHIKA	8.8	155	V KAAVYA	
116	KOTAKONDA NANDIKA	8.8	156	B. SHIRIN PAUL	

GPA

8.8 8.8 8.8 8.8 8.8 8.8 8.8 8.8 8.7 8.7 8.7 8.7 8.7 8.7 8.7 8.7 8.7 8.7 8.7 8.7 8.7 8.7 8.7 8.5 8.5 8.5 8.5 8.5 8.5 8.5 8.5 8.5 8.5 8.5 8.5 8.5

8.5 8.5 8.5 8.5

S.NO.	NAME	GPA		
157	AFIA FIRDOS	8.3		
158	ALISHA NAAZ	8.3		
159	DORA SHRESHTA	8.3		
160	GYARA BHAVANI	8.3		
161	K R KOMATHI VAISHNAVI	8.3		
162	MUNIGONDA AKSHARA	8.3		
163	NANDOJU AISHWARYA LAKSHMI	8.3		
164	RECHAL	8.3		
165	ARYA SINGH	8.3		
166	A ANDREA	8.2		
167	CHINTHAPALLI VARSHINI	8.2		
168	GAUTI VANSHIKA	8.2		
169	GOTLA NIDHI YADAV	8.2		
170	M SHRIYA	8.2		
171	NIMMALA AKANKSHA	8.2		
172	P SAI SANJANA	8.2		
173	V ANGEL SANDRA	8.2		
174	YEDDU PRIYANKA	8.2		
175	AMARAM SUDHEEKSHA	8		
176	ANJANA MARY GEORGE	8		
177	ANSIYA MAHWISH	8		
178	ANUSHKA TIWARI	8		
179	AVULA HIMABINDU	8		
180	BETHAPUDI ANGELINA	8		
181	G ADONICA	8		
182	J DIANA ROSELINE	8		
183	KOTAKONDA SRUTHI	8		
184	LAUREN MANDALYNN RICHARDSON	8		
185	VIDYA SHREYA	8		
186	B. NIHARIKA	8		

S.NO.	NAME	GPA		
187	BAPATLA SAHAJATHA	7.8		
188	JUHI VIJAY KUMAR GUNDARAM	7.8		
189	P MEGHANA	7.8		
190	AAKULA ABILASHA	7.7		
191	G TRISHA JAIN	7.7		
192	GRACE SHINY LOURD	7.7		
193	K J ESTHER PRINCY	7.7		
194	KARANGULA NIHARIKA	7.7		
195	S YOGITHA YADAV	7.7		
196	M. SHREYA	7.7		
197	MERUGU VARSHA VINEKINI	7.5		
198	P S SAI KEERTHANA	7.5		
199	RAHULA RISHIKA	7.5		
200	GINELLE SAMANTHA	7.3		
201	K ANJALI	7.3		
202	M MARTINA MERCY	7.3		
203	M RUCHIKA	7.3		
204	MANDA SRAVANI	7.3		
205	MANUKA SATHVIKA YADAV	7.3		
206	MEKATHOTI SNEHITHA	7.3		
207	P NANCY	7.3		
208	PRANATI SALONI RAJU	7.3		
209	DARYL ISHMITTA SWARNARAJ	7.3		
210	G NANDIKA	7.2		
211	VARUGANTI KRITHIKA	7.2		
212	VASARI VARSHINI	7.2		
213	A CHETANA	7		
214	ANUSHA	7		
215	DASARI GANGA	6.8		



SCHOOL DIARY FOR THE ACADEMIC YEAR 2022-23

'Do not be anxious about anything, but in everything, by prayer and petition, with thanks giving, present your request to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Jesus Christ. (Philippians 4;6) With this ardent, belief and hope and entrusting everything unto the Lord, The management staff and students of our school welcomed the new academic year 2022-2023.

There is no doubt that we still have routines and protocols to become familiar with, but we are confident in being able to start the school year positively.

10th June ,2022 Staff Meeting:-

Staff meeting was held on 10th June, 2022. It was indeed a new beginning and a new challenge. It's a God- given gift to each and every teacher as we have every responsibility to use them as best as possible to nurture and care the students and give them the best for this new Academic year.

The year and the meeting was indeed special for the staff as we welcomed amongst us our new principal Rev. Sr. Annapurna.

Invoking his gracious blessing on each one of them, the staff meeting was held reinforcing the rules and regulations to be followed. The staff and class timetables were handed over to the teachers, and groups were formed delegating their responsibilities for the Academic year 2022-23.

11th June 2022

Seminar

Seminar was held on 11th June 2022 for the school staff. Rev.Sr. Joyce Lucas graced the occasion. The seminar helped the teachers to understand how to transform their thinking so that an Interdisciplinary curriculum becomes an Integral part of their classroom, keeping in mind the child's cognitive, social and emotional learning.

13th June 2022 School re- opens

After 2 years of silent hallways and empty classrooms, it was a delight to welcome our students back to school. Our aim was to re-engage positive connections with students after two long years of online teaching and ensure successful learning and growth.

15th June 2022

Election of School Cabinet

Election for the school cabinet was held on 15th June, 2022. All the nominees for the cabinet seeked their votes, Inspiring the students through their impressive speeches to vote them for their respective prestigious post in the school cabinet.

The election for the cabinet was successful with.

- Ritu Singh Head Girl
 Rudrakshini Asst.Head Girl
 Divya Dorairaj Cultural secretary
- Subhadra Purnima Daffodils captain
 S.Vandana- Daffodils Vice-Captain
- Deepali Chatwal Lotus CaptainSindhu Reddy Lotus Vice-Captain
- Amulya Roses CaptainRithika Puli Roses Vice-Captain
- Yeshwanthi -Shamrocks CaptainSri Sannidhi Shamrock Vice Captain

18th June, 2022

Holy Mass -Holy Spirit Giver Of Wisdom and Understanding

With praises and thanks giving to God the Almighty father, Holy mass was offered on 18th June 2022. Rev.Fr. Valentine Dimello was the main celebrant. All the catholic students along with Management and staff participated in it with much fervour and great Devotion.

The theme for the Holy mass was "Holy Spirit Giver Of Wisdom and Understanding . Everyone participated in the Holy mass to implore, His grace and blessings to be on each and everyone as we start the new academic year.

21th June, 2022

Hindi Creative Writing Competition:-

The road to success and greatness is always paved with consistent hardwork. While most are dreaming of success, Winners wake-up and work hard to achieve it. One such platform to showcase the creativity and talent among the children were the competitions.

Hindi creative writing competition was held on 21th June 2022 for middle school and high school .Children participated enthusiastically to exhibit their creative skills.

Winners M.S Winners H.S I- Ravalika 7B I – Hita Jain 10B II – Shalika II- Prathiba 7B 10A III- Hema Saharsa III - C.Neha Reddy 10B 5A Con- G.Akshara Con Paravalika 5A 9B

23rd June, 2022 and 27th June 2022 (HS) Telugu Elocution (Middle Section) (HS)

The success of your presentation will be judged not by the knowledge you send but by what the listener receives.

It was time to exhibit the oratory skills. Telugu elocution for Middle section was held on 23rd June, 2022 & High School on 27th June 2022. The participants made their commanding presence through their excellent speaking skills.

<u>Winners (MS)</u>		<u>Winners (HS)</u>	
I - M.Esha Reddy	7B	I - Nanditha	10 A
II - R.Tharani	7 D	II - P.Rithika Reddy	9C
III - K.Nishika Reddy	6A	III - Shalika	10 A
Con - N.Priyanshi	6D	Con - Michel	10 A

24th June, 2022

English Debate M.S Prelims

Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen.

To instill this courage and to encourage a healthy competition among the four groups English Debate for middle section and high school was held. (Prelims)

Winners (Prelims) Winners (Finals) Shamrocks **Shamrocks**

Daffodils

English Debate for High School was held on 2nd July ,2022. Topics: - "Agni path" – The good solution for unemployment

Winner (Prelims)

Winner (Finals)

Roses

Roses

Best Speaker - Nanditha -10th A

Best Debator - Lohitha- 10th C

25th June, 2022

Investiture Ceremony:-

Success isn't just about what you accomplish in your life; its about what you inspire others to do.

The Investiture ceremony is a platform to showcase the leadership skills and abilities of our school cabinet. This ceremony bestowed responsibility of leading the school with commitment, confidence and competence to the young cabinet members. Inspired with the theme.

<u>"Transform vision into reality".</u> The cabinet proudly took the oath and promised to abide by their duties and responsibilities. The ceremony was witnessed by Ms. Vallari Joshi (Retired Lt Colonel EME) and proud parents of the cabinet members along with the teachers and students.

28th June, 2022

Healthy Mind, Healthy Body, Healthy Life.

Covid vaccination drive was conducted on 28th June, 2022, for students of 12 years and above. With due consent from parents, Vaccination drive was conducted in school encouraging students to take the vaccine and stay healthy and protective.

114 students and 14 teachers were vaccinated. The vaccination drive was organized the second time also .It was a good initiative taken where many students and teachers were vaccinated.

4th July, 2022

Hindi Elocution (Middle School and High School)

Neither can embellishments of language be found without arrangement and expression of thoughts, nor can thoughts be made to shine without the light of language. Hindi Elocution was conducted to express these thoughts and language.

Winners:-

I - Hita Jain	10B
II - Taruna Mugdiya	8C
III - Rudrakshini	10A
III - Tasneem	10C
Con- Anvika	9C

6th July, 2022

English and Telugu Creative Writing :- (Middle School and High School)

To write means more than putting pretty words on a page; The Act of writing is to share a part of your soul with the world.

English creative and Telugu creating writing was held for High School and Middle School to bring out the piece of mastery in writing.

English Creative Writing (HS)

Winner

I - Hita Jain	10 B
II - RithuSree	10 D
III - Sai Sharani	10 A

Telugu Essay Writing (HS) Winners

I - Shalika	10A
II - Rudrakshini	10A
III - K.Nethra	8A
Con - C.K.Sravani	10A

Middle School

I - K.Thushitha Nitya 6 D
II - S.R.Thaarani 7D
III - Y.Harshitha 7D
Con - M. Esha Reddy 7B

23rd July, 2022 - St .Ann's Feast

The feast of Saint Ann is celebrated on .July 26th. She is also known as the patron saint of mothers, Women of labor and minors. She was favored by God to be the Mother of the most Holy Virgin Mary, the Mother of our Savior.

St. Ann who is the patroness of our school was filled with compassion and love. She is also the patron saint of the congregation of Sisters of St. Ann.

To celebrate her presence and blessings in each one of our lives St. Ann feast was celebrated on 23rd July, 2022. The feast and celebrations were hosted by the group of Daffodils.

Holy mass was offered in presence of teachers and catholic students .The Mass was celebrated by Rev. Fr. Prince Charles emphasizing on the Theme – "Your Grace – Renew Review and Restore us.

The Daffodils group including the students and teachers put up a great show in celebrating the feast rejoicing in the theme - Grace -The Unmerited favour of God .

FA-1 Exams

FA-1 examinations were conducted from class 1-10 from 27^{th} July 2022. It was the time to sharpen the axe .Students prepared well for the examinations to prove their memory, their learning and self assessment .

8th August, 2022 - English Dramatics - (MS and HS)

Drama lies in extreme exaggeration of the feelings .Dramatics help the students to become tenacious , team-Oriented, problem – solvers ,who are confident and able to think creatively English dramatics was conducted for all the four houses (MS and HS) Students were at their personal best .Theme based dramas were excellently executed by all the four houses keeping the audience, spell bound .

H.S Winners

I - Shamrocks - (Love @ face book)

II - Lotus - (Macbeth)

III - Roses - (The Unexpected Guest)

M.S. Winners

I - Daffodils - (Sudha Murthy's)

II - Lotus - (The blue Umbrella)

III - Shamrocks - (Malgudi days)

Group Drance Competition (10th August, 2022)

Dance is the joy of movement and the heart of life .To exhibit their passion and their expression- The landscape of their souls,

Group dance competitions were held. Each and every group proved their talents by exhibiting their themes.

Winners (H.S)

I - Shamrocks - (Telangana)

II - Roses - (Gujarati)

III - Lotus - (Kerala)

Winners (M.S)

I - Daffodils

II - Roses

III - Lotus

15th August, 2023 - Independence Day Celebrations -

"May the sun in his course visit no land more free, more happy, more lovely, than this Our Country!

A moment comes; when we step out from the old to the new; when an age ends and when the soul of a nation long suppressed finds utterance. It was time to celebrate the significant day with great pride joy, and happiness. The 75th Independence day. The celebration was hosted by the group of Shamrocks with the theme.

"Azadi ka Amrit Mahotsav." The group members put up great show on this occasion exhibiting their patriotism, and celebrating the land of the free and the home of the brave.

As a part of the 75 years of Indian Independence, Several competitions were held as a part of the program organized by the Telangana Education Department.

Children participated in speeches, Mono acting and teachers exhibited their talent in poetry on the topic "Glory and Uniqueness" of India .

<u>Mass singing of National Anthem</u> was organized, where students of class 8th and 9th participated with patriotic spirit along with the Police personals from the Bolarum Police Department on 18th August 2022.

75 years of Indian Independence - Celebration .

Dept of Education, Telangana, Organized Mandal and District level sports all across. Our students participated in these sports with great zeal and enthusiasm. They brought laurels to the school by winning the following:-

Results of games and sports competition.

Long Jump U/17 -first place -G.Akshaya

100 meters U/17 second place – G.Akshaya

Kho-kho U/17 –First place

200 meters U/17 first place

Kabaddi U/17 first place

Valley ball U/17 first place

Volley ball U/14 second place

2nd September, 2022 - Teacher's Day Special Mass -

"Teaching is the greatest act of optimism," To enrich this thought in every teacher and to seek his gracious blessing to guide, to serve the children and empower teachers with love for students and to bless them beyond measures. Holy mass was Organized by the Management of the school. The theme for the mass "Kindle to enkindle" truly brought in the spirit in every teacher to enkindle in their hearts a true and ardent love for their students. The theme and its message was aptly justified and put across by Fr. Aloysius, The main celebrant for Eucharist celebration.

5th September 2022 - Teacher's Day

Teacher's day celebration was held on 5th September,2022 with the Theme "Empowered to empower." The day was indeed a memorable one as students mesmerized and captured the hearts of every teacher with their beautiful program walking down the lane through some melodious Retro beats .Every teacher clad in their unique Retro outfit with some beautiful Retro moves by the students was indeed a treat to every teacher.

(FA -2 Exams were conducted from 6th -12th September)

G.K. Quiz competition-

The beginning of knowledge is the discovery of something we do not understand to test their knowledge G.K. Quiz competitions were held for, middle and High section students every Group exhibited their knowledge and implore talent by participating in this competition .

The Winners for this competition were:-Primary Section

I - Lotus

II - Daffodils

Middle Section

I - Roses

II - Shamrocks

High Section

I - Daffodils

II - Lotus

<u>National Deworming Day</u> was observed in Telangana on September 15, 2022. As a part of the National Deworming Eradication program, Deworming Tablets were administered to students ages 3-16 years. The management took this initiative to ensure that the tables are administered to students in order to improve their overall health, nutritional status, access to education and Quality of life.

<u>September 17th, 2022, Telangana National Integration Day (Telangana Jathiya Samaikyatha Dinotsavam)</u>

Telangana National Integration day was celebrated on Sept 17th, 2022. The staff and Management, celebrated the day by hoisting the National Flag in honour to mark the 75 years of Hyderabad's annexation to the Indian union.

Solo Dance

Remember that you are talented and that your talent has value. To exhibit this talent solo dance competition was held on 19th September, 2022. The theme for the competition was "Women Empowerment'. Students enthusiastically participated in the competition giving their best to showcase the theme. The winners of the competition were;

Winners;-

I - Rudrakshini	10A
II - Shailaja	10A
III - Sheavon	10C
III - Maria Tamanah	8 B
III - Sristhi Thakur	9 C
Con - Reanna	8 C

English Elocution Competition (HS and MS)

The right to free speech is more Important than the content of the speech. Elocution competition was conducted on 20^{th} September, 2022 for High School and for Middle School. The topics for the Elocution were;-

High School

"Greed for power can destroy world peace. (Based on Ukraine Russia war)"

Middle School ;-

Class 5 - Do video games promote violence?

Class 6 - Music has the power to head

Winners (M.S)		Winners (H.S)	
I - Duvleenkaur	7C	I - Ritu Singh	10 D
II - Shimona Alex	6B	II - Rudrakshini	10 A
II - Prathiba Thakur	7B	III - Hita Jain	10 B
III - K.Nanditha	7A	Con - B.S.Harshitha	9 D
Con - Annie	6D	Shailaja	10 A
		Sophia	8 C

24th September ,2022:- Parent- Teacher Meet was conducted and school was closed for Term - I vacation from 26th September 2022- 1st October 2022

1st October 2022 :-SA -1 Exams conducted

6th October 2022:-Time alone with God gives us strength for the trenches .To accommodate this, a retreat was organized for Teachers on 6th Oct, 2022 by Bro. Sunny and team .

10th October ,2022;- School re-opens for the second term. With great enthusiasm and zeal, students welcomed the new term with more challenges and spirit of inspiration and Motivation.

Memory Test -13th October 22,

Social Service Club - 22nd October 2022

Students from the school were selected for the National Level Net Ball Tournament . Rithjikapuli -9C (net ball)

Alona Biju -9 C

Yashasri from 9th C was selected to represent the state for Netball at Punjab and Haryana.

14th November, 2022 - Children's Day.

There are somethings that we can't buy, one of such thing is our childhood . To cherish this Moment, Children's day was celebrated with grandiose by the Management and staff of the school.

The Teacher's put up a great show entertaining their tiny tots .This was a fun filled day for the children.

The Theme "A Child loved today will spread the love tomorrow" was apt to the celebration where the love of teachers was graciously spread on each and every child present, through the wonderful program put up by our teachers.

Annual Day (2022-23) (NISARG)

"Everything in nature invites us constantly to be What we are." Every flower is a soul blossoming in nature ." "Heaven is under our feet as well as over our heads.

"In every walk with nature one receives far more than he seeks."

With this delightful thought in mind, Annual Day 2022-23 was organized on Dec 1, 2022 with the theme. "NISARG". The day was celebrated emphasizing on the International themes for the year like Artisal Fisheries and Aquaculture, International year of glass, sustainable development of mountains...

The event was witnessed by chief guest Mrs. Chandana Deepthi (IPS) DCP north zone and guest of honour - Mrs. Deepa Reddy (Joint commissions, GST) Sister of the community, Reverend Fathers and parents.

The event was truly appreciable and laudable as every student showcased their abilities, confidence through different performances and different activities were apt to the theme which was over whelming. Active participation and support by all the teachers added so much of confidence to the performances.

Carols Competition:-

"The spirit of Christmas exists in harmonious carols like those sung by angles on the day of Christ's birth".

Carols Singing competition was Organized for all the four groups on 20th December, 2022. Harmonious and melodic singing was exhibited by all the four groups with

High School
Shamrock - 1st Prize
Roses - 2nd prize

Middle School
Daffodils -1st Prize
Roses -2nd Prize

A little child, a shining star ,a stable rude, the door ajar .Yet in that place ,so crude, forlorn , the hope of all the world was born. As a part of the Christmas Celebration . Crib making competition was conducted on 21st December, 2022. Beautifully decorated cribs inviting the Holiday season full of peace, joy and happiness were exhibited by all the four groups .

Daffodils -1st prize Roses -2nd prize

22nd December, 2022 - Christmas Celebration

"Christmas is the season of joy, of gift giving and of families united." Peace of earth will come to stay when we live Christmas every day.

The celebration was hosted by the group of lotus with the theme."Let the love come down on earth."

Joy, peace, delight, love spread all across with this beautiful celebration inviting baby Jesus amidst us. A great show was put up by the group of Lotus .

The chief guest for the day was Rev. Fr. Manohar. The beautiful message shared by Rev. Father brought in the true meaning of the celebration and reminded everybody that "Christmas is love come down to earth, a gift of infinite worth,"

School closed down for the term-II vacation from 23rd Dec- 1st Jan ,2023

School re-opens on 2nd Jan 2023-Term-III

Modules test for class 10 was conducted from 3rdJan 2023.

Declamation Competition was held on 2nd January 2023.

Artistic form of public speaking, great dramatic oration to express through articulation, emphasis and gesture and the entire sense of the character and text was conveyed excellently by the participants.

I - Rudrakshini	10 A
I - Shailaja	10 A
II - Hita Jain	10 B
II - Lohitha	10 C
III - Mariah Tamannah	8B

FA-III was conducted from 7^{th} January ,2023

12th Jan, 2023 - Bible Theme Enactment Competition

The bible is one of the greatest blessings bestowed by god on the children ,Bible shows us God's character and provides us God's revelation of himself to his people . In each section of the bible we see God's holy unchanging, Faithful, gracious and loving character .

Too exhibit this revelation of God, his love and grace, Bible theme enactment competition was Organized on 12^{th} Jan 2023. Each group came up with their own enactment themes and put up great show.

Winners:

- I Lotus –Samson's life
- II Daffodils Daniel The Chosen One
- III Shamrocks –David The chosen kingRoses Moses

Rangoli Competition ;-

Life resembles rangoli. All you have to do is connect the right dot to make them perfect. Rangoli competition was held for Middle and High school on 13th January 2023.

Winners:

- I Aanvika
- II Sai Sindhu
- III Anusha

Social Service Club

The best way to find yourself is to lose yourself in the service of others. Earn your success based on service to others, not at the expense of others.

We have the social service club which caters to this need. Our students carry out various programs to reach out to the needy in the society.

With the season of advent round the corner, members of our school were keen to reach out and bring a smile on the faces of deserving people around us.

In the realization of this intention clothes were collected by students and distributed at Shanthi Sadan. Grocery and essentials were shared for the requirement of boarding Home at Munagola. The Mite box collection from every class which is a generous contribution by each every students was also used for the needy, Class leaders group cabinet and principal visited the slums areas in the vicinity and distributed the required material to the needy.

YCS-YSM

Young catholic students (YCS) And Young Students Movement (YSM) was established with the objective - "Change self –change others and build a just society". The Inaugural ceremony of YCS-YSM was held on the 19th July, 2022, Which marked the first step of the movement for the year. The chief guest for the Inaugural event was

Fr. Sunil, Who is the newly appointed Director of YCS-YSM of Hyderabad Diocesan. The prefects were elected for the group. Rev. Father addressed the gathering on theme "Leader Leads".

YCS-YCM elected member are as follows;-

Rep-I- Jerosha

Rep-II –Diandra

President – Niharika

Vice president –Evelyn

Secretary -Alona

Vice-Secretary -ALLyson

Treasureer-Rashmika

Spokersperson –Yamini

Vice-Spokesperson – Mananya

Bible Quiz competition:-

Bible Quiz competition was held on 12thJan, 2023.

The Bible is one of the greatest blessings bestowed by God on the children of men. Bible Quit Competition was held for Catholics and Christians students on 12th Jan, 2023 All the four groups actively participated in the competitions exhibiting their spiritual knowledge and understanding.

Winners (P.S)

I - Shamrocks -1st prize

II - Daffodils-2nd prize

Winners (M.S / H.S)

I - Roses

II - Shamrocks, Daffodils

Patriotic Song Competition: (High school)

"Freedom is never really won. You earn it and win it in every generation. The patriotic spirit roared in the young students as they participated and competed with different group for the patriotic song competition .India's struggle for freedom, its achievements ,goals were will enacted by all the four groups.

Winners

I - Daffodils

II - Roses

<u>Painting Competition</u> was held on 23rdJan, 2023, at Kendriya Vidhyalaya, Hakimpet. Our students participated in the Competition. G.Akshara of class 9th B won the best participant award.

26th January, 2023 - Republic Day Celebration:

May the spirit of freedom and democracy always guide our nation towards greatness. The Republic day celebration was hosted by the group of Roses. The 74th Republic day celebration conveyed myriad messages to each and every one. Each and every heart was overflowing with patriotism and pure love for the country. The day was of great significance as everybody were filled with deep sense of pride and gratitude for the Nation. It was indeed a great celebration with Zeal, Enthusiasm and patriotic fervour.

FA-4 Exams -(6th Feb - 8th Feb, 2023) PTM - 11th February

21st Feb, 2023 - Mother Enrichetta Feast and Awards Day

Feast days and celebrations are occasions to empower ourselves in the course of humanity. They are the occasions to rekindle the promise of humanity in our heart. So was the feast day celebration of Mother Enrichetta with the theme. "Ripples of love and joy" which was apt to the life of our dear Mother.

A rainbow of cultural program were prepared under the capable stewardship of our teachers and students.

It was also the day to encourage and appreciate children for their achievements in the academic year 2022-23. Awards were given away to students under various categories of competition. Prizes were handed over to children for their achievements both individually and group wise by the guest for the celebration Dr. P. Sushma.

Happy Retirement

The day also witnessed felicitation of two retired teachers Ms. Padmakumari and Ms. Nagamani and also Mary Aunty and Vimala Aunty from the Contingent staff . Various programs and speeches were organized for them in appreciation for their tireless and selfless service rendered .

Crackling Childhood in the bus, Shining faces ,a merry sweet fuss, Kids all set for a fete champetre, Garden party, studies at fray, Bubbling laughter in the air

Picnic time..... the most memorable time of the school days.

Classes 1-10 enjoyed themselves ,enjoyed the beautiful days and moments with their (friends) and teachers. It was a pleasant and amusing carefree experience.

Prefinal -examination -I Class 10 started from (2-Feb,2023) Prefinal examination - II for class 10 (15 -march,2023)

Class 10 - Farewell and Teacher's Farewell (25.2.23)

Every new beginning comes from some other beginning's end."

Life is a journey ,not a destination and to wish good luck to this beautiful journey ahead and wishing luck for bright and beautiful life, class 9 students organized a farewell party to class 10 students with the theme "Felicia Initium" Cultural program dedicated to their lovely seniors was organized by class 9 students depicting their moments of joy, love and wishing them success.

Miss St.Ann for the year 2022-23 -P.Nandita

1st Runner up -M.K.Pavitra

2nd Runner up - Sheavon Jaci

Learning from good teachers is an experience that can. Sometimes be more profound than education itself. Class 10 students under the able guidance of the cabinet organized a farewell party to the teachers to dedicate their love and gratitude for all the hard work dedication and education rendered by their teachers.

A thorough day with amazing cultural activities was dedicated to teachers.

The Theme was apt for all their encouragement, motivation and preparing such young

talents and the world of tomorrow.

SSC Board examination -3rd April 2023 Final examination (SA-2) for Middle and High school -10th April ,2023.

IT IS THE STRUGGLES THAT COMPLETES YOUR JOURNEY.

I precisely remember it was the 15th of June when the aspirations of a very young heart

finally came true right in front of her as she stood there declared the Head girl of 2022-23 . When I came home that day ,I had a hand over my mouth and in the most exaggerated way I told my dad that "I am the head girl of St. Anns! I was so full of myself that day .I can hardly remember anyone reactions to those words .As I know the practices had turned into show time , and there came the investitures ceremony .It was indeed an unforgettable and magical event which transformed me in so many good ways .

I still remember, after the final march out, me and my fellow cabinet members, embracing each other out of pure bliss in the heart and tears of joy in our eyes. No feeling will ever be able to compare to that. Looking back its been an honour from day one to adorn this batch on my uniform.

It didn't just give me a sense of responsibility but suddenly at that moment of time it gave me a sense of purpose.

Some one wise once said ," Leadership isn't just about how you lead but in fact about the legacy you leave behind ".The message I write to my fellow Annites today will be preserved on that top shelf on the library and so I hope what I share with you is worthwhile .

There is a time that the mind comes to terms with the fact that , your bruised knee isn't just a patch but a sign that you chose to make great things happen , that you stepped out of your comfort zone and unto the world .

Being a part of the school cabinet in general is quite a roller coaster. One minute you know you are having the best time of your life and the next you are surrounded by work , but they are both sides of the same coin . It is easy to be at the top of the world when you are praised and glorified but staying in difficult times is only possible when you have an entire support system to hold on to. I am thankful to my teachers for being that support system of mine throughout the year and helping me keep my sanity in fact .

I believe dreams aren't something you dream of alone nor can they be fulfilled alone right from the day I desired to bare the school flag .My mother too dreamt of a pious, successful and achieving daughter. MY heartfelt gratitude to her . Almost everything I do today is an attempt to put a proud smile on her face in heaven .

Rudrakshini I will forever cherish the memories and responsibilities we shared together Thank you Divya for being so co-operative and helpful on this fun filled journey .To all the captains and vice –captains you all have been so supportive and amazing! Thank for making this year a little more indelible .And how do I forget my lovely annites, Thank you so much , for it was you at last who truly did make this journey elevated . I would also like to thank the principal and the teachers for having faith in me , and for encouraging me each time to go a bit further

I hope for love in everyone, and the very best to all the future cabinets. Thank you and God Bless

'The wings of transformation are born of patience and struggles.'

BELIEVE YOU CAN DO IT AND YOU WILL DO IT

St. Ann's High School Bolarum – the prestigious institution that has transformed me from an ordinary student to an exceptional pupil leader as the transition of a caterpillar to a butterfly.

I have been pursuing my schooling in St.Ann's since lower kindergarten. This 12 year long experience at St. Ann's is ineffaceable. It was a great learning experience.

Captivated by the school cabinet it was my dream since primary schooling to be the office bearer of my school.

This ambition of mine came true on 15^{th} June 2022 when the cabinet elections were held and I was nominated for the reputed post of HEAD GIRL .

As I was a delivering the speech, I could only hear my voice being echoed around the hall. Silence prevailed throughout the auditorium as everyone was curious to know the results .And then came the moment that was awaited with eagerness and anxiety. The principal announced 'And the Asst. Head Girl for the academic year 2022-23 is ... guesses? S.RUDRAKSHINI!'' These words were priceless to me .

I was elected as the VICE HEAD GIRL , my anxiety soon turned into a sigh of bliss and I wept my tears of joy.

25-06-2022, Investiture ceremony was the most awaited event where the cabinet was officially declared as the office bearers, which was witnessed by my parents and whole management.

'The most beautiful thing in life is to see your parents smiling and knowing that you're the reason behind that smile.' As my parents walked through the guard of honor it was a joyous moment for me as I could see the feeling of pride and happiness in their eyes.

As I marched forward to take the oath I aimed to transform vision into a reality by living up to everyone's expectation. The placard in my hand with the school motto INTEGRITY taught me to be honest and follow the right path, the uniform gave me the pride of being an Annite , the sash gave me the responsibility to be supportive and courageous ,and the badges taught me to shine always with positive attitude .

S. RUDRAKSHINI

Asst. Head Girl

REDEFINING SUCCESS

'Commit to the lord whatever you do and your plans will succeed Proverbs'. 16:3

'The journey of a thousand steps begins with a single step.' My life's journey began with humble steps through the doors of St. Ann's High School Bolarum ... as a young girl in the year 2011 ... fascinated by the cabinet of the school and attending various investiture ceremonies conducted at school I knew I wanted to be one ...

After years of wait and prayers, my wishes were heard on 13th June when I found out that I was nominated for the prestigious post of the HEAD GIRL.

The school elections were held on 15th June 2022 when curiosity and anxiety had cast a spell over me . The usually noisy auditorium of St. Anns' was in pin drop silence, when Rev. Sr. Annapurna announced the results and said "The cultural secretary for the year 2022-23 is 'Divya Dorairaj,' my joy knew no bounds. Walking up the stairs of the auditorium stage I knew this journey will teach me valuable life lessons and impact my life in a resplendent way. All this was only possible by the grace of god and my respected principal Rev. Sr. Annapurna all my teachers and of course my fellow students. The confidence I had in myself and the sheer hard work made my wildest dream of the school come true. After the elections Time passed by and the d-day arrived -' THE INVESTITURE CEREMONY '.which was held on 25th June 2022.... It was a magnificent morning the rays of sunlight spread a golden light everywhere ... every beat of the drum while marching forward leading the 4 houses made me realize the responsibilities and the duties that approached

strongest pillars of my life are my parents They were happier than ever The twinkle in their eyes when I shouted 'Do you the members of the school accept me as your cultural secretary' and then going on to wear that honour on my uniform made me

feel like I've actually achieved something.

The immense support by the school faculty made me to give my 101 % in all the culture activities.

To my fellow captains, thank you for making this journey a memorable and adventurous one.

One important lesson which I learnt in this 12 long years of my schooling is Failure is an inescapable part of our lives and a critically important part of any successful life.

Remember, the one who falls and gets up is stronger than the one who never tried .Do not fear failure, but rather fear not trying it.

I'm forever grateful for this opportunity of serving my school for 2 straight years and I promise I'll always be there for my second home - 'my school'.

Thank you St.Ann's for allowing me to extend my wings and fly higher...

All the very best to my successors,

All's well that end's well ,our academic journey has come to end ...

As I walk out through the gates of this great school, here's a message, to everybody,

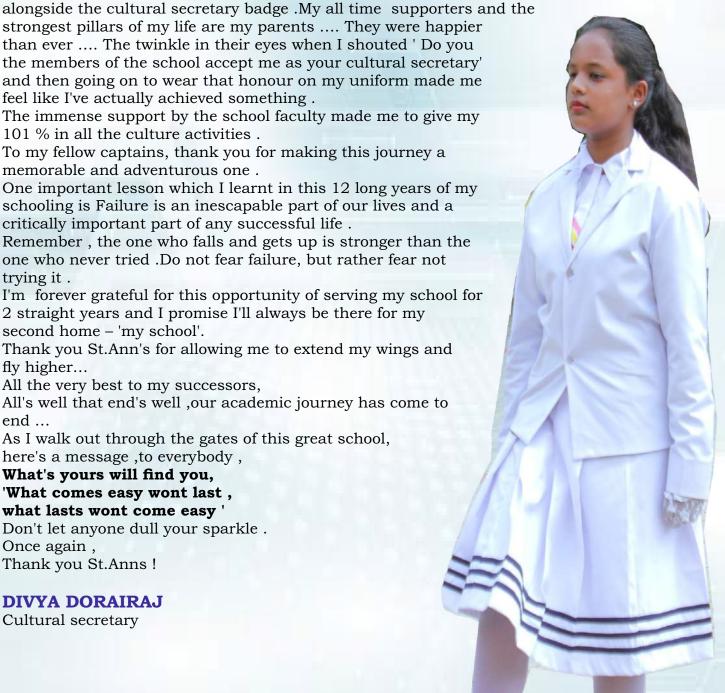
What's yours will find you, 'What comes easy wont last, what lasts wont come easy '

Don't let anyone dull your sparkle. Once again,

Thank you St.Anns!

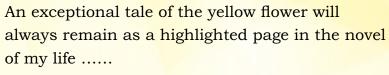
DIVYA DORAIRAJ

Cultural secretary



Charanmargaan Vijaneethi

The vision and conviction....



For the starters and for the people who are wandering about my title, let me tell you that this journey is corresponding to my title which is a Sanskrit saying which means that a 'wanderer eventually finds his path, or ends up creating one for himself.' Not only has this been a journey of finding myself but I also understood that life is a lot more than a little zone that you created for yourself. it all started on the afternoon of JUNE 15 with who is the Daffodils Captain?' and my group mates confidently shouted "SUBHADRA!!' while our principal let

out a calm 'yes', a sudden moment of silence when my heart actually skipped a beat, the moment when climbing our very own auditorium stage felt like a kind of greatest of achievement. Being called as the Daffodils captain felt like a kind of unrealistic magic that's actually happening. Underneath myself doubt laid an uncertain dream of being a captain which turned into reality on the INVESTITURE CEREMONY ON 25th of JUNE . I was handed the flag of the house of Daffodils while I was humbled with our principal's words 'Be faithful to your duty.' the proud look on my parents face is still imprinted in my heart. Even now a soft smile appears on my face every morning while I pin my badges reminding myself of the responsibility that I've been given and the oath that we took. However there is a saying that daydreams often contradict reality and not everything is joyous as it seem to the viewers. There will be times of pure happiness and there will also be times when you bury yourself with tears because even the best efforts gave the worst outcome. One thing that captainship has taught me is that failing is alright. Trembling and falling down is also alright, unless you stand up again. Situations might not be in our control. I Thank all my group members for being the one's who lifted me up every time ... none of this would have been possible without them.

My distinct gratitude goes to my vice captainS. Vandana for always being like my other half throughout this journey . I thank her consistent efforts towards this successful journey.

SUBHADRA PURNIMA Daffodils Captain

The Givan Prosperity

" In prosperity prepare for one; in adversity hope for one .'



A leader is not made in one's life, for the difficulty is not in organization and making plans, the real test of a leader lies in holding widely different people together along the line of their common sympathies and this can only be done unconsciously never by trying.

From the heart core imaginary dream to wildest exceptional realty of taking the reputed post in school cabinet was indeed one of the fondest dreams of mine. I still reminisce the days when I saw my group captains marching with great pride and honour. They gave me a desire to be one of them .And this was fulfilled on 15TH JUNE 2022, when I was announced as the DAFFODILS VICE CAPITAIN'. It was a real exhilarating moment for me. It was on Investiture ceremony where I began to take up responsibilities as Vice Captains. Being given the

privilege of a Vice Captain is no less than a heart pounding moment.

Life is all about flowing forward with the lessons learnt .This transpired during my captaincy, I learnt numerous things throughtout this journey –right from the first day yet to the last day ,every day taught me a new lesson. There were many obstacles in between ,but we faced them with utmost courage .Every defeat we had made me understand my flaw and to work even more efficiently next time .it Taught me the real essence of 'team work'. Captaincy is not just a badge or title , it's the capacity to handle things in your own way , I acknowledged that both studies and responsibilities is what makes you efficient and capable!

I took my way and led the groups with the company of my captain Subhadra Purnima . We shared our responsibilities and helped each other .Together we did great things! Every day in this journey was so important and the time spent together with cabinet members was momentous.

I would like to thank all my group teachers and group mates for helping us in each and every step of this journey, standing by, finding out the potential in me and giving me this opportunity.

May our group attain great heights and seek success

S. VANDANA

Daffodils vice captain

READY --- AIM --- FIRE !



It has been 13 years from now since I have stepped into this institution and honestly I had no idea that I was going to learn so much. From learning tables to learning how to actually face situations. I still remember every time having goose bumps seeing the office bearers leading their groups holding their flags with pride again I experienced the same situation but this time I WAS THE ONE HOLDING THE FLAG! I was elected as the captain of my group. Each and every moment on the investiture ceremony felt like a DREAM. I could see my parents having a bright smile, I saw people cheering for me, With pride and honour as I marched forward I also knew there was a fair amount of responsibilities also coming my way. There were times where I enjoyed and celebrated, times where I almost gave up. This journey was not like low -hanging- fruits .it took all the sweat, resoluteness, boldness and complete hard work. It is important to remember that you make mistakes. Mistakes do not

make you. Challenger were difficult but a big shout out to my vice captain –Sindhu Reddy who was always beside me to booster up.

Another challenge was that my bestest friend had to be my toughest competitor. This journey made me experience Peaks and Valley but you do not realize the value of light until you face darkness. My message to my juniors would be. That failure is not a problem but giving up is! Believe in perseverance, Try new opportunities! My sincere thanks to our principal Rev Sr. Annapurna for considering me worthy. My special gratitude towards my Family members, teachers, non teaching staff, and friends for instilling confidence in me.

As I walk out through the gates of this Institution, I shall cherish all 13 years of my memories and indelible moments forever!

DEEPALI CHHATWAL

Lotus captain



The academic year 2022-23 began. Naturally the question that arose in everybody's mind was about the cabinet members. As a kid, I had always looked up to be a part of school cabinet as an honorable and responsible one.

I remember the day I completed my speech with other nominees and sat with fingers crossed awaiting for the result of who will be the new LOTUS Vice captain Then came the most awaited moment ,when Rev. Sr. Annapurna called out G.SINDHU REDDY .I was so thrilled and the cheers of my friends indicated their hope in me.

The investiture ceremony. This day was an amazing day as I was proclaimed for the reputable post as lotus Vice captain for the academic year 2022-23.I was really overwhelmed with joy to see my parents as well as my friends being so proud of me.

Representing a group and leading it forward was not an easy job. My journey as vice captain was filled with happiness, inexpressible joy and also many twists and turns. The war was on with four houses trying for the top position. In every competition all the groups gave their best to perform well, though we knew they can only be one winner but still we were always happy for each other.

Frankly speaking ,This experience of being vice captain taught me many things with Bitter and sweet moments which taught me to face numerous challenges and improved my leadership skills, my team work and the determination helped me to win for my group. Every failure brought me depression and tears into my eyes. However my

team members were always there to support me all through. Crossing all the hurdles to the path of success left me many unforgettable experience and this would not be possible without my captain Deepali chattwal. St.Ann's Christmas celebration was a major successful event organized by the group of lotus and this day was so splendid. I can't forget the days and time spent with all the cabinet members .Nothing can substitute this happiness and fun that we had in school.

I will always cherish the days as vice captain as I it gave me a clear picture of who I am. This was a wonderful and awesome experience.

G.SINDHU REDDY

Lotus Vice Captain





I was enrolled in this school in grade two .I was an introvert, all of my middle school I just had a few friends and I never tried to make more. So, unlike the other cabinet members it was never a dream for me to be in the cabinet. Back then my classmates used to always discuss about how they wanted to be in the cabinet, I never participated in those conversations, but little did I know is that I would get the opportunity to lead my group.

Firstly, I offer my heartfelt gratitude to our principal Rev. Sr. Annapurna and my teachers for placing their faith in me and nominating me for this prestigious post. I was over the moon when I was declared and elected as the Roses captain for the academic year 2022-23. On 25th June was the Investiture Ceremony, I felt honored when Rev. Sr. Annapurna coveted the sash and gave me the flag.

It felt like a dream to lead the group and hold the flag. There were days when I would doubt whether I really deserved this post but by the end of the day my group was always there to cheer me up, it was their faith in me that kept me moving. A huge thanks to teachers who always supported me and gave a boost in my confidence when I needed it.

I also thank my vice- captain, Rithika Reddy who was a pillar of support throughout this journey. Though playful and implied. She doesn't forget her responsibilities. This journey would've been nothing without her. I also thank my friends,

for being there for me throughout this journey. It always leaves me surprised, how a single conversation with them fills me with positivity.

There are infinite numbers between 0 and 1 and of course there is a bigger infinite set of numbers between 0 and a million. Some infinities are bigger than other infinities. I wish I had more numbers with St. Ann's than I got, but I'm forever grateful for our little infinity within the numbered days.

Lastly, my message to my juniors is that opportunities never knock twice. Never miss your opportunities because you think you are not good enough, trust me if you get the opportunity it is your chance to prove that you are deserving enough. If I could do it, you can do it too! Do what you love because there are always people to judge you but remember' those who mind don't matter, and those who matter don't mind .Love yourself and other . I believe the group banner will keep flying high with your cooperation and support.

Thank you,

May the odds ever be in our favor!

DAZZLING CHAPTER OF MY SCHOOLING BOOK

For me being able to study in St Ann's is a prestigious thing ,but being a part of school cabinet is truly a blessing .Because this new phase taught me so much that book could never do.

I still remember the day when cabinet election results were announced by our principal Rev. Sr. Annapurna. I was overwhelmed when my name was announced as Roses vice captain for the academic year 2022-23 Above this I was more curious to give my best and work for the group After this there came the most special day that is the investiture ceremony Again it was the day when I and my family soaked in joy.

This great responsibility gave me aplomb to balance my studies as well as duties as Vice-captain. It also gave me an opportunity to exhibit my talent. Above all it helped me to extend my wings and fly higher.

Never the less, all these would have been unattainable without the support of our Principal, beloved teachers ,family fellow friends and cabinet crew and special mention to my captain Amulya and to the house of roses for always being so passionate and co-coordinating to help the group march forwarded.



Last but not the least. I extend my heartful gratitude to this prestigious institution St. Ann's High School Bolarum. This would not have been possible without the right guidance of our principal, teacher and friends. Thank you for helping me build the best version of myself, and to be a better leader.

I would like to conclude that once the storm is over you won't remember how you made it through, how you managed to survive. You won't even be sure whether the storm is really over. But one thing is certain when you come out of the storm you won't be the same person who walked in, that's what is leadership is all about leading the group through all the adversities and challenges.

RITHIKA REDDY PULI

Roses Vice captain

EMBRACE AND ENHANCE YOURSELF

'To learn and guide to build right qualities is what **Leadership** is all about.'

The day 1st JUNE 2022,has been the most remarkable one .It was the day of elections there was noise in the auditorium until I heard our Principal Rev. Sr. Annapurna announcing the results. The loud applaud from the peers made me overwhelm as it was the most awaited moment to serve as – The Sharmrocks captain. My fifteenth birthday was special as I was celebrating my birthday and also celebrating the success of my secret desire, to become the captain of my group.

Then came the D-day, The Investiture ceremony. I was on cloud nine, as it was a moment of pride for me as well as my family members. It was indeed a privilege to hold the flag, wear the sash and take the oath as office bearers. I thank god almighty for his blessings and guiding me through. I thank my family members for nurturing me all through the year with their heart and soul. The reason I am a thriving person today and throughout will definitely be because of all the blessing, I have received from Staff and Management of the school. I am grateful to our principal and teachers for believing in my caliber and shaping me in to a strong person.

This journey was indeed a learning experience for me 'Experience is a cruel teacher'. In my 12 years of schooling, from the day I stepped in the school I have been experiential learning and all these years taught me rich values which I will definitely cherish.

We as a group proved that with commitment, corporation and coordination, can change 'Impossible into I am possible.' I understood that every cloud has a silver lining and to empire the equilibrium between my responsibilities and emotions other challenge was that 'My bestest friend – Deepali had to be my toughtestcompetitor.

My vice –captain Sannidhi is multi-talented. She handled her responsibilities so well and gave her best in coordination and

execution. She has equally contributed for the victory of our group. We believed that 'simplicity is the ultimate sophistication.'

Thanking my group members, juniors and my friends who stood by my side through thick and thin. I am thankful for the cabinet members for their love and support.

My advice to my juniors is to have faith in god, believe in yourself and you will see wonders. Thus I conclude dream higher, work harder and do what you love.

With all the self love, I end this journey as a captain of my group.

Thank you
St.Ann's you will never be forgotten.

M. YESHWANTHI Shamrocks captain

Experience on being a vice captain 2022-23 Giving my 100%

'Leadership is an action, not a position ' It was the morning of 15th JUNE 2022, the day of the school cabinet elections, I was very nervous after the voting session was done, silence fell over the entire auditorium as our principal announced the results and I was praying to god hoping she would read my name, and there it was, she called out . 'The shamrocks vice –captain is Sri Sannidhi!" I was all smiles when I joined the others on the stage, that day was a very memorable one and still is. Being a member of the cabinet was a dream come true. Investiture ceremony was a day of pride rush in my family. As the principal pinned my badge I felt a joy filled with pride rush in my body. Being a vice captain gave me a lot of experience about many things in life, it made me realize that life, it made me realize that life is not a joyride there are ups and downs, there were days where we cried, fought, but the next day we all were friends and fellow rivals back again. The job, the position of the vice captain was not a cakewalk, there were moments were I almost felt like giving up, but the others encourage me, helped me get through. It taught me the importance of teamwork, focus, hard work, responsibility, friendship and many more important values in life. If I had given up that day, then I would not have been here sharing my experience with you'll. It has moulded me into the person I am now. I always tried to deliver my 100% IN WHATEVER I DO. It sure



was a tough time to manage the work given and studies, but I never got discouraged and tried my best. The best programs were during the teacher's day and the annual day. I would love to thank my Principal Rev. Sr. Annapurna for bringing the best out of me and always encouraging me to think outside the box, I would also extend my gratitude to my teachers, group members for all the support they've given throughout my journey. I would also thank my captain M. Yeshwanthi who is the most enthusiastic and she always had my back and got me covered. This journey would have been incomplete without her. Thank you all for this memorable, important and the best experience of my life. I hope my successors are going to give their best in keeping the school and the group banner flying high .

Thank you and God Bless!

SRI SANNIDHI MODELA
Shamrocks Vice Captain













SAINT ANNS



































Inaugural



p i r i





























































HIGH SCHOOL ARTICLES

LITTLE THINGS GET UNNOTICED

Have you ever thought about the things that have brought you to where you are today? Or that your life would have been drastically changed if you had followed a different path or taken another or had not met a particular person in life?

Sometimes we get so caught up in trying to accomplish something big , that we fail to notice the little things that give life its magic .

Small is the new big Small actions make up our attitude, behavior and habits. Small words make up our thoughts. Small things grow and are more efficient overtime. The little things we overlook buildup to the big ones.

Often little things are ignored and not valued but little things do matter. Small acts of love and kindness everyday can mean so much more than extravagant gestures. The little things can make all the difference allowing us to feel appreciated, and enjoy a more fulfilled life together.

We need to appreciate little things in life . Appreciating little things means that you focus your attention on what nurtures you and sustains you in life, On every thing that brings you even the smallest amount of pleasure . It also means practicing gratitude by noticing these everyday things that we take for granted so easily .

Remember,

It's the small droplets of water that can make a mighty ocean

Its seconds which combine, to form hours, days and years.

It's the tiny pebbles on river bed that filter the water that flows.

It's the little words of love, that can move a stony heart.

It's the tiny cell which makes up our life.

Without thumb, the fingers are of little use.

It's the little deeds of kindness, that makes this world heaven.

Value the little things in life because one day you'll look back and realize they were the big ones....

S.Rudrakshini 10 A

"A STITCH IN TIME, SAVES NINE"

A stitch in time saves nine is a wise saying . This phrase refers to a hole in a cloth , which will get bigger if not fixed in time . It means that a timely effort will prevent more work later .It also means



"prevention is better than cure." Furthermore, it also tells us that procastination is a bad habit. Hence, if a problem exists, then one must fix it immediately. If not fixed in time, then even more problems can arise.

The concept of "A stitch in time, saves nine" is very helpful and effective in day-to-day life. it shows how time is a very limited. Another advantage is less effort. Dealing with a problem early requires a certain amount of effort. However, with delay the problem becomes more ugly. Than it was, and it requires much more effort. Thus, this concept saves effort. It also helps in better

decision making .Following this concept means that a person has sufficient time to handle a problem . In conclusion . "A stitch in time saves nine", Is extremely essential to follow .Furthermore , one who follows it will always be successful.

TRIOS (FRIENDSHIP)



Talking about those
TRIOS
Who sat in three
different rows.
I wish that I could be an
octopus,
Which has three hearts.
We don't need to worry,
Because where we fall we
know how to land.

We are the stars tonight, So watch us, bring the fire and set the night alight Group of three best friends who are close, Like thorns and leaves and petals in rose Want a real meaning of friends? It is the one which never ends.

> T.K.Rabiya 9 D

BREAKING STEREOTYPES



She tried to speak her mind, Follow her dreams, Break the stereotype, But then a voice echoed "What would they say?"

She never really understood who they were ...,

But apparently they were every where Finally she could walk past her fears, Followed her dreams despite their approval Broke the chains as she realized for her it was crucial

She was not the best, but getting there slowly

And that 's how they were never a part Of her story .

THE WONDER OF NATURE



Nature! Nature! so lush and green,
The wonder of wonder anyone has seen,
So cool, calm and full of life
Makes us forget full of trees,
Fluttering and dancing in the breeze.
Cut them down and construct towers,
Wait for ages to get a shower
The birds that soar high in the sky,
can we imitate them however hard we try,
learn to wonder and gasp at things
and see the happiness it brings
we have got such wonderful things,
do what you can and save a wing
so that our children in future
can see the things we have nurtured

M.S.Darpanika

PATIENCE AND TIME

When a bird is alive it eats ants
When the bird has died Ants eats it .
One tree can be made into a
Million matchsticks ...
But only one matchstick is needed
To burn a million trees!
Circumstances can change at any time
Don't devalue or hurt anyone
In this life ...
You may be powerful today
But time is more powerful .
The two most powerful thing about
Time is .

G.Vaishnavi

8D

"It changes ".

SUCCESS IS SWEET BUT ITS SECRET IS SWEAT

Success is sweet but its secret is sweat Success in any thing or any field be it education, dance ,singing ,sports , hobbies or our goal in life always is sweet, but the only route to this success is sweat . Hard work may be a bitter fruit ,but has lot of benefits Sweat may not

smell good but definitely gives good results .We only need to be determined towards what we going to do and focus on it with all our heart in it.

Five points to get successful

- · Work hard and never depend on someone
- · BE honest to others and yourself
- · Never be jealous of some one
- · Never think negative, always be positive
- Fall in love with whatever you are going to do let it be studies, sports or any other things in life.



Always remember one point . the path of hard work is the way to legendry because every legend has sweated a lot to get success.

SOIL - THE DIVINE GIFT FOR US BY NATURE

Soil, oh soil, beneath our feet, The foundation of life, so rich and sweet, A Treasure trove of nutrients and more, Supporting the growth that we adore.



From tiny seeds, to towering trees, Soil gives life to all that we see, A home for creatures, large and small, A foundation for plants, standing tall.

With every rain , and every sun ,
The soil transforms , a cycle began,
But soil is fragile , it needs our care ,
To keep it healthy , so life can thrive there .

So let us cherish, this gift from above, The soil that sustains us, with all its love For without it, we could not be, Soil, oh soil, we thank thee.

OUR CLASS 9 B ECHOES OF OUR TIME

In class 9B, oh what a scene, A mix of personality, quite dream, There are the quiet ones who hardly speak, And the loud ones who love to wreak, Some are shy and keep to themselves, While other entertain with jokes and gets, A few are always on their tone, Ignoring the teacher's monotone, In class 9B, there's never a dull day, With debates and discussions on display Maths and science, history and art All subjects covered with a spark, But when it's time to hit the books, We knuckle down with serious looks, Class 9B, we're quite the team with laughter, fun and work too we'll make it through the year, it's true!

> N.Joshitha 9B

NAUGHTY AND INCREDIBLE - 50

We work together, play ,laugh and cry And always do our best to try We do what miss tells us to do For that always helps us get through We try to keep ourselves busy At each task be it tough or easy Writing, reading, drawing and acting Adding, subtracting and multiplying And we try to finish up As soon as possible all our work For school can be fun When all the work's are done And we smile and we play Being happy and joyful Without any sorrow when miss had a smile On her face all the while So don't you feel how wonderful 8C is? All the students here are as good as can be We are all united like one family. And our Class Teacher, we all are Happy as you can see.

Y. Lasya Priya 8 C

LAUGHTER

Laughter is the best medicine .

Now -a -days its rarely seen,

Due to stress and strain that's been.

Laughter is for both young and old ,

Laughter can help forget our sorrow and be bold.

Laughter is the most precious medicine, Laughter is safer than wine. Laughter heals all our ills, Causes us no harm or increase of bills. Always find a reason to laugh, It may not add years to your life, But life to your years.

Its said "laughing burns calories". But why the laughing buddha has a fat tummy?

Don't you think its very funny . Laugh, the world laughs with you , Weep, and you weep alone . All that I'm after , Is a life full of laughter.

V.Nithya Jasmine

CHAPTER I NEVER WANT TO END CLASS 10

We come here hiding
Dreams behind the smile,
But, we are leaving, hiding.
Tears behind the same smile.
We come here with a
bunch of Queries,
but we are leaving with a
bunch of memories
we come here and shift
to friends from strangers,
but we are leaving and shifting
again from friends to strangers



we come here and wanted marks in exams which will eventually fade away but, we are leaving with foot prints of memories which will never fade away we come here saying, we will live without creating new bonds, but we are leaving and now we can't live without these bonds...

-B.Manaswini 10 C



SUMMER

The warmth on my skin ,
The heat on my face ,
Humidity in the air,
The sweat after a race .
Longer days with fun and joy ,
Is what summer brings .
The sky in a brilliant shade of blue ,
And so many more things .
The cold, tingling feeling of the pool,
As our skin gives a sigh of relief .



Our minds thinking of the lazy days, When no body is in grief. The sun shines merrily above the horizon, Sharing its heat and light. A smile on everybody's face, As our hearts are filled with delight!

> P.Deeepthika 8 D

BE YOURSELF AND LOVE YOURSELF

Be yourself and never change for others, firstly love yourself before loving someone else.



Kim Namjoon (RM)

No matter who you are, where you are from, your skin colour, your gender identity, just speak yourself.

Never lose hope on any thing, there will surely be a turning point in life.

If you made a mistake yesterday, it's the same you yesterday and today, tomorrow you will be a bit wiser than yesterday.

No one will notice your pain, tears, problems but everyone will notice your mistake.

Just be yourself, love yourself for because

your going to be with yourself forever.

M.S.TUSHITA 9 D

DEAR SOCIETY, MEN CAN CRY TOO...

We live in a society where men are pictured as strong and powerful .We are living in the age of feminism as soon as a man breaks down ,we don't share a second before tearing him womanish or unmanly .Living in a patriarchal society ,our upbringing has taught us that



since men have to protect their families ,they have to be strong. This idea has taught us that men have to be strong and emotionless. Men are told not to cry because nobody would like to see a boy cry."

Stop acting like a girl "

"Real men don't cry" "Be a man" "Man up". Every boy has heard these at some point in his life, all of which has led him to suppress his feeling. Not showing emotions is a part of the opposite gender roles, assigned to men by the society. Gradually boys start to negate their feelings.....
But ..., I believe that MEN and WOMEN are almost equal in everything. Women are capable of doing most of the

things men can do .Therefore, we need to understand that the idea of suppressing emotions is not at all manly , it is harmful!

R.P.ANNIKA

GOOD THINGS TAKE TIME

Every person has some aspiration to achieve, but only few are able to realize them. All of us put in efforts, allegiance and inclination towards our desires, how ever far fetched they might seen. So what makes some of them different from the others?

Believe , that's just what it needs to push away every hindrance from your way and keep moving on, throughout the centuries. It has been happening; people keep commenting and judging others ,seeing them fail .Some will say , that you can't and all your struggle isn't worth it; they will try to prove them to be light .Now the question is ,do you believe in what



they say or will you believe in yourself instead to accomplish your dream and goals?

Doubt on oneself is more dangerous than any other poison on earth it might not kill you: but it certainly will kill all your dreams. Without which your identity will eventually get lost in mist. if you choose to hear from others, you are engaging in what is often called a self-fulfilling prophecy. You start to accept that you are what others say you are. One should never allow others decide their destiny, because there's only one who can alter it, and its, you. Every aspiration that one wants to achieve doesn't come by so easily and so soon. It takes time for

something good to happen , and it's only a matter of attitude that one holds . Bring patient and doing what needs to be done in the right manner will eventually do wonders. Even a tree doesn't grow to it's fullest in a single day . Everything happens in small steps and slowly. First the seed needs to be planted ; then it needs to be watered till it gets into a sapling and finally after years of nurture , the tree is full grown and spreads it's roots all beneath the soil . In the same way , we need to sort out what we really want in our lives , and prepare for the hardships that we might face ; be focused on the journey till we reach the destination .

Brisa Dennis 9 D

MAGIC OF MUSIC

The magic of music is a wondrous thing, it lifts us up and makes our hearts sing, with melodies that soar and rhythms that groove, it can make us laugh, cry and always move.

It has the power to transport us to another place, To lift us up when were feeling down and face, It can heal our heart and brings us peace, And make our worries and troubles cease. From classical to hip-hop, country to rock, Music can speak to our soul and unlock, a world of emotions we never knew we had, and bring us together happy and glad. Its power is limitless, it reaches vast, It can make us forget about the past, And bring us to a brighter future, A place of hope love and laughter. Solets celebrate the magic of music, And all the joy and wonder it brings, For it is truly a gift to be cherished, A source of inspiration and a beautiful thing.



MIRROR MIRROR ON THE WALL...

"Mirror on the wall, whose the greatest of them all?"

"We all know that the queen in snow white asks the mirror on who is the most "beautiful in that land". if people had a mirror like that, I'm sure they would ask for who is the greatest in this world. Its such a simple question, isn't it? But it is a question that not even the

almighty, Google can answer.

So, who exactly is the greatest and how does one even become great? well, on the internet where information is quite prevalent, it leads us to so many experts. The question is, who is correct? That simple! All of them are .But the most important thing to become the best, is nothing but commitment .If you're not committed to do something, What exactly is the point of doing it? Never give up .The nature never gave up in supplying oxygen even with less trees. Keep reminding yourself "Nobody believes in you! You lost again and again. The lights are cut off. But you still look at your dream. It's



not over .Until !WIN! . " Kid who know nothing." That 's not who you are .Being free isn't being reckless, It means that you do things you can't give up seriously ! If your will is strong , your "MIRROR" will answer that "You" are the greatest of all.

P.NANDITA 10 A

JUST BECAUSE OF THE WINDOW

I get scared in the class to take out my iron scale because it reflects sunlight into the teacher's sight Just because of the open window Just because of the open window the flowering of mango tree in spring and the coconut leaves that swing Inspire me to sing a new song each day Just because of the open window Just because of the open window The fast -moving vehicle on the road Encourage me to think more About the view out of the window Which is clear to my eyes Just because of the open window Just because of the open window The sky is blue and sometimes green The trees have painted out the scene The bees go buzzing to Transporting Honey from flower to hive Just because of the open window Just because of the open window

RAGI AISHWARYA 8 C

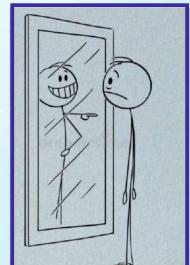
NEVER TRUST A MIRROR

Never trust a mirror,
For a mirror always lies,
It makes you think that all you're worth,
Can be seen from the outside.
Never trust a mirror,
It only show's you what's skin deep,
You can't see how your eyelids flutter,
When you're drifting off to sleep,
It doesn't show you what the world sees,
When you're only being you,
Or how your eyes light up
When you're loving what you do,
It doesn't capture your smile, where on-one else can see,

And your reflection cannot tell you, everything you mean to me.

Never trust a mirror, For it only show your skin, and if you think it dedicates Your worth, It's time you looked within.

Drithiyadav 8B



THE LAST BENCH

A place far away from classroom;
A place which is mentally absent;
A place where imagination bloom,
A place to know one's hidden talent,
Ten meters' of aloofness from teacher's table
Ten miles away from the academic label;
Last benchers psyche really worth,
They're kites flying up in sky but strings
attached to earth;
Strings of fear –for attendance grips them

Strings of fear –for attendance grips them inside,

They dream to go high but ties;

Army men sitting in front benches to protect him,

All notes scribbled they can guarantee Sitting at the last bench like king on his throne,

She would be an exceptional creature ever known;

Last bench species is already a gold, Their stories are untold, Please don't hold......

C.K.SRAVANI 10 A

PARTICIPATION IS IMPORTANT THAN WINNING

In today's competitive world, everyone is eager to win the race .NO one is ready to accept failure in life. But , they don't realize

that winning is not important but participating and learning things is. Success is not always about winning its about being happy with our abilities .My



opinion is that if you don't see yourself as a winner, then you cannot perform as a winner . The struggle which we do to win something is important . sometimes losing is also important and beneficial to us. Participating helps the person to find out her own strength and weakness .It is not necessary to win every time you participate . Every experience teaches you something which makes you more mature and capable of dealing with problems .If you keep on participating in different events then surely one day you will get the result of your hard work, it does not matter whether you win or lose, all that matters is the courage to participate .participation provides us a platform to challenge ourselves.

So, whatever be the result, just focus on what you've learned and how to keep on improving.

T.PARINETHA REDDY

8 A

PLEASURES OF COUNTRY LIFE ...

The poets have been singing in praises of pleasures of country life since times .Still people run to cities in every country. Charms of country life seem to have no attraction for them.

Villages justify the remark of Couper "God made the country and manmade the town." The naturalness and simplicity of village makes us call the village the creation of god." The life in the country is very simple and innocent .Perfect peace rules here .The retired people love to pass remaining days of their life in the country .The occupations of people are very simple .Nearly all of them are agriculturists. All

the families find some work .So none of them are idle. The whole work in the villages is done in healthy and pleasant surroundings . The fresh air , birds , singing their sweet notes of peace and joy remove the fatigue of hard work.

There are other charms and advantages .In a village we can enjoy the beauty and glory of nature . Here we can experience eye. Catchy moments like sunrise and sunset .The charming beauty of the meadows would fill us with joy . The babbling of river , the soft lowing of lows and rural games of children are things to be admired . The country life has an another boon for us .It provides

The country life has an another boon for us .It provides wholesome and pure food .Further in the country there is no smoke of chimneys and factories so the air is quite pure .

The relations of the villages with one another are sweet and harmonious. They are free from the strife of city life.



VANDANA 9 A

























































"In god's garden of grace, even a broken tree can bear fruit."

Due to his grace, even the things which were beyond our capabilities were achieved by us. They say 'Mighty things seem little when many hands join together' in the same way the most significant event like the feast of our patroness ST. ANN was successfully hosted by us with the co-operation of our group members and the guidance of our teachers.

The program began with the blessing of our Lord Almighty with holy mass themed "Your grace – Renew, Revive and Restore us" Father Prince Xavier graced the occasion and surrendered all of us unto the lord through the prayer which derived us into the ecstasy of spirituality-the holy mass was followed by the feast celebrations themed "Grace – The unmerited favor of God" making us realize about the grace we experience from God we were extremely delighted with the presence of our chief guest Rev. Sr Aliamma who spared time off her busy schedule and made our event more blissful. Her words of wisdom were a source of inspiration for us which bought a change in our thinking process.

St. Ann's is Patroness of our school. She is the model of all Mothers and Educator's .She is also the patron saint of congregation of sisters of St. Ann's. The event began with prayer service which invoked us with the blessings of God. The prayer service was continued with singing which hoved the whole place with melody. The dances were performed by the students of group of daffodils which were indeed spectacular .A tableau skit which displayed the life of our patroness-St Ann her early life her virtues were dramatically shown. The awaited part of the programs was highlights which was performed by class 10th stole the hearts of spectators.

It was indeed the hard work of our group members that made the entire program a grand success. Our program was well co-ordinated with the support and help which we received from the teaching and non teaching staff. We are forever grateful for the dedication that they showed us in making this event a remarkable our......

CAPT- SUBHADRA PURNIMA VICE CAPTAIN - VANDANA

HAPPY INDEPENDENCE DAY



<u>Aazadi ka amrit Mohotsav -A day to remember or</u> <u>red letter day .</u>

Independence of India from British rule, and also it is a day to commemorate the emergence of India as a free nation.

Azadi ka Amrit Mahotsav is a celebration of struggle for independence. The ideas of 75 years. The achievements of 75 years, actions of 75 years and resolution of 5 years. I have been in this school from 12 years, there were many events, programs and celebrations but the independence Day of the year 2022-23 is indeed very special to me not just because we

hosted it but also because I got an opportunity, which very few would get especially, to celebrate and to be a the part of platinum jubilee as the captain of the group.

With "Freedom in mind, Faith in the words and pride in our souls we have started the program with march past. It was a moment of pride for me to lead my group as a shamrocks captain. The students of all the groups marched enthusiastically with zeal and determination. Our Chief Guest for the day was Group Captain Joachim Joseph. The Tiranga is not only about waving it on independence Day but also the emotion, the feeling to respect it every single day of the year.

'Bold stripes, Bright stars and brave heart.' I salute to the freedom fighters who sacrificed their lives selflessly for the freedom our country. They are the epitome of patriotism.

The 75th Independence day is a memorable and significant day for me I will cherish those there moments forever.

Thank you and god bless

M.Yeshwanthi
Shamrocks Captain



Independence Day Rzadı ka Amrıt Mahotsav



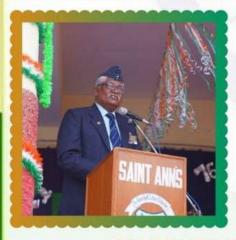














































Azadi Ka Mahotsav



National Integration Day



MIDDLE SCHOOL ARTICLES

Modified Definitions

Cow - factory making milk from grass

Snake - tie for lord Shiva

Garage- bedroom of vehicles

Jail - house without rent

Cold - tears of the nose

Lawyer - barking dog of the court

Conductor - tramp in a bus

Referee - a man made runner of the ground

Mother in law - woman Hitler

Math - a subject that doesn't solve it's own

problems

Cat - an animal that things they are the boss when we care for them

Dog - animal that thing they are the boss when we care for them

Thief - nights honest businessman



Divleen Kaur 7D

Examination what a confusion

I was in tension Because of my examination

In English there was comprehension

In Hindi there was composition

In Maths there was application

In Physics there was reflection

In Chemistry there was distillation

In Biology there was respiration

In Geography there was occupation

In History there was Civilization All together it was a big confusion Even then I did my examination So dear friends, I need to mention, despite the

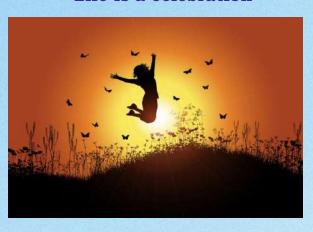


confusion and commotion, don't miss your education because you are the backbone of the nation.

K Nishitha Reddy



Life is a celebration



"Celebration is life's frosting. Isn't frosting the best part of the cake?"

Life is a celebration of happy moments. It is an attitude that brings out the charm and excitement in people. But we live life in a constant rush of doing things and never really stop to count and reflect our blessings. When life becomes overwhelming, it becomes easy to stay in a monotonous routine. Let's not get stagnant. Life is a celebration when you choose to celebrate all of it. To begin with, wake up with a grateful heart that will feed every corner of your life with bliss. Practice inculcating peace and happiness every day because it can be so empowering. And the best way to master it is to fake it until you make it. Big or small, any celebration is about taking the time to notice the good stuff in your life. After all, what is life, if we don't stop and reflect on it? Let's use it to create a life that feels good on the inside and outside too. Life is a celebration if we are mindful to enjoy it in the present. Even though times are strange, we can still share, connect and celebrate it to the fullest.

> G Keziah Miriam 7A



Lesson we learn from insignificant things - Garden Waste

How often have you put your imagination to test with regard to insignificant things we believe don't matter to the world but subsequently learn that they are significant and serve

an important purpose to mankind? Let's begin with banana, a fruit enjoyed by many. Most of us don't think twice while peeling a banana and discarding the thick, yellow skin, but have you ever wondered about the uses of a banana peel or whether or not it's safe to eat?

In recent years, scientists have become more interested in the benefits of agricultural waste and have some things typically deemed trash can be put into use. While most people throw out the peel when eating a banana it can actually be used for several purposes. Peels can

help boost the health of your skin, hair and gums Plus, they can be added to your garden; used to purify water and consumed for an extra boost of fibre.

Every morning we hear the workers sweeping are neighbourhood and streets of dry leaves. What we have often observed is that these dry leaves are collected in garbage bins and later burnt in confined area since it does not serve any purpose. But do you know that dry leaves can also become an important ingredient in a good compost, which is better than chemical fertilizers, facilitates weeding, attracts worms and helps prevent diseases.

As the famous Albert Einstein once said, "The only mistake in life is the lesson not learnt."



Shimona Mathew Alex

Internet Curbs Creativity



According to me, people use the internet as a cheat code, an easy to get answers. However, as we've always been told by our elders "Hard work is the only way to success."

One might say that the internet is a smart way but I beg to differ with an example. Music is pure creativity. Software is only used to modify it, but the main source of information is our good old grey matter (brain). Yes we do get a lot of information from the internet, but the main source again, being humans, and not everything which is uploaded on the internet is authentic. So I would like to conclude my belief in the old school ways are better than internet.

Smile

What is the precious thing which you give others free? Yes, it is a smile.

Smile costs nothing, but it is very valuable to others. A small smile is enough to make a big group of friends.

In our hearts, there are sorrows and worries, but a smile keeps them away.

Nobody likes to see a grumpy face. A person with a sad or serious face is unwelcomed everywhere. But always smiling and giggling is also not the proper way of manners. People may make fun of you. We have every reason to smile. But still there is nothing like a broad smile.



Do you know?

The longest word in English is 'SmileS', as it has the word 'MILE' in it. So let us smile.

K Jes<mark>sica S</mark>haron 7A

Sarah 6D

The Importance Of Reading Books



"A child who reads will be an adult who thinks."
Beyond reading, because you have to, the importance of reading cannot go unnoticed. Reading is a great value because it provides many benefits. Reading can teach values. Whether you read from a religious text or secular text, you can learn and teach the difference between right and wrong and explore various cultural perspectives and ways of life. Reading has also been

proven to lower stress as it increases relaxation. When the brain is fully focused on a single task like reading, the reader gets to benefit from meditative qualities that reduces stress levels. Reading also has the potential to boost your level of creativity. Reading opens up doors to new worlds, provides entertainment, boosting the imagination and has positive neurological and psychological benefits. So, if anyone ever asks, or you stop to think, "Why is reading important." You are now well-read on the subject to provide a detailed response and share your own purpose of reading.

G. Keziah Miriam

7A

Practicing Positivity

Good manners open the door to new conversations with people and opportunities in life. Practicing good manners is necessary to be great and noble in society. It maintains the positivity in our soul and mind. I would say that politeness, courtesy and kindness have become insignificant things in today's world.

Opening doors for strangers. Helping someone in a small way. Saying "Please" "Thank you" and "You are welcome" are small things but that make a big difference to people. Gratitude, patience, politeness, kindness, consideration to strangers as to those we love or who care for us, is the most important thing that holds society together. It seems minor, meaningless and insignificant but it is not. Following Good manners not only increase the respect in people's mind but also makes us pleasant from inside practicing good manners takes nothing but gives much more than all things throughout the life.

Three things to respect old age religion and law

3 things to love purity honesty and hard work

Three things to add my beauty intelligence and character

Three things to cultivate your fullness and contentment

Three things to maintain promise friendship and affection

Three things to control tongue temper and temptation

three think to watch speech behavior in action

Three things to prevent laziness and falsehood and jealousy

Three things to avoid smoking drinking and grumbling

Divleen Kaur 7C



Andrea 6A



Women Empowerment

Zero

Women empowerment refers to the activities undertaken to improve the social, economic and political status of women in the world. The female gender has face subjugation and systematic oppression throughout history, and the situations call for improvement in their condition in society. Women empowerment is

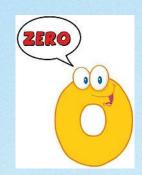


an important thing that needs to be accomplished. The rights and freedom that women have today are the results of the

fights that the empowered women fought against it. The acts of these empowered women show that it is that women, too can enjoy all the freedoms and rights. India is a country that lacks women empowerment. The girls in India don't get access to higher education. Instead, the girls are married off at a young age. Child marriage is prevalent in the country. The women cannot pursue a career of their own because they don't have an education. There are various ways in which women empowerment can happen in the country. Providing proper education to a girl child is the main agent of women empowerment. Empowered women can contribute to nation building by joining various sectors.

Zero is both a number and a numerical digit. Though it holds no value of its own but it is the soul reason for the existence of whole number system. Zero is also used as a place holder in place value system. Zero is one of the two digits used in binary

coding. Zero(0) is a number representing an empty quantity. In place value notation such as the Hindu-Arabic numeral system, zero(0) also serves as a placeholder numerical digit, which works by multiplying digits to the



left of zero by the radix, usually by 10. Zero helps people tell the difference between numbers that would otherwise look the same. For example, 4 and 40 look the same without zero even though they have different values. In the number 603 the numeral means there are 6 hundred no tens and 3 ones. Zero help us understand that we can use Maths to think about things that have no counterpart in a physical lived experience. Imaginary numbers don't exist but are creation to understanding electrical systems. Zero also helps us understand its antithesis, infinity in all of its extreme weirdness.

P Snigdha 7A



C N Gaganasindhu 7A

Importance Of Dance

Dance, the movement of the body in a rhythmic way, usually to music and within a given space, for the purpose of expressing an idea or emotion, releasing energy or simply taking delight in the movement itself.

Benefits of Dance

Dance burns calories, strengthens muscles, improves balance, increases flexibility and gives the heart a good workout. Dance has also been proven to increase cognitive development. It also requires social skills. It teaches us the significance of movement and fitness in a variety of ways through a selection of disciplines. It is a great activity to pursue at almost any age.

Quotes on Dance

- Dance is the joy of movement and the heart of life.
- Life is better when you dance.

K Sahasra

Lesson from insignificant things

An Insignificant little creature keeps restlessly running close to the wall, trying to climb up, with a lot of effort.

Ants, although tiny creatures and mostly seen as pests, are one of the most hard working, diligent and focused creatures on the earth. Ants are able to carry up to 50 times their own body weight. Their super strength is particularly useful for hauling food and defending their nest. Worker-carpenter ants may travel up to 100 yards to gather food, not too shabby for an insect that's only about an inch long. Ants are thought to be the most hard working insect because of their exceptional skills. They work with great dedication in order to collect food for them and also know the trick to collect and store food for later use. Ants also build their own house.

The ant is one of the world's strongest creatures in relation to its size. Ants even work together, to move bigger objects as a group and carry leaves and twigs back to the nest. Though ants are small and one of the insignificant things, they are hard working insects. Like ants, we too need to learn to be hard working.

> K Sri Vidya VI A

Teachers

Teachers are the great gift of God who educates us. They are the backbone of our society. They always guide towards the right path. Teachers are the ones who build



the future of the nation. They make the career of students and also build good character. They are a great source of knowledge and wisdom. They guide students to make decisions between the good and bad things in our life. Teachers day is celebrated on 5th September every year. We should always obey and respect our teachers.

Meenakshi

Unexpected interesting invention creepy cat eye inspire road Markers

The safety road markers were inspired by a cat's eyes reflecting headlights. 'Eyeshine' most familiar occurs in variety of animals from moths to whales. It is caused by the 'Tapetum, Lucidum' a reflective layer behind the photosensitive part of the eye which bounces photons back giving them a second chance to be seen.

The innovator Percy Shaw was a road mentor who was aware of the dangers of driving along unlit, often fog bound roads. One night in 1933, he was driving his car when his headlights reflected the eyes of a cat. This inspired him to invent a reflector. 70 years after Shaw's invention, a new generation of cat eye's have been developed, called intelligent road studs that can detect different weather conditions also. This is one of the greatest innovation which is helping us to avoid danger or accidents on road which is influenced by nature.

Sculptor

A Statue maker is not valuable in a human's life. We just look down if we find a sculptor. We do not give respect to him. A sculptor is always ill-treated, looked down, paid less and his job is always considered as an inferior job by the people in the society.



But the statues, idols, carvings and sculptures made by him are worshipped in religious places as god or goddesses.

They all are very valuable and insignificant in our life. Many statues of great freedom fighters and great people are sculptured very beautifully by the sculptor, but though the sculptors are not valued in a society, the idols made by them are very much valued in our lives. There are many catchy slogans

and quotes related to the life of a sculptor given by many people such as "Art of making a sculpture is not a job, it is a way of life."

Every block of stone has a statue inside it and it is the task of the sculpture to discover it. Sculpture is like archaeology, you dig it you and you find something.

As a future citizen of our country we need to respect and value every person whether the person is in a superior job or inferior job, doesn't matter. Let's give a message to society to not only value the idols made by sculptor but also value sculptor.

K Nishitha Reddy 6 B



Uses Of Peels

Uses of peels

We think that peels of vegetables are not useful for us and throw them in dustbin, but they are useful in many ways. Left over fruits and vegetable peels work wonders for your skin, health, hair. Here are uses and benefits.

HEALTHY USES:-

- Dry orange peels and put it under the sun for 2 to 3 days and grind it into coarse powder. This helps to lighten our skin and helps to reduce yellow on the teeth.
- Whiten and your teeth with the inside of a banana peel. It also reduces faded wrinkles.
- Put a lemon peel in drinking water after squeezing it out. This is used for bone health and prevents cancer.
- Take an onion wash it with water strain it out and add one glass water. Boil the peels and keep stirring it, until it is half the quantity. Strain the peel water

and cool down to normal temperature. This helps growth of hair.

OTHER USES:-

• Slice the lemon and peel. Take a spray bottle, now put this slices in it. Add half cup of white vinegar and a teaspoon of salt, a tiny bit of detergent soap. Finally pour some water. This mixture is used as a glass cleanser.

• The peels are also used as a fertilizer and helps to grow plants in a good manner So, peels are also very important. Avoid throwing it, as you now know the benefits of these peels.





The Beauty Of A Butterfly

If anything that God has given me in this world is important then nothing is as precious as the life on earth. Depending on someone's point of view some things may seem insignificant. But through another person's view it may be the most valuable thing. There are a lot of things in nature that are small and insignificant, for instance the beautiful butterfly. They are not only very beautiful but also ordinary. But did you know, that these marvelous creatures where just ugly caterpillars before.



Butterflies have four stages of development: the egg, the larva (caterpillar) stage, the pupa stage and the adult stage. During the pupal stage, there is a lot of change going on, when the caterpillar is turning into a beautiful butterfly. The butterfly tears down the cocoon and flies happily. Have you expected such a small creature to have such a big story? We can be like this butterflies always beautiful and transforming ourselves from bad into good. We should always work hard to change ourself into something more beautiful. Without struggles in life, we never grow stronger. "You have got to be a caterpillar before you are a butterfly." A butterfly will always remind us that there is always beauty at the end of pain.

Tiara Ganty 6A

Insignificant things of our life

God is Good

God is a good, but we don't value or trust him anymore. Anything related to God is so very boring these days for our generation. God has some special bond with humans but we don't have that now. Nowadays we are becoming more modern, selfish and ungrateful. We have reached a point where we are not looking for God even during hard days but are getting attracted to bad things.

Devil is Bad

Devil is a bad, which we easily get connected to but still get scared of. For example, evil films are very much popular and entertaining to the society rather than good movies but still are scared to watch those movies alone. The society easily believes in bad things as they are much more entertaining be it in the films and real life evil incidents.

God versus Devil

We humans believe that we are much more than God which is an untrue fact, evil is something which is bad and God is good. That's why we always say that God will always win over evil. Hence for the good things to happen in our lives we must believe, trust and follow His will always. God wants to help us in leading a successful life.

A true fact is that the good things are hard to follow and bad things are easy and comfortable but bad things tends to throw us into trouble. These habits may destroy our future.

If there is God, there is evil also. If we are good to the people around who try to attack us with their bad things we may change them in realising their mistakes. So my dear friends, I conclude by saying that believe God and do good things which will help you in your career and for your future. Insignificant things of our life

A. Sindhu

7T

Riddles

- 1. You are my brother, I am not your brother. Who am I?
- A. Your sister
- 2. There are two sisters, one gives birth to the other, and she, in turn, gives birth to the first. Who are the two sisters?
- A. Day and night
- 3. I rooster lays egg at the very top of a slanted roof. Which side is the egg going to roll on?
- A. Neither side, because rooster don't lay eggs.
- 4. Takeaway the whole and some still remains. What is it?
- A. The word is 'Wholesome'
- 5. What word I meant Harry but backward I am not who I am?
- A. Forward I am ton backward I am not
- 6. Where can you finish a book without finishing a sentence?
- A. Prison
- 7. What has only two words but thousands of letters?
- A. Post Office
- 8. Why are trees in winter like troubles land of letters?
- A. Because it's a long time before they leave
- 9. Join a noun and adjective and make a word what is the word?
- A. Do you mind?



H Haripria 6 B

Riddles

What has to be broken before you use it?

An egg

What is full of holes but still holds water?

Sponge

What is always in front of you but can't be seen?

The future

What has a neck but no head?

Bottle

What is it that you can't hold for more than a few seconds?

Your breath

What sleeps through the day and cries through the night. The more it cries the more it creates light?

Candle

Riddles

Give me food and I will live give me water i will die

The more you take away the bigger it gets Hole

What can run but cannot walk?

What time around the whole yard without moving?

What has legs but cannot walk?

We are twins we are close together but we will not touch but far apart we become one

What has six faces but does not wear makeup and twenty one eyes but cannot see?

I never ask questions but always answer. What am I?

N Meenakshi 6B



Sunaina Jadiga 7 D

Answers:-

- 1. Fire
- 3. River
- 5. Chair
- 7. Dice
- 2. Hole
- 4. Fence
- 6. Eyes
- 8. Door Bell

Zero Is A Hero

Zero was invented by Aryabhatta. This was one of the greatest invention in Mathematics. But earlier, Roman numbers didn't have zero in them. If there was no zero there would be no Algebra, Computer etc. Zero is very important in Mathematics and calculations etc.

The invention of zero simplified

calculations even Mathematicians invented many methods like Algebra, addition, fractions and many more. Having no zero would unleash confusion in the world. Mathematics would be completely different. Zero is very important and without it numbers are left incomplete. Zero as place holder had lots of value and without it billion would simply be '1'A zero is a part of our daily life but we don't recognise it. Zero had an important role in almost everything in our life. Zero doesn't have any value by itself but when it is placed beside any number it increases many times.

M Geetika Sai 6C



Riddles

Water grows only upward and can never come down?

Height

What is always coming but never arrives?

Tomorrow

What can be broken but never held?

Promise

What is it that lives if it is fed and dies if you give it a drink?

Fire

What two keys cannot open any door?

A monkey and a donkey

What will you actually find at the end of every rainbow?

The letter 'W'

Thanks to me you can see straight from the wall what I am I?

Window

One plate with extra spoons who am I?

Clock

One leg with three eyes who am I?

Traffic Light

What can run but cannot walk?

River

What has 88 keys?

Standard piano

What has teeth but cannot eat?

Comb

It is jam, but we cannot eat it?

Traffic jam

K M Mayuka 6 B

Memories Of School Life

School life is the best life. Anyone who has been a student, knows what school life is all about. It is the golden period of learning and it truly impacts a student's life. The importance of school life cannot be neglected and it is a vital formative experience for children and students alike. School represents an important learning experience which teaches us self confidence,

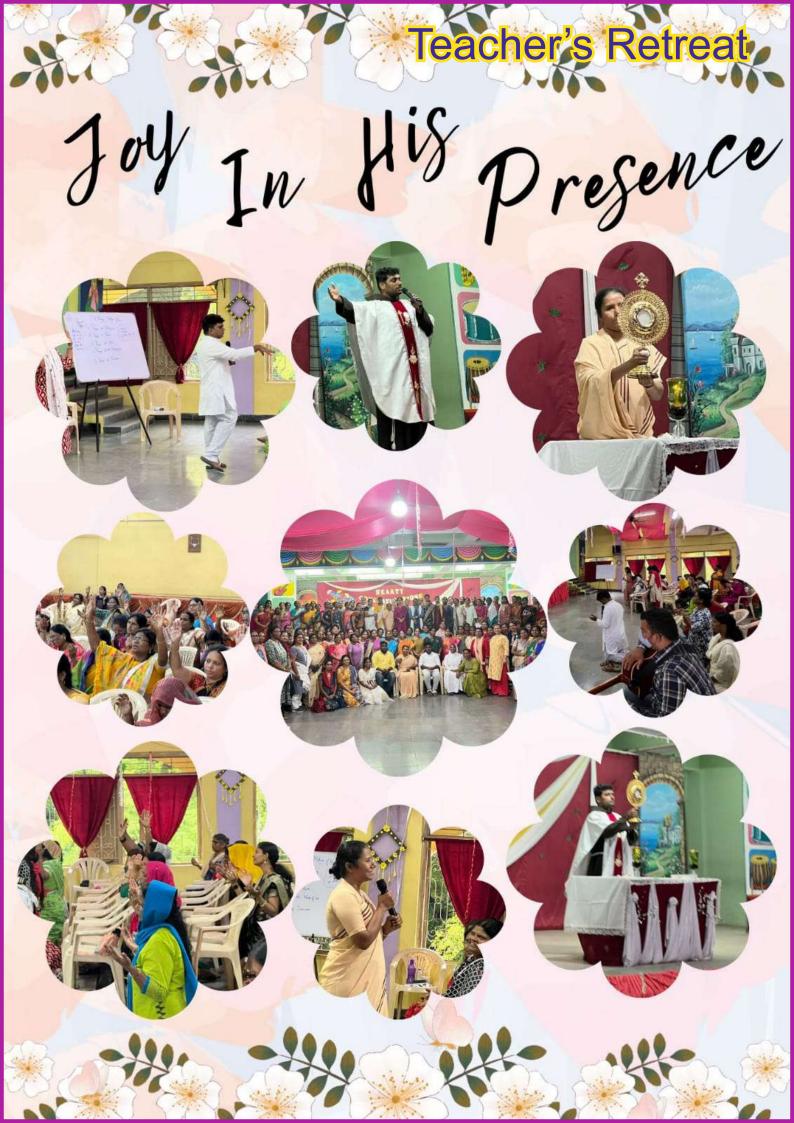
motivation and the will to always give our best. When we go to school, the first memory is of meeting our friends.

School days really are the best days of our lives and I have only good memories of my school days. For me, these days are like an invaluable treasure. So, I can still remember my first day at school and the memories of this day are still vivid. I can still feel how warmly I was welcomed at the school. Such a warm

welcome can truly define a child's school experience in the best way possible. As a schoolgirl, I learned to cooperate and got motivated and shaped in the company of my friends. I still remember the first year wishes we received from our teachers and I always regard my primary school life memories as a treasure. Sincere thanks to my friends and teachers for these sweet memories, which are a part of my life. The joy of school life are surely countless. Indeed the school days are the best of our lives.

K. Thushita Nitya

6 1





































PRIMARY SCHOOL ARTICLES

Stapler

1.Staplers can keep your documents together securely and neatly unlike binders or paper clips

2.Staplers can help you sort out different categories of papers by using different

colours or sizes of staplers

3.Staplers can save your time and money by reducing the need for printing multiple copies of the same document

4.Staplers can prevent
paper from getting wrinkled, torn or lost
when you need to store or transport them
5.Staplers can also be used in surgical
setting to join tissue together with surgical
staplers to close a surgical wound

S Jahnavika 3 B

Pot



Pots are used for simmering or boiling liquid that completely cover ingredients to cook from all sides. A pot is a deep round container used for cooking stews, soups and other food. A pot of stew, soup or other food is an amount of it contained in a pot



D.S BhuvanaShree3 B



The name of my school is St Ann's High school bolarum it has a huge ground with many trees and flowers of different

colours. My school also has playground with swing and slide. I spend time on the playground every day during recess. My school has wide and airy classrooms. Every year my school house and annual program in which all students perform in front of their parents. My school is a convent school. Every morning we have to attend the assembly. We are all divided into different houses. The n ame of the houses and Daffodils, Lotus, roses and Shamrocks.

My School

My school organisers debates quiz and even extempore speech competitions. The teachers at my school are very caring an affectionate. They not only teach us with books but they also use other interesting objects to make us learn. They treat us like their own children all my classmates are very helpful. The Watchmen is a very jolly person. My school is one of the most precious gifts that I have received.



V Akhiraa Sri 2 B

Five little seeds

Five Little seeds
Five little seeds
Three will make flowers
And two will make weeds

Under the leaves
And under the snow
Five little seeds are waiting to grow

Out comes the Sun Down comes the shower And up comes a three Pretty pink flower

B Akshitha 2 B



Umbrella

The umbrella is very useful thingIt is used in summer and in the rainy season In Summer it saves us from the Sun

In the rainy season it saves us from the rain

We can carry umbrella anywhere

anywhere
It has two main parts
the stick and the cover
The stick is made of
wood or steel
The cover is made of

cloth
Generally the cloth is
black in colour
Anybody can buy it easily



S Yeshvitha 3B

Maths About Me



Numbers numbers all around everywhere they can be found

Numbers tell how old I am and how much people in my class

How much I weight and just to tell where I live

Numbers are part of my I use like money time and history

When to wake up and when to eat what size shoes to buy for my feet

How much money spent to buy a number to call if my dad is late

I don't know where would be I if numbers weren't a part of me

N Manasvi 1B

Save Mother Earth

Mother earth has given us many gifts. One of them is trees. Trees are very important to us. Many of a tribes live inside forest which have trees. Trees providers Timber to make furniture. Wild animals depend on trees for food and shelter. Please help to prevent soil erosion and floods. They give us oxygen and make the earth clean and cool. Many product such as paper, gum, rubber etc are obtained from trees. Trees reduce pollution and increase range. Birds make their nest on trees. Trees clean the air and water. Rees provide medicine.



Earth day is celebrated on 22nd April every year. Earth day is celebrated to create awareness for the environment. This day is celebrated all around the earth. We should protect the Earth from climate change and pollution.

V Sri Harsha Alli 3C

Tea Cup

A tea cup is a porcelain cup that is used to hold liquid for drinking. It is usually used for drinking tea. It is also used for drinking coffee or some other hot drink.



A tea cup has a handle on the side that stays cool when the rest of the cup is too hot to hold.

K Mokshitha 3 B

Environment



The environment with its treasure
All so countless to measure – Fish and
whales in the deep blue waters
Life in the sea so alive
Grasslands and forest with terrestrial life
Cold freezing mountain peaks
Hot tiring resorts
Life among the trees and sand so alive
Sky so Blue with air so clear
Only Sun moon and stars to see
Eagles and vultures take their turn
Life in the sky so alive

A Eshika 2 C

Only a minute



It takes only a minute to say a word of cheer

It takes only a minute to dry a falling tear It takes only a minute to lend the helping hand

It takes only a minute to try to understand It takes only a minute to make friend It takes only a minute to mend the broken heart

It takes only a man it to Brighten someone's day

So use every minute before it slips away

K R Ha<mark>rini</mark> 1 D

Eye Glasses

To recognise the letter c from g many offers need this object. After accepting that glasses would be a permanent fixture in some of our lives and without them we look strange. I just thought that let me evaluate first who are its friends and its enemies.

My mom says it's a burden for hence it's very simple that it's enemies are my friends and its friends shall be my enemies.

Who are its enemies? Leafy vegetables carrot milk Regular exercise Good sleep

Who are its friends?
Poor diet
Lack of sleep
Unhealthy food
Low water intake
Continuously TV screen time
Rubbing eyes often

Now finally I have a conclusion that being friends to its enemies make me to get rid of eye glasses I am free no more burden and on my nose my mom says I am looking more beautiful than before.

P Miriyam Jessy 2 D

A comb is very important to everyone



It has smooth and strong ground shape teeth for comfortable for combing
It is made up of plastic, metal or wood.
It is ideal for styling, cleaning and grooming your hair.

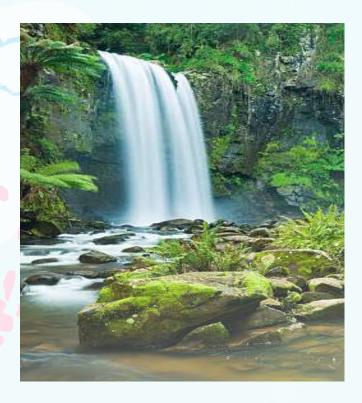
It comes in various shapes and sizes its cost very cheap and easily portable.

G Bhavika

2 B



Water water everywhere



Water water everywhere To wash my hands and wash my hair It's nice to drink it by the pool Slurp it, sip it, nice and cool

It comes from cloud don't you know Falls as rain and also snow Keep it clean it you will be Sick as such, as sick as can be

We are lucky here at school
To have clean water to keep us cool
We drink water everyday
In the pool we like to play

Arshia Ranish 1 B

Why fire is important in our life?

What is the power of fire? We cook a food with fire warm our homes like candles roast marshmallows shape metal and create new energy all with fire.



Fire provides are so worms and lighting protection from predators especially at night a way to create more advanced hunting tools and a method for cooking food. These cultural advances allowed human geography dispersal cultural innovation and changes to diet and behaviour. Fire is powerful force when that power is managed it has many uses it creates electricity and heat it cooks food and it keeps farm lands healthy. When it is un managed it is destructive.

M S Dhuthika 3B



Health And Fitness

Being healthy and fit in simple terms means taking good care of the body. We should remember that's a healthy mind resides only in a healthy body. Good health of both mind and body helps one maintain the required energy level to achieve wholesome health. Protecting your body from the intake of harmful substance doing regular exercise, having proper food and sleep are some of the important instances that define a healthy

lifestyle. Also being fit allows us to perform our activities without being let it restless or



tired. Healthy and fit person is capable of living the life to the fullest without any major medical of physical issues. Being healthy is not only related to the physical will being of a person it also involves the mental stability or the internal peace of a person.































Annual Day



















































































































































































































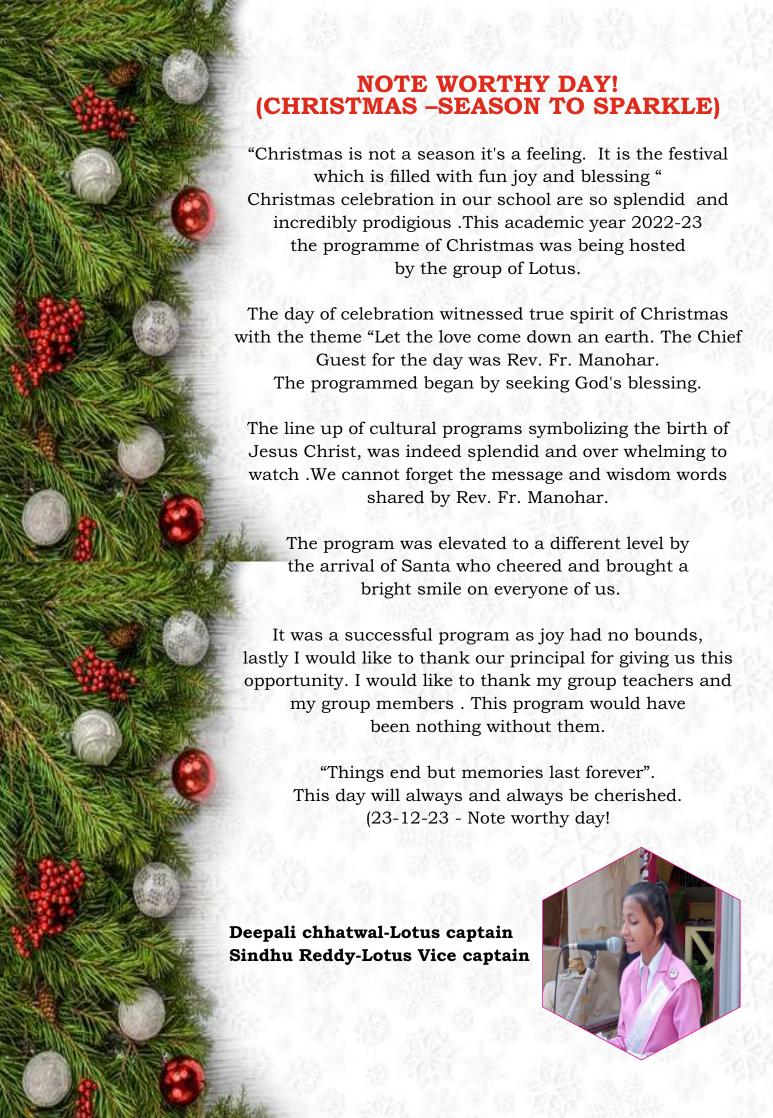
































Social Service Club

































"We can do so little alone, but so much together."

True to the adage, the Social Service Club has made a concerted effort to hold a canteen and donate the proceeds to poor and disabled children. It was wonderful to see so many children come forward to bring various good to sell and raise funds to help the less fortunate.

A second attempt was made just before Christmas, and the leaders went from class to class, asking students to donate clothes or essentials they could give or that they no longer needed. Our Principal, Rev. Sr Annapurna, was so pleased with the children's contributions that she decided to donate them to a boarding school in Munagala.

Saint Ann's Munagala is a boarding school run by the Sisters of Saint Ann that caters to approximately 150 children. It was a joy for the cabinet, teachers, and principal to see the happy faces of the boarding children who received the contribution there.

Hence I conclude saying that one need not be rich financially to donate but one has to be rich by heart to give a part of what one has.

From the desk of, Mrs Aarthi Jain Sharma Member of the Social Service Club 2022-23















LEAD FROM THE HEART, NOT THE HEAD

"Our greatest glory is not in never falling, but in rising every time we fall." The YCS-YSM is a movement that empowers students or teenagers to take action based on what they believe in their community. It is primarily organized in small groups which we the 'See – Judge -Act methodogy.

MOTTO:- Spread the light
VISION:- To evolve a new society
AIM:- a NEW SOCIETY (God's Kingdom)
OBJECTIVES:- Self change - change others
METHODOLOGY - See ,Judge, Act.
(Awareness, Reflection, Action and Evaluation)





A step is a mark of a new journey . "Leader leads" . This was the theme for the inaugural ceremony of YCS-YSM , on $19^{^{\text{\tiny TH}}}$ July, 2022 Our chief guest Rev.Fr.Sunil graced the occasion and the day was a grand success as it was under the proper guidance and supervision of our principal Rev.Sr.Annapurna and the efforts of our animators. The YCS-YSM leaders of our school (2022 -2023)

Representative 1 – Jerusha President – P. Niharika Secretary – Alona Treasurer – Bala Rashmika Spokesperson - Yamini Representation 2-DiandraEarl V.President – Evelyn V.Secretary - Allyson V.Treasurer – Ritika Agnihotri V.Spokesperson- Mananya





On 6th August 2022 Ms. Mercy Binny (Animator) was elected as the vice-president of the Diocess. Diandra Earl was elected as the vice- president among schools. Assemblies, drawing competition, poster making were conducted as activities of YCS-YSM. We thank our Principal Rev. Sr. Annapurna and our Animators Ms. Mercy, Ms. Jonita and Ms. Sheela for their great support and always trusting us

- P.Niharika 9C - Diandra Earl 9C



Language is the blood of the soul in to which thoughts run and out of which they grow."
 Oliver Wendell Holmes

English is the universal language of communication world -wide. It is considered as "Lingua Franca' since it is used across many countries. It is used as the international language to communicate in many field ranging from business to entertainment.

The English club for the Academic year 2022-23 focused on communication and practicing English, which included:-reading, writing, listening, speaking and critical thinking. The English club is meant to give a chance to students to learn English with fun and it is also a place for students to improve their English. The English club mainly focused on four skills; Listening, Speaking, Reading, Writing and Vocabulary development. The club intended to bring a sense of learning amongst the students and to believe that learning English is really a beautiful experience.

We deeply appreciate the president of the English club, P.Nandita of 10 A for supporting us throughout this year. We thank all the respected teachers who monitored and instructed the students of the English Club.

We also thank all the students who took the efforts to participate and make the club enjoyable.

And finally, we thank our Dynamic Principal, Rev. Sr. Annapurna, for providing us a platform to improve our skills.

Evelyn Abraham Class: 8 A



Math club is an organisation of students interested in promoting mathematics in the campus.

It is a student initiated and teacher supported academic group dedicated to serve the needs and interest of all the students interested in maths and make it a fun loving subject.

The purpose of math club is to develop students level of math skills and knowledge.

This was accomplished by some games activities and competitions.

It stimulated active participation and interest among students towards the subject.

It was also a forum to discuss mathematical ideas.

The mathematics club was a supportive learning environment for the students.















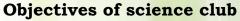






The science of today is technology of tomorrow.

What is Science? Science is the concerted human effort to understand the history of how the natural world works, with observable physical evidence. A science involves a pursuit of knowledge covering general truths or the operations of fundamental laws. Science for what? The answer lies right in front of our eyes. Think about the world without technology. No computers, cars, vaccines, or cures for disease. Life would be joyless and extremely bad. Every simple thing is related to the world of science. science club has been organized in school to provide opportunity, for the development of the constructive, explorative and inventive facilities of students. The elected president and vice president of the year 2022-23 are D.Likitha and Mariah Tamanna



- · Science club is the platform for students to promote their scientific interest, realize their scientific skills and fulfill their quest in doing science activities.
- The club aims to organize seminars, work shops, exhibitions and quiz competition to inculcate in students the knowledge and skill in the field of science.
- · As students of science club we strive to provide awareness on healthy lifestyle and how to avoid junk food during the morning assembly .
- The main motive of the science club is to help students in imbibing the habit of self-reliance, self-dependence and love for manual work.
- · So, science is magic that works.













Social studies is the integrated study of multiple fields of social science and the humanities, including history, culture, geography and political science. One of the purposes of social studies is to integrate several disciplines, with their unique field of subject areas that communicate by sharing different perspectives for deeper analysis of social problems and issues. Our aim through the social studies club is to train students for informed ,responsible participation in a diverse democratic society. The social studies club activities focus on discipline, patriotism, understanding historical culture, values, social harmony, humanity and national integration.

Aims of social studies club:

- To Acquire basic knowledge of social studies
- To develop awareness and concern for social issues in personal, environmental contacts
- To develop a general interest in social studies.
- To stimulate active participation and initiative among students in learning process













Objectives of social studies club:

- To develop habits of exploration and to encourage group activities.
- To arouse and cultivate students interest in learning social studies .
- To encourage our students to participate actively in the activities organized by the social studies club.









































































"Republic Day - A gift of Memory and Pride"

Republic day celebrations were hosted by the group of Roses to commemorate the establishment of the Indian constitution with the theme "Mera Bharath Shanti Ka Chaman."

The group was headed by the Captain Amulya and Vice-Captain Rithika Puli.

The Chief Guest of the day was Air Marshal Richard John Duck

worth a retired officer of the Indian Air Force.

The cultural programme was unfolded as the 4 groups marched instilling the spirit of Patriotism. The theme proposed by the Government for this year Republic Day are Naari Shakti, International year of Millet and India at 75. The four groups of our school portrait these themes in the form dance and tableau. Each and every programme was apt to the theme of the day. The motivational and thought provoking speech of Chief Guest uphold Principles and values laid down in the constitution and work towards building stronger and prosperous nation.

"Nothing can beat the enthusiasm, the charm, the excitement of the students from displaying their love for the nation." "How can we forget our glorious past and immense sacrifices that laid the foundation of independent India."

Republic day is not a day of celebrations, it is a day of remembrance and veneration, we vow to our existence.

Group of Roses













































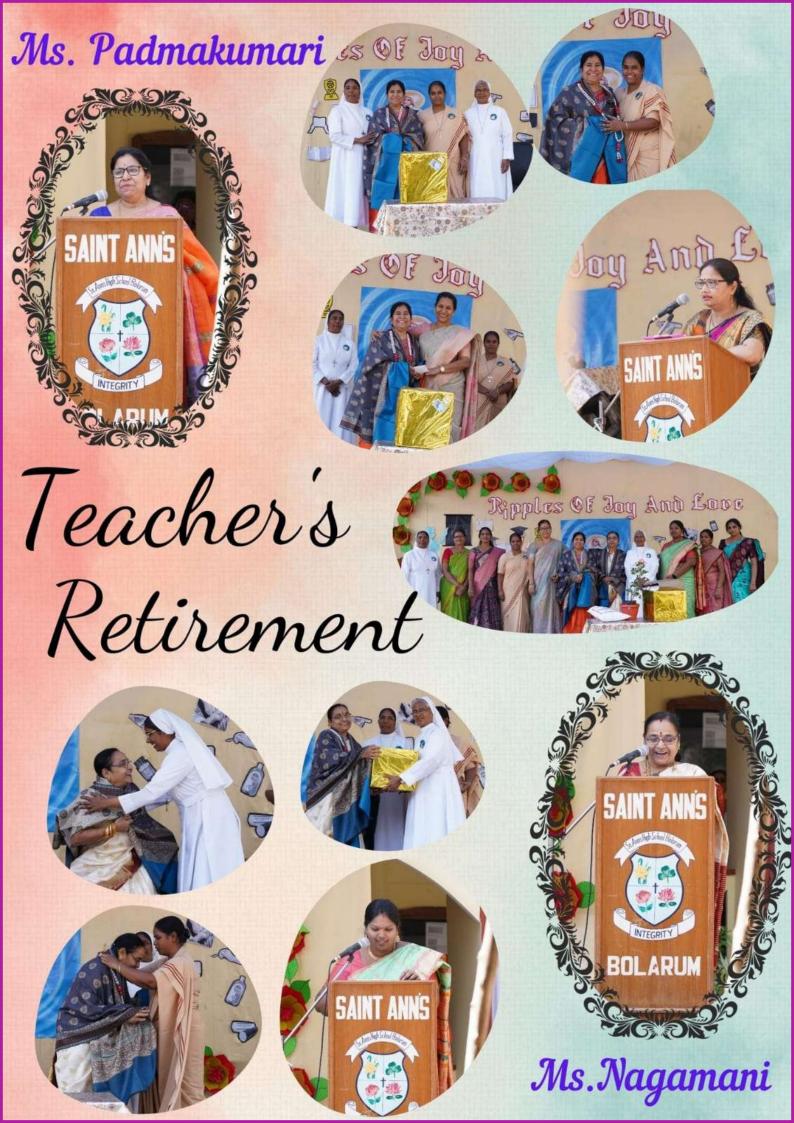














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अनुक्रमणिका

- राष्ट्र की उन्नति व राष्ट्रभाषा -हिंदी समिति का वार्षिक विवरण
- अद्वितीय व्यक्तित्व
- गुरु का महत्व मिस पदमा कुमारी
- शिक्षक हमारे पथ प्रदर्शक
- आजादी का अमृत महोत्सव
- प्रकृति हमारी प्रथम शिक्षक
- सावधान व सतर्क रहें
- प्रकृति हमारी प्रेरक
- पुष्पों का सौंदर्य
- सैनिक हमारे सुरक्षा कवच
- मेरी अभिलाषा
- जीत एक संघर्ष
- अभी बाकी है.....
- आधुनिक नारी
- महिला सशक्तिकरण
- गर्व है मुझे नारी हूँ
- पर्यावरण को बचाना है, प्लास्टिक को नकारना है।
- उच्चस्तरीय शिक्षा चिंता या चुनौती
- यही हमारी पहचान
- डिजिटल भारत

- वाह! क्या रीत है.....
- परीक्षा भवन और मैं
- परीक्षा भवन?
- स्वयं पर विश्वास करो
- हाय ! रे परीक्षा
- डर के आगे जीत है
- पढ़ने की उम्र नहीं होती
- जीवन का सच्चा अर्थ
- ममता की मूरत
- स्वयं पर विश्वस रखे
- उभरती यादें
- चाँद का करिश्मा
- स्कूल के अविस्मरणीय पल
- हृदयस्पर्शी पल
- वे दिन भी क्या दिन थे
- कर्म ही सर्वश्रेष्ठ है
- रब की मेहरबानी
- अर्ज किया है......
- गिरना भी अच्छा है
- एक कहानी की पहेली हूँ मैं
- बूझो तो जाने

हिन्दी समिति

















राष्ट्र की उन्नति व राष्ट्रभाषा

" भावों की जब होती झंकार,गूँजती है हिन्दी की जयकार "

भारतीय भाषाओं में केवल हिंदी ही एक ऐसी भाषा है जिसे राष्ट्रभाषा के रूप में अपनाया गया है,क्योंकि यह अधिकांश भारतीयों द्वारा बोली व समझी जाती है।यह समस्त भारत में धार्मिक और आर्थिक सम्पर्क माध्यम के रूप में प्रयोग के लिए पूर्णतः सक्षम है। हिंदी एक ऐसी भाषा है जो सभी लोगों को आपस में जोड़े रखने में अहम भूमिका निभाती है। यह केवल एक भाषा ही नहीं है बल्कि देश की संस्कृति,वेश-भूषा और रहन-सहन को दर्शाती है। विद्वानों का मत है कि राष्ट्र भाषा की उन्नति में ही राष्ट्र की उन्नति है।इंटरनेट के बढ़ते उपयोग ने हिन्दी भाषा के भविष्य के संबंध में अनेक नई राहें दिखाई है। हिंदी हमारी राष्ट्रभाषा है, देश का गौरव,सभ्यता एवं मान- सम्मान पर इसमें निहित है।

" मातृभाषा बिन व्यर्थ हैं दुनिया का सब ज्ञान, भारत माँ की बोली, हिंदी,करों इसका सम्मान।"

आज हिंदी दोनों केवल भारत की बल्कि विश्व की भाषा बन चुकी है। जिसमें अपने विचारों की अभिव्यक्ति करने की भरपूर क्षमता है। आज हमारे विद्यार्थियों पर ही हिंदी भाषा का विकास व प्रसार का दायित्व है। इसी उद्देश्य की पूर्ति हेतु प्रति वर्ष हमारे विद्यालय में भी हिंदी इस समिति का गठन किया जाता है।

हिन्दी समिति का वार्षिक विवरण - 2022-2023 जून 26 को हिन्दी समिति के सदस्यों का चयन किया गया।चुनाव प्रक्रिया के फल स्वरूप निम्न सदस्याओं को चुना गया।

उच्चस्तरीय वर्ग अध्यक्षा - सृष्टि ठाकुर नवी सी

उपाध्यक्षा - तन्वीका काटरू नवी सी

सांस्कृतिक सचिव - रितिका अग्निहोत्री नवी सी

एवम् - मन्नन्या नवी बी

माध्यमिक वर्ग अध्यक्षा - प्रतिभा ठाकुर सातवीं सी

उपाध्यक्षा – सुहाली / सोनाक्षी उपाध्यक्षा

जिसके माध्यम से हमारी नन्ही -मुन्नी छात्राओं में निहित प्रतिभाओ को उजागर करने का सुनहरा अवसर प्राप्त होता है।छात्राओं ने लघु नाटिका एवं गायन के माध्यम से अपनी अद्भुत प्रतिभाओं का प्रदर्शन किया।

हमारी आस्था ही नहीं है बल्कि पूर्ण विश्वास है कि आप सबकी शुभकामनायें सदैव हमारे साथ रहेगी। आदरणीय प्रधानाचार्या जी सिस्टर अन्नपूर्णाजी तथा समस्त हिन्दी सिमति की अध्यापिकाओ एवं विद्यार्थियों के आभारी हैं जिन्होंने सदैव उचित पथ प्रदर्शन कर हमें प्रोत्साहित किया है।

धन्यवाद।

समस्त हिन्दी परिवार।

अद्वितीय व्यक्तित्व

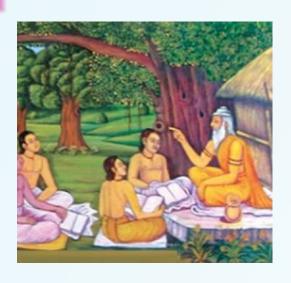
सादा जीवन उच्च विचार, ऐसा है मिस पद्मा का स्वभाव किस तरह वर्णन करूँ आपका, आप हैं सद्भावना की फुहार राष्ट्रीय फूल को कमल कहते हैं, उस कमल के पर्याय व्यक्तित्व को पद्मा कहते हैं कमल कीचड़ में उग कर भी, अपनी सुंदरता बनाए रखता है कमल अनेक पंखुड़ियों को मिलाकर सुंदर फूल की आकृति लेता है उसी तरह अनेक गुणों को अपने आप में समेटकर आपने हम सब को दिया सहारा। वह जज़्बा ,वह जुनून ,वह कार्यशैली हैं बिलकुल निराली। वह पढ़ना-पढ़ाना ,लिखना-लिखाना वो हँसना -हँसाना, याद रहेगा आपका साथ निभाना समता,ममता,अनुराग वृत्याग की प्रतिमा हैं, आप सर्वस्व समर्पण करने की क्षमता रखती हैं आप नमन आपको करते हैं, जीवन खुशियों से भरा रहे, हम यही कामना करते हैं।





गुरु का महत्व

गुरु का महत्व कभी होगा ना कम, भले कर ले कितनी भी उन्नति हम, चाहे हो इंटरनेट पर हर प्रकार का ज्ञान, पर अच्छे बुरे की नहीं है उसे पहचान। "विद्यालय में जो पढ़ाई करवाई जाती है, वह पुस्तकों और विश्वविद्यालय में नहीं मिलती"। आदरणीय मुख्य अध्यापिका जी शिक्षक गण एवं हम सबकी प्रिय मिस पद्मा कुमारी को मेरा नमस्कार।



किसी ने ठीक ही कहा है कि शिक्षक और सड़क दोनों एक जैसे ही होते हैं खुद जहाँ पर है वहीं पर रहते हैं परंतु दूसरों को उनकी मंजिल तक पहुँचा ही देते हैं। ऐसी ही है हमारी मिस पदमा कुमारी । आपके दीर्घकालीन अध्यापन के इस कार्यकाल में हिंदी विभाग में छात्रा वर्ग बहुत लाभान्वित रही है और अपने अपने जीवन के सुनहरे पलों में अपने अथक परिश्रम, लगन, सुंदर व्यवहार और मधुर मुस्कान से शिक्षा क्षेत्र में भूरी - भूरी प्रशंसा प्राप्त की है वह हमें सदैव स्मरण रहेगी।आप यथा नाम तथा गुरु संपन्न है। आपने हमारा सुनहरा भविष्य बनाने में जो योगदान प्रदान किया है वह हमारे हदय पटल पर सदैव अंकित रहेगा। इस विद्यालय के सभी छात्राएँ आपके सुखमय जीवन एवं उत्तम स्वास्थ्य की कामना करती है हमारी शुभकामनाएँ सदा के लिए आपके साथ रहेंगे अंत में बस इतना ही कहूँगी अपने आशीर्वाद से हमारा जीवन धन्य बनाती रहे आप, शुभकामनाएँ देते हैं आपको "सदा गम से आपकी दूरी हो रिटायरमेंट के बाद भी आपके जीवन की हर अभिलाषा पूरी हो"।

हिता जैन कक्षा: दसवीं 'बी'

शिक्षक हमारे पथ -प्रदर्शक

जीवन में जो राह दिखाए, सही तरह चलना सिखाए, मात -पिता से पहले आता, जीवन में सदा आदर पाता।



सबको मान प्रतिष्ठा जिससे, सीखी कर्तव्यनिष्ठा जिससे, कभी रहा न दूर मैं जिससे, वह मेरा पथप्रदर्शक है, जो मेरे मन को भाता है, वह मेरा शिक्षक कहलाता।

कभी है शांत, कभी है धीर, स्वभाव में सदा गंभीर, मन में उभ रही थी इच्छा, काश मैं उन जैसा बन पाता, जो मेरा शिक्षक कहलाता। एस .पूजिता कक्षा - नवम् 'ब'

पुष्पों का सौंदर्य

रहकर काँटो के मध्य भी , ना कभी शोक मनाते है पुष्प सदा मुस्कुराते हैं।

सपने सजाने औरों के खुद ही बिखर जाते हैं पुष्प सदा मुस्कुराते हैं।



अपने सुगंध से सबको महकाने वाले सबका मन हर्षाते हैं पुष्प सदा मुस्कुराते हैं।

प्रकृति में रंग बिखेर कर, इस इंद्रधनुष को सजाते हैं पुष्प सदा मुस्कुराते हैं।

जीवन में खुशियों का स्वागत करने सर्वप्रथम पग बढ़ाते हैं, पुष्प सदा मुस्कुराते हैं।

निहारिका नवी ' सी '

"सैनिक हमारे सुरक्षा कवच"

निरंकुशता अंदर हो या बाहर, अंकुश मे रखते है। हर पल प्रहरी बन, सजग रहते है।

अपनी सामर्थ्य को कण-कण जगाते हैं। हताश में भी, आशा की किरण दिखाते है।

आँसूओं को सहेजकर, अपनी शक्ति बनाते है। अपने लक्ष्य को सुनिश्चित कर, चक्रव्यूह बनाते है।



गित नहीं प्रगित लाते हैं, सबकी सुरक्षा सुनिश्चित कर। देश के विकास को, बहुआयामी बनाते है।

विलग है सबसे, हमारे सुरक्षा कवच। सबके जीने का, मकसद बनाते है।

हर बढ़ते तूफान के लिए, देश की ढाल बन जाते है। हर उठते सैलाब के लिए, बाँध बन जाते है।

मेलिसा कक्षा: दसवी ' डी' आज़ादी का अमृत महोत्सव

किसी भी देश का भविष्य तभी उज्जवल होता है जब अपने पीछे अनुभवों और विरासत के गौरव के साथ पल -पल जुड़ा रहता है। हम सभी जानते हैं कि भारत के पास एक समृद्ध ऐतिहासिक चेतना और सांस्कृतिक विरासत का एक अथाह भंडार है जिस पर हमें गर्व होना चाहिए।

इस ऐतिहासिक सांस्कृतिक राष्ट्रीय चेतना को भारत के घर - घर पहुँचाने के लिए प्रधानमंत्री श्री नरेंद्र मोदी जी ने अहमदाबाद गुजरात में साबरमती आश्रम में पदयात्रा (स्वतंत्रता मार्च) को हरी झंडी दिखाकर स्वतंत्रता की पचहत्तर (७५) वर्षगांठ के लिए समर्पित आजादी का अमृत महोत्सव कार्यक्रम का उद्घाटन किया । आजादी का अमृत महोत्सव का अर्थ है स्वतंत्रता के वर्ष पूरे करना प्रधानमंत्री ने १२ मार्च २०२१ को इस अभियान की शुरुआत की थी। यह अमृत महोत्सव पंद्रह अगस्त २०२३ तक जारी रहेगा। इस पहल का उद्देश्य भारत के गुमनाम स्वतंत्रता सेनानियों के बलिदानों और उपलब्धियों के बारे में आम लोगों को जागरूक करना है हमारी आज की पीढ़ी के बच्चे यह जान सके कि भारत को आजादी दिलाने के लिए स्वतंत्रता सेनानियों को कितने संघर्षों और कठिनाइयों का सामना करना पड़ा था।

आजादी का अमृत उत्सव मिलकर हम मनाएँ। माँ भारत के चरणों में हम सब शीश झुकाए स्वतंत्रता संग्राम की संघर्ष गाथा यह सब हमें सुनाएं गुमनाम सभी शहीदों को ढूँढ़कर सामने लाए ।।



आजादी का अमृत महोत्सव भारत की सामाजिक, सांस्कृतिक, राजनीतिक और आर्थिक पहचान के बारे में प्रगतिशील है । हजारों सूर्य से अधिक तेजस्वी भारत की स्वतंत्रता को लोग जीवन में स्थापित किए जाने की आवश्यकता को महसूस करते हुए एक और आजादी का जश्न मनाया जाएगा ।

" जय जवान जय किसान ।

" वंदे मातरम ।

जी वैष्णवी कक्षा - 'आठवीं' डी

सावधान और सतर्क रहे

अक्सर कई लोग उन लोगों के बीच में बैठना पसंद करते हैं जो सिर्फ़ उनकी झूठी तारीफ़ करते हैं। लेकिन आप बस एक बार उनसे अपने मदद की उम्मीद करके देखिएगा उसे, आप स्वयं समझ जाएँगे कि वह हमारे हितैषी हैं या नहीं । नीम कड़वा ज़रूर होता हैं पर ज़्यादातर बीमारियों का हकीम नीम है। कुछ लोग नीम की तरह होते हैं, लेकिन वे ही आपकी हितैषी भी होते है। ऐसे लोगों से आप को सदैव फ़ायदा ही होता है। उनकी बातें

बिलकुल खरी होती है। और उनको जब बुराई करनी होती है, तो आपके पीठ पीछे नहीं बोलते। यदि हम बुरे लोगों की बात करें तो उसके नकारात्मक पहलुओं को तुरंत पकड़ते हैं और जब हम उनके साथ रहना शुरू करते हैं तो हमारे अंदर भी वहीं नकारात्मक भाव पनपने लगते है।

हमारी सोच भी उन्हीं की तरह होने लगती है। यह मानव का स्वभाव है कि नकारात्मक की ओर जल्दीआकर्षित हो जाते हैं। कई बार तो इतनी देर हो चुकी होती हैकि मुक़ाम आपके हाथ से पूरी तरह निकल जाता है। जो लोग मधुर बोलते हैं, हमें उनसे सतर्क रहने की आवश्यकता है। मैं यह नहीं कहना चाहती हूँ कि सभी लोग एक जैसे ही होते हैं। कुछ लोग आपकी परवाह करने वाले भी होंगे। इसलिए सावधान और सतर्क रहे। तनीषा गोम्स

आठवीं - बी

प्रकृति हमारी प्रथम शिक्षक

मनुष्य के जन्म से भी पहले से उसकी गुरु है प्रकृति। वह अनिगनत आँखों, हाथों और मन से मनुष्य को कुछ न कुछ सिखाती चली आ रही है। वह गुरु होने के साथ-साथ माँ और बाप भी

है। वह रक्षक भी है और न्यायाधीश भी है। वह गति और विकास का व्याकरण सिखाती है। उसे छेड़ा तो वह विनाश का सबक भी सिखाती है। प्रकृति गुरु हमे पंच रूपों में शिक्षित करती है। इस महागुरु के आगे मनुष्य सदा नतमस्तक है। जल के रूप में प्रकृति सिखाती है बहना जलके रूप में प्रकृति प्रगति और प्रवाह का ककहरा सिखाती है।.....



पानी बताता है कि हमें हर बाधा को पार करते हुए चलना है जैसे नदी चलती है पत्थरों, अवरोधों में, कभी रूक कर, कभी सकुचा कर तो विराट रूप धर कर, कभी सीधी तो कभी राह बदल कर। वायु: वायु के रूप में प्रकृति देती है सीख, सीमाओं में रहकर जीने की, ताकि चलता रहे जीवन, न हो कोई अनर्थ...

वायु का अर्थ वेग भी है। यह गुरु जब अपनी सीमा तोड़ती है तो आंधी बन जाती है। पृथ्वी:धरा की तरह धैर्य रखने और दृढ़ता की शिक्षा देती है प्रकृति...

पृथ्वी सीख देती है कि डटे रहो। धैर्य मत त्यागो। स्थिर रहना पृथ्वी का गुण है। अपने लक्ष्य और निर्णय पर अडिग रहने का गुण सफल व्यक्तित्व का आधार है।

आग से सिखाती है प्रकृति, अपनी ऊर्ज़ा का सही उपयोग करना और अति उत्साही न होना ... आग यानी ऊर्जा। आग का पैमाना बिगड़ा तो दावानल होता है। इसी तरह किसी भी कार्य में अति उत्साह या ज्यादा ऊर्जा लगाना उस काम को बिगाड़ देता <u>है</u>

आकाश: प्रकृति सिखाती है, आकाश में खुलकर उड़ना, लेकिन कभी न भटकना ...

आकाश का अर्थ है विस्तार। जीवन को आसमान जितना विस्तार देना संभव है यह उम्मीद हमें आकाश को देख मिलती है।

रितिका अग्निहोत्री नवीं सी'

जीत एक संघर्ष

अंत का पता नहीं पर जीत नजदीक है। मौत का भय नहीं यह जीत का संगीत है। यह एक जोश है नया आक्रोश है। ना जान का अवधान है। न जीत का प्रवधान है। शत्रु में संत्रास है जीत का यह रास है हार का इरादा नहीं जीत का ये लक्ष्य है। जीत का राग है नया उन्माद है। जीत एक संघर्ष है एक नया हर्ष है।



पी. के. मनोहरी आठवी ' ए'

प्रकृति हमारी प्रेरक



माँ हमें जन्म देकर प्रेम से हमें पालती है, माँ प्रकृति हमें अपनी गोद में बिठा, संभालती है। माता-पिता हमारी उंगली पकड़ कर चलना सिखाते हैं, हमारे मार्ग-दर्शक बन सही रास्ता दिखाते हैं।

प्रकृति निस्स्वार्थ होकर सबकी सेवा करना सिखाती है। नदियाँ जीवन देने वाला अमृत समान जल पिलाती है। 'अपने लक्ष्य पर अडिग रहना पर्वत हमें सिखाते हैं. रात्रि में चमकते नक्षत्र हमें सही दिशा दिखाते हैं।

सागर की लहरें हमें गिर कर उठना सिखाती है, अपना सीना चीर कर धरती अन्न-फल-फूल उगाती है। पेड़ अपना सबकुछ देकर परोपकार करते हैं, हमें जीवित रखने वाली प्राणवायु से वातावरण भरते हैं।

सुगंधित रंगबिरंगे फूल हमारे मन को भाते हैं तितलियाँ झूमती हैं, मधुमक्खियाँ इन्ही से मधु बनाते हैं। प्रकृति में औषधियाँ, सोने, चाँदी, हीरे-मोती की भरमार, स्वास्थ्य, प्रसन्नता, सुख सुविधाओं का माँ ने दिया उपहार।

मनोरम सुन्दरता सारे साज-बाज प्रकृति हमें देती है, वह सदैव देती है सिर्फ देती, हम से कुछ नहीं लेती, -हम सदा प्रकृति का अभिवादन, सम्मान और रक्षा करे कभी उसे हानि न पहुँचायें, उसके रौद्र रूप से डरे।

ताश्वी ठाकुर

मेरी अभिलाषा

तुम बनो डॉक्टर इंजीनियर मैं तो बस देश का सिपाही बनूँगा जान लगाने के लिए मेरी जान तेरा पागल आशिक फौजी हँसते हुए जान गवाँयेगा। कभी याद करके देख लेना उन वीरों को भी जो सरहद पर गोली खाकर भी हिफाजत करते है मुल्क की। खड़ा है जो सरहद पर मातृभूमि का कर्ज चुकाने लेकर लहू का कतरा- कतरा चट्टानों सा सीने तान

पी. के .साई मनोहरी आठवी ' ए'



भारत के है वो वीर जवान भारत के है वो वीर जवान देश की रक्षा सीने में बेखौफ फौलादी जीने में दुश्मन को है वो धूल चटाते देकर अपना सच्चा बलिदान भारत के है वो वीर जवान। भारत के है वो वीर जवान।

अभी बाकी है

जली चिताओं का हिसाब बाकी है अमन का नया आफताब बाकी है। सींचा है गुलिस्तां कतरे-कतरे लहू से माटी सा महके वह गुलाब बाकी है पाल लिए आँखों में ख्वाब तिरंगे के मुल्क में शहादत का सैलाब बाकी हैं जन्मा भगत - सा वीर जिस माटी में, वह दहाड़ने वाला पंजाब बाकी है बच्चा - बच्चा बन जाए भगत सिंह, मेरे वतन में यह इंकलाब बाकी है आजाद भारत में हर जरूरत पूरी हो वीर शहीदों का यह ख्वाब बाकी है।।

जी. रितिका। तीसरी 'डी'

नारी के हर रूप की महिमा बड़ी अपार । जिस घर में होता नहीं, नारी का सम्मान देवी पूजन व्यर्थ है, व्यर्थ वहाँ सब दान

लक्ष्मी, दुर्गा, शारदा, सब नारी के रूप देवी सी गरिमा मिले, नारी जन्म अनूप।।



यही हमारी पहचान

स्वच्छ भारत अभियान है यह हमारी शान है। हर गली को साफ करो यह हर नागरिक का काम है, स्वच्छ भारत अभियान है यही हमारी शान है।



क्या घर में कचड़ा फेंक कर आते हो ? फिर क्यों धरती मां पर कूड़ा फेकवाते हो ? घर समझो अपना इस देश को, क्योंकि यही हमारी पहचान है।

स्वच्छ भारत अभियान है, यह हमारी शान है। विदेश जाएँगे तो रोड चमका कर आएँगे पर हाँ अपने देश में झाड़ू को हाथ भी ना लगाएँगे।

प**्रवल्लिका रेड्डी** सातवीं

आधुनिक नारी

कठिन परिस्थिति में सदा लेती खुद को ढाल नारी एक बहती नदी जीवन करे निहाल ।।

नारी, नारी का नहीं देती आई साथ शायद उसका इसीलिए रित रहा है हाथ ।।

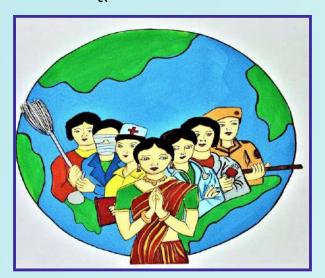
खुशियों का गेरू लगा रखते घर को लीप नारी रंग गुलाल है, दीवाली का दीप।।

तार-तारती रही, फिर भी बनी सितार नारी ने हर पीर सही, बॉटा केवल प्यार ।। नारी मूरत त्याग की, प्रेम दया की खान करना जीवन में सदा नारी का सम्मान ।।

तपोशी अधिकारी सातवीं 'सी'

महिला सशक्तिकरण

आज के आधुनिकतम समय में महिला सशक्तिकरण एक विशेष चर्चा का विषय है! हमारे आदि-ग्रंथों में नारी के महत्व को मानते हुए यहाँ तक बताया गया है कि "यत्र नार्यस्तु पूज्यन्ते रमन्ते तत्र देवता: " अर्थात जहाँ नारी की पूजा होती है, वहाँ देवता निवास करे है। लेकिन विडम्बना तो देखिए नारी में इतनी शक्ति होने



के बावजूद भी उसके सशक्तिकरण की अत्यंत आवश्यकता महसूस हो रही है! महिलाओं को आर्थिक सशक्तिकरण का अर्थ उनके आर्थिक फैसलो, आय, संपत्ति और दूसरे वस्तुओं की उपलब्धता से है, इन सुविधाओं को पाकर ही वह अपने सामाजिक स्तर को ऊँचा कर सकती हैं। राष्ट्र के विकास में महिलाओं के महत्व और अधिकार के बारे में समाज जागरूकता लाने के लिये मातृ दिवस, महिला दिवस आदि जैसे कई सारे कार्यक्रम सरकार द्वारा चलाए जा रहे है। महिलाओं को कई क्षेत्र में विकास की जरूरत है अपने देश में उच्च स्तर

की लैंगिक असमानता के कारण महिलाएँ अपने परिवार के साथ और बाहरी समाज के बुरे बर्ताव से पीड़ित है। भारत में अनपढ़ों की संख्या में महिलाएँ सबसे अबल है। नारी सशक्तिकरण का असली अर्थ तब समझ में आयेगा जब भारत में नारी को शिक्षित किया जाएगा और उन्हें इस काबिल बनाया जाएगा कि वो हर क्षेत्र में स्वतंत्र होकर फैसले कर सकें। भारत में, महिलाओं को सशक्त बनाने के लिए सबसे पहले समाज में उनके अधिकारों और मूल्यों को समाप्त करने वाली उन सभी राक्षसी सोच को मारना जरूरी है, जैसे- दहेज प्रथा, अशिक्षा, यौन हिंसा, असमानता, भ्रूण हत्या, महिलाओं के प्रति घरेलू हिंसा, वैश्यावृति, मानव तस्करी और ऐसे ही अन्य विषयों पर भी हमें अपनी सोच बदलनी चाहिए क्योंकि महिलाएँ पुरुष के बराबर है! हमें हर नारी को सम्मान -देना चाहिए:। कई नारे लिखे गए है नारी पर :-जैसे

- > नारी का करना सम्मान तभी बनेगा देश महान ।
- > नारी को दे शिक्षा का सवेश, तभी होगा उनका सारे जीवन मे उजियारा
- > नारी शक्ति से ही बनेगा मजबूत समाज।

अर्पिता ज्वेलिकर 'आठवीं' बी

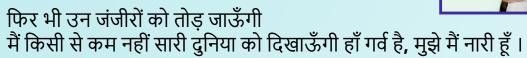
परीक्षा भवन और मैं

कक्षा – 'दसवीं' ए

जैसे ही परीक्षा भवन में प्रवेश करते हैं सब कुछ शांत लगता है जैसे ही हम अपनी सीट पर बैठते हैं सारी यादाश्त गुम हो जाती है। जो उत्तर हमने सीखे और जो हमे नहीं याद आते है वो उत्तर जो हम फिर भूल जाते विश्वास हैं, तो डर से लड़ सकते हैं विश्वास हैं, तो डर को हरा सकते हैं यदि अपने आप पर विश्वास हैं तो हर परीक्षा का सामना कर सकते हैं।

गर्व है मुझे मैं नारी हूँ

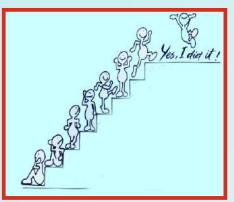
नारी हर घर की शान होती हैं , आज के युग में तो नारी घर के साथ-साथ सभी क्षेत्रों में अपना स्थान बना चुकी हैं । तोड़ के हर पिंजरा जाने कब मैं उड़ जाऊँगी चाहे लाख बिछा लो पहरे फिर भी दूर आसमान में मैं अपनी जगह बनाऊँगी , हाँ गर्व है मुझे मैं नारी हूँ भले ही परंपरावादी ज़ंजीरों से बाँधे हैं दुनिया के लोग पैर मेरे



एन. अवनी आठवीं 'डी'



एक व्यक्ति जो खुद पर विश्वास करता है वह कभी असफल नहीं होता । विश्वास किसी के दिल में साहस और उत्साह पैदा करता है। यह कड़ी मेहनत करने और अपने दिल का अनुसरण



करने के लिए प्रोत्साहित करता है। मैंने खुद पर और अपने काम पर विश्वास रखना सीख लिया है। यह वह मंत्र है जो मैंने स्कूल में सीखा यह मूल्य मुझे मेरे कठिन समय में मजबूत बनाता है। अपने आप पर विश्वास करना अपने विचारों और कार्यों पर विश्वास करना है। जब कोई आपके साथ नहीं होता है तब आपका विश्वास ही होता है जो आपको आशा और शक्ति देता है जो जीवन में कठिनाइयों को दूर करने के लिए बहुत महत्वपूर्ण है। सबसे पहले एक व्यक्ति को ईश्वर और स्वयं में विश्वास रखना सीखना चाहिए वही सफल लोग होते हैं जो विपरीत परिस्थितियों

में खुद पर विश्वास रखते हैं जीवन में अपने लक्ष्य को प्राप्त करने के लिए आत्मविश्वास और मेहनती होना बहुत जरूरी है आत्मविश्वास प्रमुख मूल्य है जिसे बच्चों के साथ-साथ वयस्कों को भी धारण करना चाहिए। छात्रों को अपने काम के प्रति आज्ञाकारी और आत्मविश्वासी होना चाहिए। आत्मविश्वास की कमी वाले अधिकांश बच्चे व्यक्तित्व प्रबंधन में कई कठिनाइयों का सामना करते हैं। ऐसे में जरूरी है कि आप खुद पर विश्वास करे, बच्चों को शिक्षित करना और उनमें विश्वास पैदा करना भी महत्वपूर्ण है। अपने आप पर विश्वास करो।

जी. सिंधु रेड्डी नवीं ' डी '

"डिजिटल इंडिया"

"डिजिटल इंडिया बनाओ देश को आगे बढाओ"

देश ने विकास के चरण पर पग रखा। डिजिटल इंडिया कार्यक्रम का उद्देश्य देश को डिजिटल रूप से सतर्क समाज और ज्ञान अर्थव्यवस्था में परिणत करना है। यह 7 अगस्त 2014 को डिजिटल इंडिया कार्यक्रम पर प्रधानमंत्री की बैठक के दौरान कार्यक्रम के प्रारूप पर लिए गए महत्वपूर्ण निर्णय का अनुपालन और सरकार के सभी मंत्रालयों को इस विशाल कार्यक्रम के प्रति जागरूक करने के लिए है। जो सरकार के सभी क्षेत्रों पर रोशनी डालती है ।

डिजिटल इंडिया का कार्य -क्षेत्र:

भारत को एक ज्ञान भविष्य के लिए तैयार करना।

परिवर्तन को साकार करने के लिए महसूस करना।

परिवर्तन को सक्षम करने के लिए प्रौद्योगिक को केंद्रीय बनाना।

डिजिटल इंडिया प्रोजेक्ट का शुभारंभ भारत के माननीय प्रधानमंत्री श्री नरेंद्र मोदी द्वारा 1 जुलाई 2015 को किया गया है।डिजिटल इंडिया का उद्देश्य भारत के ग्रामीण इलाकों में इंटरनेट पहुँचाना और इंटरनेट से पूरे

भारत को जोडना है।

डिजिटल इंडिया कार्यक्रम के नौ स्तंभ:

ब्रॉडबैंड हाईवे ।

मोबाइल कनेक्टिविटी के लिए सार्वभौमिक पहुँच।

पब्लिक इंटरनेट एक एक्सेस कार्यक्रम।

ई गवर्नेंस प्रौद्योगिक के माध्यम से सरकार में सुधार।

ई- क्रांति सेवाओं की इलेक्ट्रॉनिक डिलीवरी सभी के लिए सूचना इलेक्ट्रॉनिक विनिर्माण

नौकरियों के लिए आईटी अर्लीहार्वेस्ट कार्यक्रम

डिजिटल इंडिया अभियान की विभिन्न योजनाओं जैसे डिजिटल लॉकर, राष्ट्रीय छात्रवृत्ति,ई- पोर्टल, ई-स्वास्थ्य, ई-शिक्षा, ई-साइन आदि को शुरू करके इस कार्यक्रम के तहते प्रौद्योगिक मैं सुधार करें। डिजिटल इंडिया का उद्देय देश को डिजिटल समाज में परिवर्तित करना है।डिजिटल इंडिया भारत सरकार की आश्वासनात्मक योजना है कई कंपनियों ने इस योजना में अपनी दिलचस्पी दिखाई है यह भी माना जा रहा है की ई-कॉमर्स डिजिटल इंडिया प्रोजेक्ट को सुगम बनाने में मदद करेगा।

डिजिटल इंडिया का उद्देश्य डिजिटल हो पूरा देश।



कक्षा :दसवी 'ए'

उभरती यादें!



वह छोटे - छोटे कदम लेकर आयी भी मैं कुछ नया सीखने की चाह में, किसे क्या पता था इतने सारे यादें, बटोर कर ले जाऊँगी मैं॥ हर एक लम्हा, हर एक पल कभी आज तो कभी कल कैसा यादगार था यह पल हम तो दोस्तों के साथ मग्न थें चुनौतियों का सामना कर रहे थे, किसे क्या पता था वक्त इतनी जल्दी बीत जाएगा ॥

देखते ही देखते यह दिन भी गुजरतें चले गए यादगार लम्हो का नाम है

जिंदगी अरे ! इन्हीं यादो में खो गए हम किसे क्या पता था की स्कूल का आखरी दिन भी बीत जाएगा ! सब अलविदा कह रहे थे खुशी के आँसू बहा रहे थे, पर किसे क्या पता था हम तो यादें बना रहे थे।॥

टीपाली टसवी सी

शालिका

पर्यावरण को बचाना है, प्लास्टिक को नकारना है

प्लास्टिक को बंद कराना है प्लास्टिक को बंद कराना है पर्यावरण को बचाना है प्लास्टिक को बंद कराना है।

कभी भी यह मिट्टी में नष्ट नहीं होती इससे सिर्फ मिट्टी ही दूषित होती है हमारे लिए सिर्फ सुविधाजनक ही होती इसलिए देश को जगाना है प्लास्टिक को बंद कराना है। जानवरों और जलीय जीवों को नुकसान पहुँचाती, चारों तरफ ये फैलती जाती, जलकर भी यह सिर्फ प्रदूषण फैलाती इसलिए प्रतिबंध लगाना है प्लास्टिक को बंद कराना है।

श्रीनिका सातवीं 'डी'



प्लास्टिक है हम सबके लिए घातक यह है देश के लिए विनाशक आओ मिलकर वचन ले कि प्लास्टिक को हटाना है और वातावरण को स्वच्छ बनाना है प्लास्टिक को बंद करना है प्लास्टिक को बंद करना है।

पायल हजारों रूपये में आती है पैरों में पहनी जाती है बिन्दी एक रुपये में आती है और माथे पर सजाई जाती है इसलिए कीमत मायने नहीं रखती है उसका कृत्य मायने रखता है। एक किताब घर में पड़ी गीता व क़ुरान आपस में नहीं लड़ते,

जो उनके लिए लड़ते हैं, वे कभी उनको नहीं पढ़ते हैं। नमक की तरह कड़वा ज्ञान देने वाला भी सच्चा मित्र होता है मीठी बात करने वाले तो चापलूस ही होते हैं इतिहास गवाह है कि आज तक नमक में कीड़े नहीं पड़े, पर मिठाई में अक्सर कीड़े पड़ जाते हैं।

वाह! रे दुनिया.... वाह! क्या दुनिया की रीत....

अच्छे मार्ग पर कोई व्यक्ति नहीं जाता पर बुरे मार्ग पर सभी जाते हैं.... इसलिए दारू बेचने वाला कही नहीं जाता, पर दूध बेचने वाले को घर घर, गली गली, कोने कोने में जाना पड़ता है

रुद्राक्षणि दसवी ए

वाह! क्या रीत है



उच्चस्तरीय शिक्षा चिंता या चुनौती

" मन लगाकर तथा सर झुका कर पढ़ने वाले को, आगे जाकर सर उठाकर जीने का स्वर्णिम अवसर मिलता है।" आधुनिक काल में उच्च शिक्षा, चिंता या चुनौती स्कूली जीवन की यादगार और सुकून भरे समय के समाप्त होने के पश्चात् क्या होगा? कैसे होगा? सही होगा या नहीं होगा? ऐसे प्रश्न प्रत्येक विद्यार्थी के मन में आते हैं और यह हमारे जीवन का सबसे महत्वपूर्ण चरण होता है जो हमारा भविष्य निर्धारित करता है। अब प्रश्न उठता है कि उच्च शिक्षा चिंता है या चुनौती?

चिंता वह है जो हमें घुट- घुट कर मारा करती है और चुनौती वह है जो हमे जीने का मकसद बताती है। चिंता सफल व्यक्ति को भी नीचे गिरा सकती है लेकिन चुनौती किसी को भी सफलता की ओर ले जाने की क्षमता रखती है। चिंता के कारण सरल कार्य भी कठिन प्रतीत होता है किंतु चुनौती कठिन से कठिन कार्य करने की शक्ति प्रदान करती है उच्च शिक्षा चिंता उनको प्रतीत होती है जो समय का सदुपयोग नहीं करते, पाठशाला का कार्य समय पर नहीं करते, और परीक्षा की तैयारी में भी विलम्ब करते है।और भविष्य के बारे में सोचा नहीं।

उच्च शिक्षा जीवन की एक महत्त्वपूर्ण चुनौती होती है जिसे यदि हम पार कर लें तो सफलता हमारे कदम चूमती है " सुखार्थिन: कुत्तों विद्या नास्ति विद्यार्थिन सुखम् । सुखार्थी वा त्यजेद विद्या विद्यार्थी व त्यजेत् सुखमः ॥ संस्कृत के इस श्लोक का अर्थ है- सुख चाहने वाले के पास विद्या नहीं और विद्या चाहने वाले के पास सुख नहीं अत: सुख की चाहत रखने वाले को विद्या का और विद्या पाने वाले को सुख का त्याग कर देना चाहिए। परिश्रम ही सफलता की कुंजी है यदि हम पूरा मन लगाकर कठिन परिश्रम करेंगे। निश्चयवान बनेंगे प्रत्येक कार्य समय पर करेंगे तो निस्संदेह उच्च शिक्षा प्राप्त करना बहुत सरल हो जाएगा। एक व्यक्ति के मन में जब लक्ष्य प्राप्त करने की तीव्र अभिलाषा होती है तो वह हर बड़ी से बड़ी चुनौती भी सरलता से पार कर लेता है लेकिन जब हृदय में उमंग न हो तो एक सरल कार्य भी बहुत बड़ी चिंता में परिवर्तित हो जाता है।

अत: उच्च शिक्षा जीवन की एक कठिन चुनौती अवश्य हो सकती है किंतु चिंता नहीं। बस एक सुनिश्चित लक्ष्य सीखने की ललक, लालसा, रुचि, लग्न इस चुनौती को बहुत सरल बना देती है। इससे यह सिद्ध हो जाता है कि उच्च शिक्षा चिंता नहीं है, एक चुनौती है अन्त में, मैं यही कहना चाहूँगी कि परिंदों को नहीं दी जाती तालीम उड़ानों की, वो खुद ही तय करते हैं मंजिल आसमानों की, रखते हैं जो हौंसला आसमानों को छूने का उनको नहीं होती परवाह गिर जाने की।।

हिता जैन कक्षा दसवीं बी

अविस्मरणीय स्कूल के पल

जब मैं स्कूल जाती थी, लगता था क्या वही भाग दौड़ रोज़ रोज़, ज्यादा पढ़ाई नहीं करती थी मैं, पर फिर भी तब पढ़ाई लगती थी बोझ। थोड़ी पढ़ाई थोड़ा खेल-कूद, सच में वो पल थे बहुत खास अब बीत गए वो पल जो थे मेरे पास पर बची है केवल उन पलों की याद।

कभी हम दोस्त मस्ती करके सबको करते थे तंग, कभी घर पे शिकायत होती तो रह जाते थे दंग पर अब अहसास हो गया की, स्कूल में ही बसती थी हमारी जान।

अन्विता सिंह कक्षा - दसवीं 'स'

विश्वास करो कर्म में

मैं निर्धनता हूँ, तुम मुझे मिटाना चाहते हो या कुछ करके दिखाना चाहते हो पर मुझे प्रिय हो। मैं तुम्हें प्रेम करती हूँ इसीलिए फटे पुराने कपड़े पहनते हो फैलाकर हाथ बाबूजी- बाबूजी करते हो मैं तुम्हारा नसीब हूँ इसलिए तुम्हारे करीब हूँ, लेकिन तुम चाहो तो कीचड़ में कमल खिला सकते हो, धरती आकाश मिला सकते हो मुझको समझो , श्रम को अपनाओ मैं तुम्हारी पाठशाला हूँ , पढ़कर विश्वास करो कर्म में जागो उठो जमाने को हिला दो इस दुनिया से अज्ञान के साथ मुझे भी मिटा दो देखो विश्वास बुला रहा है, उगता सूरज तुम्हें राह दिखा रहा है।

डी.साई शरणी दसवीं ' ए '

चाँद का करिश्मा

चाँद भी क्या खूब है न सिर पर घूँघट है न चेहरे पे बुरका कभी करवा चौथ का हो गया तो कभी ईद का तो कभी ग्रहण का

अगर ज़मीन पर होता तो झूठ कायर विवादों में होता अदालत की सुनाओ आयी योंमैं अख़बार की सुर्ख़ियों में होता

लेकिन.... शुक्र है आसमान में बादलों की गोद में है इसलिए ज़मीन के कविताओं हाँ गृह ज़िलों में महफ़ूज़ है

ममता की मूरत

हमारे हर मर्ज की दवा होती है माँ, कभी डाँटती है हमे, तो कभी गले लगा लेती है माँ, हमारी आँखों के आँसू अपनी आँखों में समा लेती है माँ।

अपने होंठों की हँसी, हम पर लुटा देती है माँ, हमारी खुशियों में शामिल होकर, अपने गम भुला देती है माँ, जब कभी ठोकर लगे, तो हमें तुरंत याद आती है

दुनिया की तिपश में ,हमें आँचल की शीतल छाया देती माँ , स्वयं चाहे कितनी थकी हो, हमें देखकर, अपनी थकान भूल जाती है माँ।

प्यार भरे हाथों से ,हमेंशा हमारी थकान मिटाती है माँ ,

बात जब भी हो लज़ीज़ खाने की ,तो हमें याद आती है माँ,

रिश्तों को खूब सूरत से निभाना सिखाती है माँ।

लफ्जों में जिसे बया नहीं किया जा सके ऐसी होती है माँ,

भगवान भी जिसकी ममता के आगे झुक जाते हैं।

वीणा श्री रेड्डी कक्षा - दसवीं 'सी'

माँ।

एन.मनस्वी दसवी सी

हाय रे परीक्षा

जिस नाम को सुनने से काँपता है हर बच्चा, वह है परीक्षा। परीक्षा का पेपर हाथ में आते ही इतना डर लगता है कि अच्छा नहीं किया, तो घर पर पीटना पक्का है। तीन घंटे में करने होते हैं लगभग चालीस सवाल, एक भी छूटा तो घर पर होता है बवाल। रिजल्ट के एक दिन पहले रात को नींद नहीं आती है, अच्छे नंबर पाने के लिए भगवान की याद आती है। रखते हैं विद्यार्थी भगवान का व्रत अगर फेल हुए तो लगता है होगा ' डंडों से नृत्य " पास होने का मिलता है शानदार इनाम और मुख से निकलता थैंक्यू भगवान!



फिर आती है अगली परीक्षा तब भी मुख से निकलता है " हाय रे परीक्षा "जीवन ही एक परीक्षा है जिससे सदा हमें जूझना पड़ता है ।

जोना मिलीसेंट आठवीं ' सी '

वो दिन भी क्या दिन थे

स्कूल ज्ञान का मंदिर माना जाता है ना केवल मस्ती, दोस्ती और सभी गेम्स पीरियड की यादों को मैं जीवन भर संजोग कर रखूँगी। स्कूल की मीठी यादें --- यूनिफॉर्म --- स्कूल में हम स्कूल यूनिफॉर्म से नफरत करते हैं लेकिन जब हम बड़े होते हैं तो हमें एहसास होता है कि हर दिन क्या पहनना है यह चुनना कितना मुश्किल है, बेल्ट खोलकर घूमने का मजा ही अलग था।

छुट्टियाँ -- हमें स्कूल में कई छुट्टियाँ मिलती है जिन्हें हम बिना किसी तनाव के लापरवाह तरीकों में बिताया करते थे। छुट्टियों के आखिरी दिन पर प्रोजेक्ट करने का मजा ही कुछ और था। दोस्त -- स्कूल लाइफ में सबसे मजेदार यादें दोस्तों के साथ लंच टाइम की होती है। यह सभी अनुभव मेरे दिल में विशेष महत्व रखते हैं।

> ब्रत्ति जैन दसवीं ' बी '

जीवन का अर्थ

ऐ मुसाफिर सफलता की राह पर क्यों तू चलता इतना है ? चल हार मान ले तू , सोचता है तू लिखेगा इतिहास, तू क्या जाने तू बन जाएगा एक उपहास मुसाफिर तो जिंदा दिल था वह हंस के बोला पर्वत और मिट्टी को क्यों है तोला ? क्या कभी तूफान को देख बारिश की बूंदे सहम जाती हैं, ठोकरें तो आसमान में उड़ने वाली मैना भी खाती है। चाहता तो मैं भी शरद की ठंड में रजाई में सोता लेकिन फिर मेरे जीवन में अर्थ कहां होता ? तो तुम्हें बताऊं क्या मैं चोट और ठोकरों से डर कर बैठ जाऊं या पंख फैला के तारों के बीच उफान उठाऊं । चलो मैं तुम्हें वह सिखाऊं जो मैंने इस सफर में सीखा, पैरों में भले ही काटे लेकिन सिर तुम रखना ऊंचा, तुम सिर्फ गिरे हो , मरे अभी नहीं , त्याग दो अपना अभिमान आएगा वह दिन भी जब सफलता खुद करेगी तुम्हें सलाम ।

> रितु सिंह दसवीं ' डी '

डर के आगे जीत है

अधिकतर सभी विद्यार्थियों को लगता है –
" यदि परीक्षाएँ न हो तो अच्छा होता "
जैसे ही परीक्षा का समय निकट आता है, तो मन
घबराने लगता है, दिल की धड़कन तेज हो जाती हैं
सांसें फूलने लगती हैं, ज्वर सा चढ़ने लगता है।
भय के कारण ऐसे प्रतीत होता है, मानो पढ़े हुए
सारे पाठ व ज्ञान मस्तिष्क से लुप्त हो गयें हो प्रश्न
पत्र को देखते ही सिर चकराने लगता है।



ऐसा तभी होता है जब हम परीक्षा देने के लिए पूरी तरह तैयार न हो। और हमारे अंदर आत्मविश्वास की कमी हो, "आलस्य मनुष्य का शत्रु और परिश्रम मित्र होता है " आलस्य से लिप्त होकर जब हम समय का सदुपयोग नहीं करते तब हम परीक्षा के भय से कांपने लगते हैं तमस (अंधकार) को मिटाने के लिए हमें दीपक प्रज्वलित करना पड़ता है। ठीक उसी प्रकार परीक्षा के भय को दूर करने के लिए हमें आंतरिक शक्तियों को जागृत करना पड़ेगा। ईश्वर ने मानव को इतनी शक्ति और क्षमता प्रदान की है कि उसके लिए कोई भी कार्य करना असंभव नहीं है।

मन में हौसला हो तो मनुष्य के आगे कोई दीवार नहीं होती कोशिश करने वालों की कभी हार नहीं होती " मानव जीवन में परीक्षा का महत्वपूर्ण स्थान है हमारी बुद्धि , ज्ञान , क्षमता, विशेषता, योग्यता , श्रेष्ठता ,प्रतिभा आदि का आंकलन करने का साधन केवल परीक्षा है । मैं अपने सहपाठियों और सभी विद्यार्थियों से अनुरोध करती हूँ --

वे रोज सवेरे शीघ्र उठकर नियमित रूप से

एकाग्रचित्त होकर अध्ययन करें । समय का सदुपयोग करें कुसंगति एवं आलस्य से दूर रहें । समय पर पौष्टिक भोजन करें, योगा और ध्यान अवश्य करें । मानसिक रूप से अपने आप को दृढ़ बनाएं और सदा प्रसन्न रहें । सदैव ईश्वर और अपने आप पर विश्वास रखें याद रखें " डर के आगे जीत है " ।

" ज्ञानोदय हुआ है आई है आलोक की बेला , दुनिया देखेगी प्रखरता , योग्यता मेरी प्रतिभाओं का मेला । सफलता की चरमसीमा तक पहुँचेंगे हम,

यह हैं एकाग्रता , आत्मविश्वास व परिश्रम का खेल ।

सृष्टि ठाकुर नवीं " सी "

बच्चों तुम हँसते रहना खुशियाँ खूब लौटाना तुम, देखो फूलों सा खिलना तुम, देखो नदियों सा बढ़ना तुम, झरनों जैसा झरना तुम, बच्चों हँसते रहना तुम, मिश्री – सी वाणी बोलो, पंछी – सा गाते डोलो, गीतों में रस भरना तुम।

हँसते रहना



सूरज - से चम - चम चमको, चंदा - से दम- दम दमको, फूलों से महकना तुम, बच्चों हँसते रहना तुम।

एम. दीक्षिता कक्षा -पाँचवी सी

पढ़ने की उम्र नहीं होती है

इससे कोई फर्क नहीं पड़ता कि आप कितने साल के हैं। पढ़ाई में उम्र कोई मायने नहीं रखती मायने यह रखता है कि आपके पास कितना ज्ञान है और आपने कितना ज्ञान प्राप्त किया है। उम्र सिर्फ शारीरिक विकास की स्थिति निर्धारित करती है। यह आपके ज्ञान को निर्धारित नहीं करता है शिक्षा की कोई सीमा

नहीं है इसके अलावा बूढ़े लोग बच्चों की तुलना में तेजी से सीख सकते हैं और उनके पास बच्चों की तुलना में अधिक अनुभव होता है यहां तक कि हमारा जीवन ही हमें सिखाता है। आप कुछ अपनी सफलताओं और कुछ असफलताओं से सीखते हैं पढ़ाई के लिए कभी देर नहीं होती, हमारा जीवन बहुत छोटा है हमें इस छोटे से जीवन में जो कुछ भी हासिल करना है। उसे करना चाहिए," कम से कम अब पढ़ना शुरू करो " और दूसरों को भी प्रेरित करो । जीवन का सच्चा अर्थ ऐ मुसाफिर सफलता की राह पर

क्यों तू चलता इतना है ? चल हार मान ले तू, सोचता है तू लिखेगा इतिहास,

तू क्या जाने तू बन जाएगा एक उपहास मुसाफिर तो जिंदा दिल था वह हंस के बोला पर्वत और मिट्टी को क्यों है तोला ?

क्या कभी तूफान को देख बारिश की बूँद सहम जाती हैं, ठोकरें तो आसमान में उड़ने वाली मैना भी खाती है। चाहता तो मैं भी शरद की ठंड में रजाई में सोता लेकिन फिर मेरे जीवन में अर्थ कहाँ होता ? तो तुम्हें बताऊँ क्या मैं चोट और ठोकरों से डर कर बैठ जाऊँ या पंख फैला के तारों के बीच उफान उठाऊँ।

चलों मैं तुम्हें वह सिखाऊँजो मैंने इस सफर में सीखा, पैरों में भले ही काँटे लेकिन सिर तुम रखना ऊँचा तुम सिर्फ गिरे हो, मरे अभी नहीं, त्याग दो अपना अभिमान आएगा वह दिन भी जब सफलता खुद करेगी तुम्हें सलाम।

मधुरिमा सातवीं ' डी '

कैसा बन्धन तेरा मेरा

भाई मुझे सताता है रोज चोटी खींचता है। फिरसी प्यार करता पिज्जा, बर्गर रोज मुझे खिलाने ले जाता है कैसा है बन्धन तेरा-मेरा, साथ ना छोड़ देना मेरा। वो मेरे खिलीने चुपा देता हैं पर जब भी मैं गिरती हूँ, मुझे उठाने आ जाता है भाई मेरा हाथ थाम कर रखता है, जब भी मैं रोती हूँ कोई तो मुझे मनाने आता है कैसा है बन्धन तेरा-मेरा साथ न छोड़ देना मेरा॥ वो खुश नसीब हैं जिनके पास भाई है हर बहन की परछाई भाई हैं, भाई होना सुपर हीरों से अच्छा है, बहन का प्यार भाई के लिए सच्चा है। कैसा है बन्धन तेरा-मेरा, साथ ना छोड़ देना मेरा॥



के निशिता रेड्डी छठी बी

हृदयस्पर्शी पल



हर किसी की तरह यादें भी मेरे जीवन का हिस्सा रही हैं। हम अच्छे दिनों को याद करते हैं। जो बीत चुके हैं और बुरे भी। जीवन की अच्छी यादों में से एक निश्चित रूप से मेरी स्कूली जीवन की है। वास्तव में यह कई लोगों के जीवन का सबसे अच्छा चरण माना जाता है मेरा स्कूली जीवन से मुझे जो आत्मविश्वास और प्रेरणा मिली वह मुझे कहीं और नहीं मिल सकता। सबसे महत्वपूर्ण बात यह है कि यह वह स्थान है जहां

मैंने अपनी विशिष्टता और व्यक्तित्व को पहचाना। मेरा स्कूली जीवन मेरे लिए किसी खजाने से कम नहीं है जिसने मुझे जीवन में अमूल्य ख़ुशियाँ दी। यही से मैंने अक्षर सीखना शुरू किया जब मैंने पहली बार अपना स्कूल शुरू किया तो मुझे जो गर्मजोशी से स्वागत मिला, वह कुछ ऐसा है जिसे मैं कभी नहीं भूलूगी यह वही है जो परिभाषित करता है कि मेरा स्कूली जीवन मेरे लिए कितना महत्वपूर्ण क्यों है यह वास्तव में एक अविस्मरणीय यात्रा रही है जो हमेशा मेरे दिल में रहेगी। सबसे महत्वपूर्ण बात यह है कि मैंने यही दोस्त बनाए। दोस्त जो मेरे पूरे जीवन भर ऐसे ही रहेंगे। मेरे स्कूली जीवन का सबसे बड़ा आशीर्वाद वास्तव में मेरे दोस्त रहे हैं। वे ही थे जिन्होंने इस यात्रा को अविस्मरणीय और सुगम बनाया।

मेरे सबसे यादगार पल मेरे दोस्तों के साथ बिताए गये पल हैं। इसके अलावा मुझे वह समय भी याद रहेगा जो हमने स्कूल कैंटीन में अवकाश के दौरान बिताया है मेरे स्कूल जीवन में हर दिन जादुई का अमृत महोत्सव था जैसे कि हम सभी जानते हैं कि हमारे स्कूली जीवन का पहले और आखिरी दिन सबसे यादगार दिन होता है मैंने रोते हुए अपने स्कूल में प्रवेश किया और जाते समय भी मेरे आँखों में वही आँसू हैं । मेरे स्कूल ने मेरी इस यात्रा में अनिगनत ख़ुशियाँ दी हैं जो मेरे जीवन के सबसे अच्छे अविस्मरणीय पल हैं।

बी. हंसिका दसवीं ' डी'

सुविचार

· जिस तरह कीड़ा कपड़ो को कुतर डालता है, उसी तरह ईर्ष्या मनुष्य को।

· क्रोध मूर्खता से शुरू होता है ओर पश्चाताप पर समाप्त होता है।

- नम्रता से देवता भी मनुष्य के वश में हो। जाते हैं
- · संपन्नता मित्रता बढ़ाती है, विपदा उनकी परख करती है।
- एक बार निकले बोल वापस नहीं आ सकत, इसलिए सोन समझकर बात करनी चाहिए
- · धीरज के सामने भयंकर संकट भी धुएँ के बादलों की तरह उड़ जाते हैं।
- · मनुष्य की महत्ता उसके कपड़ों से नहीं वरन उसके आचरण से की जाती है।
- जब तुम किसी की सेवा करो तब उसकी त्रुटियां को देख कर उससे घृणा नहीं करना चाहिए।
- · अंधा वह नहीं जिसके आंखें नहीं है अंधा वह है जो अपने दोषों को ढलता है।
- मनुष्य को अपनी ओर खींचने वाला चुंबक प्रेम है।



दिव्लीन कौर कक्षा – सातवी 'स'

रब की मेहरबानी

प्यार के कटोरे में गंगा का पानी तुम भी पियो हम भी पिए रब की मेहरबानी। तुमने भी सवारी है हमने भी सवारी है ये जमी तुम्हारी है यह जमीन हमारी है होलियोंके रंग से ईद की सेवियों सी मंदिरों के फूलों सी सुबहो की अनजानों सी इस जमी पर लिखना है प्यार की कहानी। प्यार के कटोरे में गंगा का पानी तुम भी पियो हम भी पी रखी है मेहरबानी।।



धर्म जो तुम्हारा है धर्म जो हमारा है धर्म सबका प्यारा है बस भ्रम ने मारा है धर्म पर जो लड़ते हैं धर्म पर जो झगड़ते हैं अपनी इस बुराई से अपनी इस लड़ाई से शर्म से ना हो जाए धर्म पानी-- पानी । प्यार के कटोरे में गंगा का पानी तुम भी पियो हम भी पिए रब की मेहरबानी ।।

मुनज़ा खान, तीसरी ' ए '

अर्ज किया है

कमाल है ना आँखें तालाब नहीं फिर भी भर आती हैं ।।

दिल काँच नहीं फिर भी टूट जाती है। इंसान मौसम नहीं, फिर भी बदल जाता है।।

तेरी दोस्ती को पलकों में सजाएँगे जब तक जिंदगी है साथ निभाएँगे । देने को तो कुछ नहीं है मेरे पास पर तेरे खुशी माँगने खुद जाएँगें खुदा के पास ।। वक्त की तेज रफ्तार ही सिखाती है, बताती है, दिखाती है मंजिल भी, मुसाफिर भी अपना भी पराया भी।।

> किसी के लिए दोस्ती सजा बन जाती है किसी के लिए दोस्ती मजा बन जाती है

पर जो लोग दिल से दोस्ती करते हैं उनके लिए दोस्ती जीने की वजह बन जाती है।

> इ.स. कीर्तना दसवीं ' सी '

बुझो तो जाने

तेली का तेल ,कुम्हार का हंडा, हाथी की सूँड, राजा का झंडा।

(दीप)

तीन है इसके पहरेदार, जिनकी अलग-अलग रफ्तार।
 जो इनके महत्व को समझे, सुखी रहे संसार।

(घड़ी)

दूर बहुत हम रहते है, नही पकड में आते है। दिन में दिखाई नही देते, रात को दिख जाते हैं।

(तारे)

मै बोल नहीं पाती हूँ और सुन नहीं पाती हूँ। बिना आँखों के अंधी हूँ, पर सबको राह दिखाती हूँ।

(पुस्तक)

दूर बादलों में जाकर भी,हाथ तुम्हारे रहती हूँ। करो इशारा उधर ही जाऊँ, मुँह से कुछ न कहती हूँ।

(पंतग)

ऐसा हूँ की, खरीदने पर काला जलने पर लाल , और फेंकने पर सफेद रहता है।

(कोयला)

सी .एन भविष्य कक्षा – नवम् सी

एक कहानी की पहेली हूँ " मैं "

रख सको तो एक निशानी हूँ मैं खो दो तो सिर्फ एक कहानी हूँ मैं रोक ना पाए जिसको यह सारी दुनिया वो एक बूंद आँख का पानी हूँ मैं

सबको प्यार देने की आदत है हमें अपनी अलग पहचान बनाने की आदत है हमें कितना भी गहरा ज़ख्म दे कोई उतना ही ज्यादा मुस्कुराने की आदत है हमें ।। अजनबी दुनिया में अकेला ख्वाब हूँ मैं सवालों से खवफ छोटा सा जवाब हूँ मैं जो समझा ना सके, मैं उनके लिए कौन ? जो समझ गए उनके लिए खुली किताब हूँ में ।। आँख से देखोगे तो खुशी पाओगे दिल से पूछोगे तो दर्द का सैलाब हूँ मैं अगर रख सको तो एक ही निशानी हूँ मैं खो दो तो सिर्फ एक कहानी हूँ मैं



आशिता सिंह आठवीं ' डी '







































FELICIA INITIUM 2022-2023





Competition makes us better and better





































































































































































































































































































































































































































































































































































































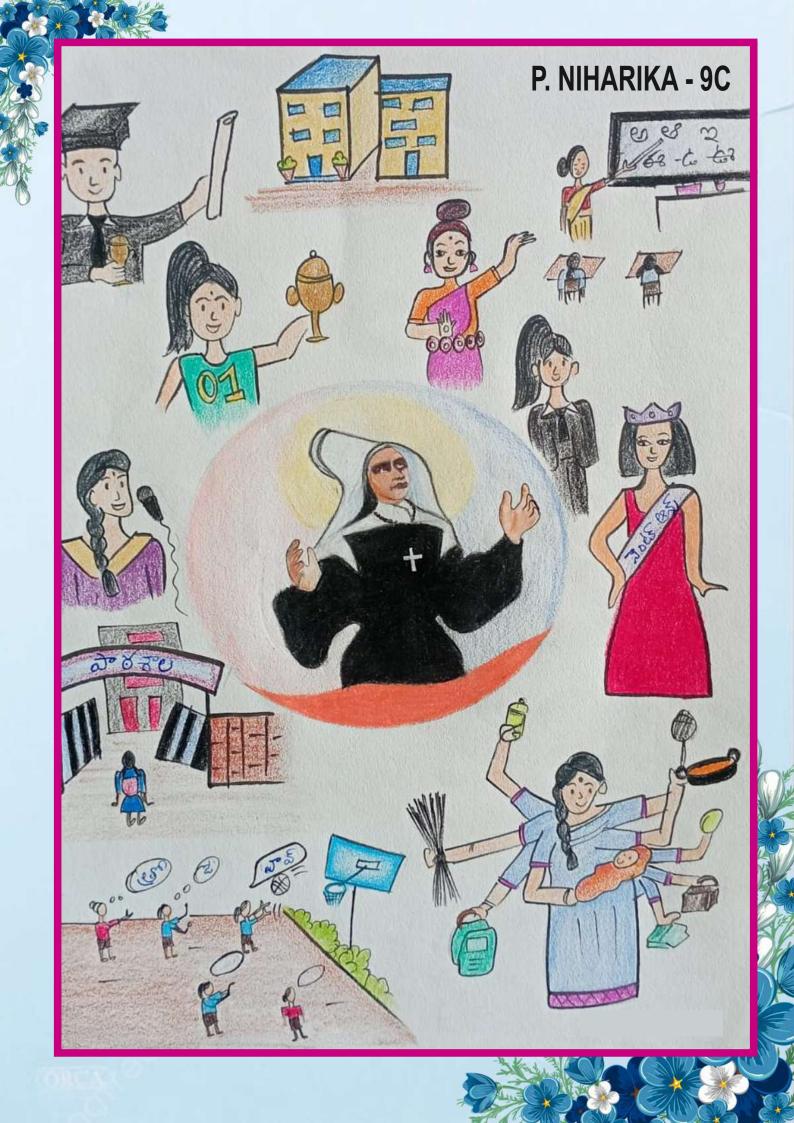












සිනෙක් ක්කෘම



















వీషయ సూచిక

- 1. తెలుగు సమితి రిపోర్ట్
- 2. తెలుగు భాషా దినోత్సవం
- 3. ತಲುಗು ಭಾವ ಕ್ರಾಮುಖ್ಯತ
- 4. నా దేవుని కన్నులు నన్ను చూస్తున్నాయి
- 5. అమ్మ
- 6. నాన్నను అర్థం చేసుకో
- 7. గురువు
- 8. అక్షర సత్యాలు
- 9. నేల యొక్క ప్రాముఖ్యత
- 10. ప్రకృతి నేస్తం
- 11. యువత నీ గమ్యం సరి చేసుకో
- 12. భరతమాత సుతుడు
- 13. ్స్పీ
- 14. ಮರ್ಪಿಳಭ್ಯುದಯಂ
- 15. ఋతువులు వర్ణన
- 16. పూర్వం రూపాయి విభజన
- 17. అక్షరం

- 18. విద్య
- 19. ವಿದ್ಯ ವಿನಯೆನ శోభతే
- 20. [పతి ఒక్కరిలో టాలెంట్
- 21. కలలో మళ్లీ బడికి
- 22. [්්්රස
- 23. సమయం మీ వైపు
- 24. ప్రకృతి మాత
- 25. నువ్వు ఎవరు
- 26. నమ్మకం
- 27. క్యాంటీన్లో జ్ఞాపకాలు
- 28. మన జీవితం వీడియో గేమ్ వంటిది
- 29. ಅಮ್ಯಾಯ ఎಲ್ ఉಂಡಾಲಿ
- 30. రైతులు సేంద్రియ ఆహారమే పండించాలి
- 31. సంగీతం
- 32. మనసు
- 33. ನಾ ಮరపురాని ၊ పయాణం
- 34. ఈచ్ వన్ టీచ్ వన్

తెలుగు సమీతి రిపోర్ట్

"తేనె లొలుకు భాష తెలుగు భాష"

" ఇటాలియన్ ఆఫ్ ద ఈస్ట్ " అని విదేశీయులు మెచ్చిన భాష. ప్రభుత్వ ప్రోత్సాహం ఉండటం వలన పాఠశాలలో తెలుగు భాష మొదటి భాషగా విద్యార్థులు చదువుతున్నారు..భాషేతరులు తప్పనిసరిగా తెలుగు రెండవ భాషగా నేర్చుకుంటున్నారు.

తెలుగును ప్రోత్సహించుటకు, ఇంకా చక్కగా వ్రాయుటయందు తర్పీదు ఇచ్చుటకు తెలుగు భాష సాహిత్య దిశగా విద్యార్థుల దృష్టి మళ్లించవలసిన బృహత్తర బాధ్యత ఉపాధ్యాయులు నిర్వహించుట ద్వారా తెలుగు భాష పురోగతి సాధిస్తుంది. కనుక తెలుగు సమితి విద్యార్థులు ఎంతో ఉత్సాహంగా తెలుగు రాని వారికి బోధిస్తూ తమ వంతు బాధ్యతను నిర్వర్తిస్తున్నారు.

"తేనెలోలుకు భాష తెలుగు భాష

మనసు తెలిసిన భాష మధురమైన భాష తెలుగు భాష "

గౌరవనీయులైన మా ప్రధాన ఉపాధ్యాయురాలు సిస్టర్ అన్నపూర్ణ గారు తెలుగు సమితిని ఎంతో ప్రోత్సహిస్తున్నారు. తెలుగు భాష యొక్క తీయదనాన్ని, కమ్మదనాన్ని మన భారతీయులు మర్చిపోకుండా, విద్యార్థి దశ నుంచి ఉపాధ్యాయులు ఎంతగానో కృషి చేస్తూ విద్యార్థులకు తెలుగు యొక్క ప్రాముఖ్యతను తెలియజేస్తున్నారు. తెలుగు భాష యొక్క మాధుర్యాన్ని తెలుపుతూ మన విద్యార్థులు తెలుగు సమితిలో ఎన్నో కార్యక్రమాలను ప్రదర్శించారు.

ఈ సంవత్సరం తెలుగు సమీతి ద్వారా ఎన్నికైన విద్యార్థినులు.

ఉన్నత తరగతులు:

అధ్యక్షురాలు: వి. నిత్యా జాస్మిన్

ఉప అధ్యక్షురాలు: పి. పూర్వి అనన్య

మాధ్యమిక తరగతులు:

అధ్యక్షురాలు: ఆర్. వర్జిక రెడ్డి

ఉప అధ్యక్షురాలు: అప్పని.సింధు



తెలుగు భాష దినోత్సవం

"తీయనైన భాష తల్లి భాష అమ్మ మాట్లాడు భాష అమృత భాష" తెలుగు అనే పదంలోనే ఎంతో మాధుర్యం ఉంది కదా?

అమ్మదనం నిండిన కమ్మనైన భాష మన తెలుగు భాష. ఆగస్టు 29వ తేదీన ఒక ప్రత్యేకత ఉంది. వ్యవహారిక భాష ఉద్యమకర్త అయినా గిడుగు వెంకట రామమూర్తి పంతులు గారి పుట్టినరోజు. ఈరోజు గ్రాంధిక భాషలో ఉండే పాఠ్యాంశాలను వాడుక భాషలోకి మార్చాలని ఎంతగానో కృషి చేసిన వారు గిడుగు వెంకట రామమూర్తి పంతులుగారు.

తెలుగు భాషకు ఆయన చేసిన కృషి చిరస్మరణీయం. ప్రతి విద్యార్థికి సులువైన పద్ధతిలో పాఠ్యాంశాలు ఉండాలని ఆలోచించి మనం ఇంట్లో మాట్లాడే భాష బడిలో మాట్లాడే భాష వేరుగా ఎందుకు ఉండాలి అని అనుకొని వాడుక భాషలోనే పాఠ్యాంశాలు ఉండాలని ఉద్యమం చేశారు. ఈయన చేసిన కృషిని గుర్తించి ఈయన పుట్టినరోజు అనగా ఆగస్టు 29వ తేదీన "తెలుగు భాషా దినోత్సవం "గా జరుపుకుంటారు.

మనిషి పుట్టిన తరువాత మొదటగా భాష నేర్చుకునేది అమ్మ ఒడిలోనే అదే మన మాతృభాష. ఈ సృష్టిలో ఎన్నో జీవరాసులు ఉన్నాయి. కానీ అందులో ఒక మానవుడికి మాత్రమే తమ మనసులోని భావోద్వేగాలను బయట పెట్టడానికి భాష అనే ఆయుధం తోడ్పడుతుంది. ఎన్ని భాషలు ఉన్నా మన మాతృభాష యొక్క గొప్పదనం గురించి వేరే చెప్పనవసరం లేదు. తెలుగు భాషలోని పద్యాలు, గేయాలు, మొదలగునవి వాటికవే సాటి వాటికి లేవు పోటీ. అందుకే అన్నారు శ్రీకృష్టదేవరాయలు" దేశ భాషలందు తెలుగు లెస్స". దీనిని బట్టి తెలుస్తుంది మన తెలుగు భాష యొక్క గొప్పదనం. మాతృభాష తల్లిపాల వంటిది. పరభాష పూత పాల వంటిది అని కొమ్మరాజు లక్ష్మణ్ రావు గారు చెప్పారు. అనగా ఏ ప్రాంతం వారికైనా వారి భాష అమ్మ లాంటిది. అటువంటి మన మాతృభాషనే మనం భాషించుదాం అని తెలుపుతూ అందరికీ తెలుగు భాషా దినోత్సవ శుభాకాంక్షలు.

కె. పూర్వి అనన్య IX A

గురువు

జాతికి కడు గొప్ప ఖ్యాతి నందించే వ్యక్తుల దీర్చెడుశక్తి గురువు మట్టి మనుషులందు దిట్టతనంబును స్థాపించగలిగిన శక్తి గురువు బరువుగా మారిన బ్రుతుకుల యందున సంతోషము నింపు శక్తి గురువు ఎద ఎడారులలో జీవనదులు నింపి జీవసత్యము నింపేడి శక్తి గురువు....



G.**మనోజ్ఞ**

తెలుగు భాషా ప్రాముఖ్యత



మన తెలుగు భాషకు చాలా (పాముఖ్యత ఉందన్న సంగతి తెలుసుకోవాలి. ముఖ్యంగా తెలుగువారిమైన మనం కచ్చితంగా తెలుసుకోవాలి. ఎందుకంటే తెలుగు మన మాతృభాష కాబట్టి. చాలామందికి ఈ విషయం ఇప్పటికీ కూడా తెలిసి ఉండకపోవచ్చు. అదేమిటంటే (ప్రపంచ ఉత్తమ లిపిలలో మొదటి ఉత్తమ లిపి కొరియాది నిలవగా, రెండవ ఉత్తమ లిపి గా మన తెలుగు లిపి నిలవడం మన తెలుగు వారందరూ

గర్వించదగ్గ విషయం. ఇంతటి ప్రాధాన్యం ఉన్న మన తెలుగు భాషని మనం వదిలి పరాయి భాషను భావవ్యక్తీకరణకు వినియోగించడం చూస్తుంటే నాకు ఒక్కోసారి బాధేస్తుంది. సందర్భానుసారం పొరుగు భాష ఉపయోగించడంలో అర్థం ఉంది కానీ ఆ సందర్భాల్లో కూడా తెలుగు భాషను కాదని ఇతర భాషలు భావవ్యక్తీకరణకు ఉపయోగించడం సరైనది కాదు. అన్ని భాషలు నేర్చుకోవాలి కానీ తల్లి భాషను మరవకూడదు. తెలుగువారమైనందుకు మనం మన తెలుగుని కాపాడుకోవాల్సిన బాధ్యత కూడా మనది అన్న సంగతి అందరూ గుర్తుపెట్టుకోవాలి.

మన భాష గురించి (పస్తావిస్తూ పోతే లెక్కలేనన్ని వ్యాసాలు రాయాల్సి వస్తుందేమో.



ఏ.సింధు 7 డి విభాగం.

భా

అమ్మ

కనులు తెరిచిన క్షణం కనపడే రూపం అమ్మ తన ఆత్మ శరీరం పంచి మనకు జన్మనిచ్చిన దివ్య రూపం అమ్మ తన రక్షాన్ని పాలుగా మార్చి



మన (పాణం నిలుపుతుంది అమ్మ మన కాంల్లో ముల్లు విరిగిన విలవిలలాడిపోయేది అమ్మ (పేమతో నీ కూతురు

బి.హంసిక. తరగతి: 2D.

ప్రకృతి నేస్తం

తొలకరి "చిరుజల్లు" మా అమ్మ చిరునవ్వు గర్జించే "మేఘం" మా అమ్మ చిరు కోపం ఉదయించే "సూర్యోదయం" మా అమ్మ (పేమ "కోయిలమ్ము" పాట మా అమ్మ మాట పనికించే "చలి"లో వెచ్చదనం మా అమ్మ ఒడి అందాల "హరివిల్లు" మా అమ్మ అందం ఈ ప్రకృతిలోని కనిపించే అందాలు అన్ని అమ్మవే



అందుకే అమ్మే నా తొలి "నేస్తం" ఈ "ప్రకృతి""అమ్మ" రెండు ఒక్కటే.



పి. శ్రేయ (శీ 4.ఎ

నా దేవుని కన్నులు నన్ను చూస్తున్నాయి

తల్లి గర్బంలో పిండంగా ఉన్నప్పటినుండే నా దేవుని కన్నులు నన్ను చూస్తున్నాయి.

నేను మాట్లాడిన, ఆలోచించిన, నడిచిన, ఎక్కడ ఉన్నా, నా దేవుని కన్నులు నన్ను చూస్తున్నాయి. నేను ప్రార్థించిన, నేను ఆయన సన్నిధిలో గడుపుట కూడా, నా దేవుని కన్నులు నన్ను చూస్తున్నాయి. నా అహంకారం, నా గర్యం, నా అసూయ, నా పొగరు, నా

నా అహంకారం, నా గర్వం, నా అసూయ, నా పొగరు అవివేకం, నా అవిశ్వాసం అన్నీ కూడా నా దేవుని కన్నులు నన్ను చూస్తున్నాయి.

నా మంచితనం, నా సహనం, నా తగ్గింపు, నా ఓర్పు అన్నీ కూడా నా దేవుని కన్నులు నన్ను చూస్తున్నాయి.

నా ప్రపతి కదలికను, నా ఆలోచనలు, నా మార్గాలను, అన్నింటిని నా దేవుని కన్నులు నన్ను చూస్తున్నాయి.

అందుకే మనుషులకు కాదు గాని దేవునికి భయపడి ఆయన యందు భయభక్తులు ఉంచిన యెడల నా చదువును, నా నడతను, నా మాటను, నా సమస్తమును నా దేవుని కన్నులు నన్ను చూస్తున్నాయి.

నేను చేసే (పతిదీ నా దేవుని కన్నులు నన్ను చూస్తున్నాయి.



వి. నిత్య జాస్మిన్ lx A

ವಿದ್ಯಾ ವಿನಯೆನ ಕ್ಇತತೆ

విద్య వినయేన శోభతే విద్య ఎన్నో ఇస్తుంది నేర్పిస్తుంది. విద్య వలన ఏమి రావాలి. విచక్షణ జ్ఞానం, వివేకం, నిత్యా నిత్య విచారణ ఇత్యాధులు. సరైన విద్యార్థికి వీటితో పాటు రావలసిన గుణం



వినయం. వినయం లేని విద్య రాణించదు. ఎవడైతే తనకు అన్ని తెలిసాయి అని అనుకుంటున్నాడో వాడికి ఏమీ తెలియవు అన్నది స్పష్టం. తనకు ఏదీ రాదు అని తెలుసుకున్న వాడు సరైన విద్యార్థి. మనకున్న విజ్ఞానాన్ని తెలుసుకోవాలంటే కొన్ని జన్మలైనా సరిపోవు. ఇక్కడ ఎటువంటి విద్య గురించి చెబుతున్నారు. ఏ విద్య తెలుసుకుంటే అన్ని అవగతం అవుతాయో అటువంటి ఆత్మవిద్య వినయం. వినయం వలన ఏమి వస్తుంది?

వినయం నీకు ఏమి తెలుసు ఏమి తెలియవు చెబుతూ పెద్దల వద్ద విన్నమత నేర్పుతుంది. అనుభవం ఉన్న పెద్దల వద్ద నాకు తెలుసు

అన్న అహంకారం ప్రదర్శిస్తే నీకు ఎలాగూ తెలుసు కదా అని వదిలేస్తారు. నువ్వు మరీ ఏమి నేర్చుకోలేవు నువ్వు నేర్చుకోవాలి అనుకుంటే ముందు కావాల్సింది వినయం. ఈ వినయం వలన నీలోని అహంకారం నశించి నువ్వు ఏదైతే తెలుసుకుంటే మరింకేమీ తెలుసుకోనక్కర్లేదు అటువంటి విజ్ఞానానికి పాత్రుడవు అవుతావు. ఈ విద్యా జ్ఞానం వలన వినయం వలన నువ్వు పాత్ర సంపాదించుకో గలవు.

> చీల (శీజని 8D

అమ్మ

- అమ్మ అనేది భగవంతుని యొక్క ఉత్తమ సృష్టి
- (ಮೆಮ ದಯ ತ್ಯಾಗಾನಿಕಿ (ಏತ್ಯೆಕ ಅಮ್ಮ.
- మా అమ్మ పేరు మమత.
- మా అమ్మ ఉదయాన్నే లేచి మా కోసం అన్ని పనులు చేస్తుంది.
- మా అమ్మ నాకు మంచి అలవాట్లు మరియు నైతిక విలువలను నేర్చుతుంది.
- మా అమ్మ నాకు ఇష్టమైన వంటలను చేసి పెడుతుంది.
- మా అమ్మ నాకు చదువులో ఎంతో సహా సహాయం చేస్తుంది.
- మా అమ్మ నన్ను పాఠశాలకు తీసుకువెళ్లి పాఠశాల అయిపోయాక తిరిగి సాయంత్రం ఇంటికి తీసుకువస్తుంది.
- మా అమ్మ అందరి కోసం చాలా కష్టపడుతుంది.
- మా అమ్మ కుటుంబంలోని అందరి ఆరోగ్యం కోసం ఎప్పుడు ప్రార్థిస్తుంది.
- మా అమ్మ అంటే నాకు చాలా ఇష్టం. నేను అమ్మను చాలా [పేమిస్తున్నాను.

నీ ప్రియమైన కూతురు





N. పావని. తరగతి: 1D

గురువు

అక్షరాలు దిద్దిస్తున్నప్పుడు తెలియలేదు నా జీవితాన్ని మలుపు తిప్పుతున్నారని కోపగించుకున్నప్పుడు తెలియలేదు నాపై బాధ్యతను పెంచుతున్నారని చేతి మీద కొట్టినప్పుడు తెలియలేదు నా చేతికి పదును పెడుతున్నారని (పశ్మలు అడిగినఫ్పుడు తెలియలేదు (పపంచాన్ని పరిచయం చేస్తున్నారని పరీక్ష పెడుతున్నప్పుడు తెలియలేదు నా ఆత్మవిశ్వాసాన్ని పరీక్షిస్తున్నారని మార్పులు ఇస్తున్నప్పుడు తెలియలేదు నాలో సామర్థ్యాన్ని నింపుతున్నారని ఈ క్షణం తెలుస్తుంది నాలో..., ఒక విశాల (పపంచాన్ని సృష్టిస్తున్నారని ఒక మహా శక్తిగా మలిచారని కాలం వెనక్కి వెళితే.... మీతో మళ్ళీ.... ದಬ್ಬಲು ತಿಂಟಾಂ మీ అనురాగానికి పాత్రులమవుతాం



యువత! నీ గమ్యం సరి చేసుకో

విద్యా వినయాన్ని నేర్పిస్తుంది కానీ అవిధేయత నేర్పించదు విద్యా నిజాయితీని నేర్పిస్తుంది కానీ అవినీతిని నేర్పించడు నాయకత్వం పోరాటాన్ని నేర్పిస్తుంది కానీ వెన్నుపోటు నేర్పించదు శాస్త్రం విజ్ఞానాన్ని నేర్పిస్తుంది కానీ అజ్ఞానాన్ని నేర్పిస్తుంది కానీ అజ్ఞానాన్ని నేర్పించదు అంతా మంచే నేర్పిస్తే ఇన్ని తేడాలు ఎలా వస్తున్నాయి ఎక్కడో మార్గం తప్పుతున్నారు యువత పక్కదారులు తొక్కుతున్నారు యువత నీ గమ్యం సరి చేసుకో







Y. ಲಾಸ್ಯ (ಪಿಯ 8.c

భరతమాత సుతుడు

సైనికులు

ದೆ ಕನ್ನಿ ನಿ ಎ ಎಂತೆ ರಕ್ಷಿಂದೆ ಸ್ಪನಿಕುಡ್



అలుపెరుగని పోరాటం చేసిన ధీరుడా శుతువుల ధాటికి వెన్నుచూపని వీరుడా మా కోసం ప్రాణాలు వదిలిన భరతమాత సుతుడా ఏమిచ్చి

తీర్చగలం మీ రుణం నీ నుదుటిన వీర తిలకం దిద్దిన నిన్ను కన్న తల్లికి యావత్ భారతావని చేస్తుంది సలాం....

B. ప్రాచిత 9.A

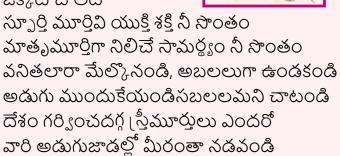


ညီ

్రపతి ఇంటి ఆ గృహలక్ష్మి గా నిలిచిన ఓ వనిత నీవు లేని ప్రపంచాన్ని ఊహించటం సాధ్యమా ఓర్పు సహనం త్యాగం ఇవి అన్ని నీ సొంతం కారుణ్యం (పేమతత్వం నీలోనే నిక్షిప్తం మొక్కవోని ధైర్యానికి శివాజీయే నిదర్శనం

అది నింపిన జిజియా బాయ్ తల్లులకు ఆదర్శం తల్లి ఒడి తొలి బడి అను నానుడిని

నిరూపించు తార్కాణం ఇది ఒక్కటి చాలదా



ಲಾస್ಯ [ಪಿಯ 8.c



నేల యొక్క ప్రాముఖ్యత



[పతిరోజు నాకోసం రెక్కలు కట్టుకు వాలుతున్నది తూర్పు దిక్కున ఓ తార.... నాతో కలిసి అడుగులు వేస్తూ నేను అలసిన వేళ పడమర వైపు వాలుతున్నది

ఊరు వెళ్తూ చుట్టము చేత వెండి వెలుగులు పంపుతున్నది నాపై నల్లని దుప్పటి కప్పుతు కమ్మగా నిద్రపుచ్చుతున్నది

> బి. సిరి చందన 8.ఎ



అక్షరం

పదునెక్కిన ఆయుధం ఉద్యమకారుని చేతిలో చీకటిని చీల్పి వెలుగు రేఖ గురువిచ్చే మాటలో అందమైన రాత రచయిత గీతలో చరిత్ర పునాదులకిఊతమిచ్చేఅక్షరం చదువులమ్మ గుడి నుంచి విస్తరిస్తూ విస్తరిస్తూ కాళ్లకు గమనాన్ని దశ దిశని నిర్దేశిస్తూ

D. స్టెఫీ 8.C



ముందుకు సాగుతుంది ఈ అక్షరం

పూర్వం రూపాయి విభజన

ఒక రూపాయికి-2 అర్ధ రూపాయలు

ಒಕ ರುವಾಯಿಕೆ- 4 ವಾವುಲಾಲು

ಒಕ ರುವಾಯಿಕಿ-8 ಬೆಡಲು

ಒಕ ರುವಾಯಿಕೆ-16 ಅಣಾಲು

ಒಕ ರುವಾಯಿಕೆ-32 ಅರ್ಧನಾಲು

ఒక రూపాయికి- 64 కానీలు

ఒక రూపాయికి-.128 ఏగానీలు

ఒక రూపాయికి-192 దమ్మిడీలు

ಒಕ ರುವಾಯಿಕಿ-384 ರ್ಲಿಲು

ఒక రూపాయికి- 768 గవ్వలు





విద్య

బాల్యం నుండి నేర్చుకునేది విద్య విదేశాలలో స్నేహితుడులా ఉండేది విద్య మనకంటూ ఓ గుర్తింపు తెచ్చేది విద్య మనకు సంపాదన తెచ్చి పెట్టేది విద్య మనకు మంచి జ్ఞానాన్ని అలవర్చేది విద్య మనకు మంచి మార్గాన్ని చూపేది విద్య మనిషిలో మార్పు తెచ్చేది విద్య మనిషిలో వెలుగు నింపేది విద్య కావున "విద్య రానీ వాడు వింత పశువు" అంటారు పెద్దలు

> S. హర్షిత రెడ్డి 2.c

ప్రపతి ఒక్కరిలోప్రపతిభఉంటుంది

"ప్రతిభా ఎప్పుడు స్థిరంగా ఉండదు. ఇది ఎల్లప్పుడూ పెరుగుతుంది లేదా తగ్గుతుంది." ప్రతి ఒక్కరిలో ప్రతిభ ఉంటుంది. ప్రతి ఒక్కరూ జీవితంలో అసాధారణంగా చేయగలిగే సామర్థ్యాన్ని కలిగి ఉంటారు. దురదృష్టవశాత్తు, మన ప్రతిభ ఏంటని ఎవరైనా అడిగితే కాసేపు ఆలోచించి మన దగ్గర ప్రతిభ లేదని చెబుతాం. మనము మన ప్రతిభను అన్వేషించడానికి ఎప్పుడు ప్రయత్నించలేదు. ప్రతి ఒక్కరిలో ప్రత్యేకత ఉంటుంది. మీరు వైకల్యం ఉన్న వ్యక్తిని పరిశీలించినప్పటికీ, మీరు అతనితో ఏదో ఒక ప్రత్యేకతను కనుగొంటారు. అందువల్ల ఈ ప్రపంచంలో మీ ఉనికిని ఎప్పుడు అనుమానించకండి.

కొన్ని సార్లు మనం మన ప్రతిభను విస్మరిస్తాము. ఎందుకంటే అది మనకు సాధారణ విషయంగా అనిపిస్తుంది. జన్మతః మీరు ప్రతిభతో జన్మించి ఉండవచ్చు. ఉదాహరణగా రాయడం,మాట్లాడడం,పాడటం, చిత్రలేఖనం ,వంట ,నృత్యం ఏదైనా కావచ్చు. మీ ప్రతిభ ఏంటేని ఎవరైనా అడిగితే? గర్వంగా చెప్పండి. మీరు మీ ప్రతిభను అభినందిస్తే మీరు అభివృద్ధి చెందడానికి కొత్త దిశను ఎన్నుకున్న ట్టే. ఇది మీ జీవితంలో మిమ్మల్ని ఎక్కడికి తీసుకు వెళుతుంది నీకు ఎప్పటికీ తెలియదు.

ప్రకృతి మాత

అందరికిఅమ్మ ఉంటుంది .అమ్మ బిడ్డలందర్నీతన ఒడి చేర్చి ఆలనా పాలన చూసి (పేమతో (పేమించి పెద్దవాళ్ళని చేసి ఆరోగ్యవంతమైన జీవితాన్ని (పసాదిస్తుంది. అలాగే మనల్ని కనిపెంచిన అమ్మలందరికీ మరియు (పపంచంలో ఉన్న సమస్తజీవరాసులకు అమ్ముపకృతి మాత . ఈ (పకృతి తనలో భాగాలైన భూమి ,ఆకాశం,నీరు,నిఫ్స్ము, గాలి పంచభూత సమతుల్యతతో సకల

జీవరాసులకుఆరోగ్యకరమైన జీవనాన్ని కలగజేస్తుంది . ఆరోగ్యమే మహాభాగ్యము. మనకు ఎన్ని సిరి సంపదలున్నా ఆరోగ్యం సరిగా లేకపోతే మనిషికి సుఖశాంతులు ఉండవు. మనుషుల్లో ఏర్పడిన " వ్యక్తిగత స్వార్థమే సామాజిక అనర్ధానికి కారణం ".అవుతోంది. ఫలితంగా గాలి, నీరు నేలకు కాలుష్యానికి గురి చేస్తున్నారు.

గాలి:-వాహనముల ,పరిశ్రమల ద్వారా అధిక కర్బనాలను విషవాయువులను గాల్లోకి వదులుతూ వాయు కాలుష్యం



చేస్తున్నారు. నేల:-వ్యవసాయం పేరుతో రసాయన ఎరువులు క్రిమిసంహారకరసాయనాలనుఅధికంగా వాడుతూ ఉండడం ప్రజలంతా బాధ్యతా రహితంగా వాడుకొని విసిరేస్తున్న ప్లాస్టిక్- పాలిథిన్ పేపర్లుభూమిని విషపూరితం చేస్తున్నారు. అందుచేత భూగర్భ జలాలు కూడా కాలుష్యంగా మారుతున్నాయి. వృక్టో రక్షతి రక్షితః -చెట్లను కాపాడితే మనకు ప్రాణవాయువునుప్రసాదించి కావాలసినంత వర్తపాతాన్ని అందిస్తాయి. అటువంటి చెట్లను నరికి వేయకుండా మొక్కలు నాటి చెట్లుగా పెంచి ప్రకృతి మాతను కాలుష్యరహితంగా మార్చుకుందాం. అందుచేతమిత్రులారా మనమంతా ఈరోజు నుంచి మొక్కలు పెంచుదాం . పరిసరాలను పరిశుభంగా ఉంచుదాం. అలా చేస్తే మన ఊరి స్వచ్ఛంగా ఉంటుంది . "ప్రకృతి మాత "తన బిడ్డలమైన మన అందరికీ చక్కటి ఆరోగ్యవంతమైన జీవనాన్ని ప్రసాదిస్తుంది.



ಐಕ್ವರ್ಯ, - 8 €

్రపేరణ

్రపేరణ అనేది, మానవుల నిర్దిష్ట సమయంలో ప్రవర్తనను ప్రారంభించడం, కొనసాగించడం లేదా ముగించడం. వివిధ మానసిక స్థితిలు ఒకదానితో ఒకటి పోటీ పడతాయని మరియు బలమైన స్థితి మాత్రమే ప్రవర్తనను నిర్ణయిస్తుందని తరచుగా భావించబడుతుంది. ఇది వ్యక్తి యొక్క అవసరాలు



లేదా కోరికలను సూచిస్తుంది. ఇది ఒక లక్ష్యాన్ని సాధించడానికి చేర తీసుకోవడానికి వ్యక్తులను[పేరేపించే [ప్రక్రియ.ఒక కార్యాచరణ కావాలనుకుంటే, [పేరణ అంతర్గతంగా ఉండవచ్చు లేదా బాహ్యంగాఉండవచ్చు. బాహ్య[పేరణ కంటే అంతర్గత [పేరణ ఎక్కువ [ప్రయోజనకరమైన ఫలితాలను కలిగి ఉంటుంది.[పేరణ అనేది ఆచరణాత్మక హేతుబద్ధతకు దగ్గరి సంబంధం కలిగి ఉంటుంది.[పేరణ నిరాశలో ఉన్న వ్యక్తిని ఆశావాదపు అంచుల దాకా తీసుకెళ్తుంది. అవరోధాల దారుల అధికమింప చేస్తుంది .సమస్యల

వంతెనలు సులువుగా దాటిస్తుంది. ఆత్మవిశ్వాసాన్ని పెంపొందిస్తుంది. లక్ష్యం వైపు నడిపిస్తుంది. విజయాన్ని చేకూరుస్తుంది. అందుకే అవసరమైన చోట (పేరణ ప్రాధాన్యతను గుర్తించాలి. కొందరికి వ్యక్తిత్వ వికాస (గంథాలు (పేరణనిస్తాయి. ఇలా ఏదో ఒక అంశం, ఏదో ఒక పుస్తకం (పేరణ నిచ్చేది గాఉంటుంది. ఆ (పేరణ వ్యక్తిని తీర్చిదిద్దుతుంది.

వర్ణిక రెడ్డి, 7 "డి" .

కలలో..... మళ్లీ బడికి!

ఎక్కువ మందికి వచ్చే కలలలో స్కూలు కల ఒకటి. ఆ కలలో మన చిన్నప్పటి రూపమే కనిపిస్తుంది.



చిన్నప్పటి స్కూలే కనిపిస్తుంది. అపురూప జ్ఞాపకాల్లో కొన్ని మళ్లీ మళ్లీ గుర్తుకు వచ్చి కలలు రూపంలో దర్శనం ఇస్తాయి. స్కూలు అనేది అపురూప జ్ఞాపకాల్లో ఒకటైనప్పటికీ... కలలో కనిపించే స్కూలు కేవలం దానికి మాత్రమే పరిమితమైనది కాదు ఆ కళకు విస్తృతార్థాలు ఉన్నాయి.

ఒకే ఒక ముక్కలో చెప్పాలంటే స్కూలు అనేది మన నిత్య జీవిత వ్యవహారాలను ప్రతిబింబించే వేదిక. స్కూలుకు లేట్ అయిందని వేగంగా పెరుగెత్తుకు వస్తుంటా.... టీచర్ తిడుతుందేమో అనే భయం దారి పొడుగునా వెన్నంటే ఉంటుంది. ఇక్కడ ఆలస్యం అనేది అనేక విషయాలను సూచిస్తుంది. స్కూలు అనేది ఒక

లక్ష్యం అనుకుంటే, ఆలస్యం కావడం అనేది లక్ష్మసాధనలో జరిగే జాప్యాన్ని, అసహనాన్ని సూచిస్తుంది. చాలా కష్టపడి చదివినప్పటికీ.... పరీక్షల్లో ఫెయిల్ అయ్యి టీచర్ల చేత

తిట్టించుకున్నట్లుగా కలవొస్తుంది కొన్నిసార్లు. సార్..."నేను చాలా కష్టపడి చదివాను" అంటామో లేదో పిల్లలు అందరూ ఎగతాళిగా నవ్వుతుంటారు. ఒక పనిని చాలా కష్టపడి, చిత్తశుధ్ధితో చేసినప్పటికీ సరైన ఫలితం కొన్నిసార్లు చేతికందదు. ప్రయత్న లోపం లేకపోయినప్పటికీ ఫలితం చేతికి అందకపోవడాన్ని సూచించే కల ఇది. క్లాస్ జరుగుతుంటే వెనుక బెంచ్ లో కూర్చుని నిద్రపోతున్నట్లు కూడా కొన్నిసార్లు కల వస్తుంది. ఏది జరిగినా... పట్టించుకోకుండా ఎంత మాత్రం స్పందన లేకుండా ఉండే పరిస్థితినీఇది [పతిబింబిస్తుంది. నిత్య జీవితంలో చోటు చేసుకునే రకరకాల సంఘటనలు కావచ్చు, భావోద్వేగాలు కావచ్చు, స్కూలుకు సంబంధించిన జ్ఞాపకాలతో మిళితమై కలలుగా వస్తుంటాయి.

M. శ్రీనిధి IX.A

సమయం మీ వైపు

" పోయిన సమయం మళ్లీ దొరకదు ". మనిషి వెచ్చించగల అత్యంత విలువైన వస్తువు సమయం.ఇది అనాదిగా వస్తున్న నమ్మకం ఇప్పటికి నిజం.గడియారాన్ని ఎవరు ఆపలేరు లేదా వేగాన్ని తగ్గించలేరు. సమయం అందరి కోసం వేచి ఉండదు.సమయం యొక్క ప్రాముఖ్యత తెలిసినవాడు విజయం సాధించగలడు. ఇద్దరు వ్యక్తులు ఒకేరోజు, ఒకే సమయంలో జన్మించవచ్చు కానీ వారికి ఒకేజీవితం, అవకాశం మరియు సమయం లభించకపోవచ్చు. ఒకరు సమయంతో సంబంధం లేకుండా జీవించవచ్చు .మరొకరు సమయం దైవం అని నమ్ముతారు మరియు విజయం సాధించడానికి ప్రయత్ని సారు. నిత్యం మన

అని నమ్ముతారు మరియు విజయం సాధించడానికి ప్రయత్నిస్తారు. నిత్యం మనం కాలంతో ప్రయాణం చేస్తాం, కాలంతో పోరాడుతాం, సమయం వేగంగా పోతుందని కొందరు ఆందోళనచెందుతారు. కానీ మనం ఉదయం సూర్యోదయం నుండి సాయంత్రం సూర్యాస్తమయం వరకు సమయాన్ని చక్కగా సద్వినియోగం చేసుకుంటే సమయం మనది అవుతుంది.......



ఎన్.జోషిత, 9వ తరగతి "బి"విభాగం.

ನా သပ်္ပည္သင္ဇာလ ျွံထားစဝ

నా పాఠశాల జీవితం కచ్చితంగా ఒక అభ్యాస అనుభవం. అది నాకు ఇచ్చిన విశ్వాసం మరియు



్పేరణ, నేను మరెక్కడా పొందలేకపోయాను.మరీ ముఖ్యంగా నా ప్రత్యేకతను, వ్యక్తిత్వాన్ని గుర్తించిన ప్రదేశం ఇది. నా పాఠశాల జీవితం నాకు జీవితంలో అమూల్యమైన ఆనందాన్ని ఇచ్చిన నిధికంటే తక్కువ కాదు.ఇక్కడ నేను వర్ణమాల నేర్చుకోవడం ప్రారంభించాను.మరియు ఇప్పుడే అది ఉపయోగించి దీనినిరాస్తున్నాను. ఇది నిజంగా నా హృదయంలో ఎప్పటికీ నిలిచిపోయే మరపురాని ప్రయాణం. నా పాఠశాల జీవితం చాలా

ఉత్సాహం మరియు (పేమతో నిండిపోయింది . ఇది కచ్చితంగా నేను నన్ను కనుగొన్న మరియు నా గురించి చాలా నేర్చుకున్న కాలం. నా పాఠశాల జీవితం అంకిత భావం మరియు స్వీయ వాస్తవికతను నేర్చుకోవడంలో నాకు సహాయపడింది. నా ఉపాధ్యాయులను (పేరేపించారు.నాకు ఉత్తమమైన దాన్ని సాధించడానికి నన్ను ట్రోత్సహించారు . నేను ఈ విద్యను,జ్ఞానాన్ని ఎప్పుడూ మరువను. నేను ఇక్కడ స్నేహితులను సంపాదించాను. జీవితాంతం అలాగే ఉండే స్నేహితులున నా పాఠశాల జీవితంలో గొప్ప ఆశీర్వాదాలలో ఒకటి నాతోపాటు ఉన్న స్నేహితులు .ఈ ప్రయాణాన్ని మరపురాని మరియు సులభతరం చేసిన వారు . కొత్తవాటిని ప్రయత్నించే శక్తిని, దైర్యాన్ని నూరిపోశారు .మన పాఠశాల జీవితంలో మొదటి మరియు చివరి రోజు మరుపురాని రోజులు అని మనందరికీ తెలుసు .నేను ఏడుస్తూ మా స్కూల్లో కి ప్రవేశించాను .వెళ్లేటప్పుడు కూడా నా కళ్ళల్లో అదే కన్నీళ్లు. వెళ్లడానికి ఇష్టపడకపోవడానికి మొదటిది, మరియు రెండవది విడిచి పెట్టడానికి ఇష్టపడకపోవడం అనేది తేడా .ఈ పాఠశాలలో గడిపిన రోజులు నా జీవితంలో ఉత్తమ రోజులుగా ఎన్నటికీ మరువని రోజులుగా మిగిలిపోతాయి.

ෑම්වස, 10 'ఎ'

10 - ' ఎ'

మనసు

మనసు.....మనేస ఆలోచనల అల్లకల్లోలం మనసు

మనసు శరీరాన్ని గాయపెట్టకుండానే బాధపడుతుంది.

మనసుదీని గురించి చెప్పాలంటే పుస్తకాలు సరిపోవేమో అయినా నాకు తోచింది ఈ చిన్న వ్యాసం ద్వారా చెప్పాలనుకుంటున్నాను. మనసు మనోభావాలయంత్రం. మనం ఎలా ఉంచుకుంటే అలా ఉంటుంది. మనం ఎలా ఆలోచిస్తే అలాగే ఆలోచిస్తుంది. మనం ఆనంద



విషయాలను గుర్తుచేసుకుంటే ఎంతో ఉల్లాసంగా ఉత్సాహంగా మనసుకు ఎంతో హాయిగా ఉంటుంది. మనం బాధపడుతూ ఆలోచిస్తూ మనకు అనియండ్రిత చర్యగా దానంతట అదేబాధపడిపోతుంది. మనం బాధను ఆలోచించి వదిలేసినా కానీ మనసు మాత్రం బాధపడుతూనే ఉంటుంది.మనస్సుకు నొప్పి తెలియదు కానీ మనస్సుకు మాత్రం గాయలవుతుంటాయి. మనసును కొంచెం ఆలోచనతో తట్టి లేపితే చాలుఅనియండ్రితచర్యగా పనిచేస్తూనే ఉంటుంది .ఆనందాన్ని కలగజేసే ఆలోచనలతో మనసును తట్టి లేపితే ఆ రోజంతా ఆనందంగా ఉంటుంది .మనసు, ఆలోచన రెండు వేరువేరు అనే ఆలోచనతో రాశాను.కాని అవి రెండూ ఒక్కటా కాదా అనేది మాత్రం నాకు తెలియదు.ఆలోచనల హోరు ఎలా ఉంటే మన మనసుఅంత వేగంగా అలకల్లోలంగా మారుతుంది . అనేది నా భావన. అందుకే ఒకటి మాత్రం నిజం. మన మనసు అల్లకల్లోలం కాకూడదు అనుకుంటే ఎప్పుడు ప్రశాంతంగా ఉండేందుకు ప్రయత్నిస్తూనే ఉండాలి.(ప్రయత్నిస్తుండడంలోతప్పు లేదుకాని ప్రయత్నించకపోవడం మే తప్పు.



అక్షర సత్యాలు

I.చిరునవ్వు, మౌనం రెండు ఆయుధాలు. చిరునవ్వుతో చాలా సమస్యలు పరిష్కరించుకోవచ్చు. మౌనంతో చాలా సమస్యలు రాకుండా చూసుకోవచ్చు.

2.అన్ని ప్రశ్నలకు సమాధానం తెలియడం వలన వచ్చేది కాదు ఆత్మవిశ్వాసం అంటే ఏ ప్రశ్న నైనా సరే ఎదుర్కొనగల శక్తిని కలిగి ఉండటమే ఆత్మవిశ్వాసం అంటే.

3. జీవితంలో లక్ష్యం కంటే గొప్ప ఏది కాదు తనకు ఇవ్వాల్సిన విలువ తనకు ఇస్తే, అది మనకు ఇవ్వాల్సిన విలువ ఇస్తుంది.

 $\mathbf{4}$. దేనికైతే నువ్వు భయపడి వెనకడుగు వేస్తావో అదే నిన్ను మళ్లీ వెంటాడుతుంది. ఒక్కసారి ఎదురెళ్లి చూడు. ఆ భయమే నీకు భయపడుతుంది.

5. జీవితం అనే యుద్ధంలో గెలవడానికి దైర్యాన్ని మించిన ఆయుధం లేదు.

6. మంచి వారితో మంచిగా ఉండండి. కానీ చెడ్డ వారితో చెడ్డగా ఉండకండి. ఎందుకంటే వ్యజాన్ని వ్యజంతో కోయవచ్చు కానీ బురదని బురదతో కడగలేము.

7. చేయబోయే పని గురించి తెలుసుకోవడమే వివేకం. ఎలా చేయాలో తెలుసుకోవడమే నైపుణ్యం, పూర్తి చేయడమే సామర్థ్యం.

8.దృథ సంకల్పం "తరగని ఆత్మవిశ్వాసం" "బలమైన కోరిక" ఉన్న చోట విజయం తప్పక వచ్చి తీరుతుంది.

9. మీరు మీ భవిష్యత్తును మార్చలేరు. కానీ మీ అలవాట్లను మార్చుకోగలరు. కాబట్టి మీ అలవాట్లు మీ భవిష్యత్తును మారుస్తాయి.

10. చదువుందని గర్వపడకు, చదువు లేదని బాధపడకు, చదువు ఉన్నా లేకపోయినా సంస్కారం ఉంటే జీవితంలో పైకొస్తావ్.

ಎಂ.ನೆహ್ ರెಡ್ಡಿ 10.0

క్యాంటీన్ లో జ్ఞాపకాలు

ఈ ప్రపంచంలో నాకు అన్ని టికన్నా ఇష్టమైన ప్రదేశం, నా స్కూల్ క్యాంటీన్నేను 12 సంవత్సరాల క్రితం మొదటి సారిగా ఈ పాఠశాలలో ప్రవేశించి సమోసా కోసం గుంపుతో పోరాడటానికికష్టపడ్డాను.సమోసా ధర లాగా దాని పట్ల నాకు నా డ్రేమ పెరుగుతూనే పోతుంది. ఈ కాంటీన్ లో ఉన్న జ్ఞాపకాలు మరువలేనివి. చిన్న చిన్న పార్టీల నుండి,క్యాంటీన్ లో చిన్న అప్పులు చెయ్యడం వరకు. కిటికీ క్యాంటీన్లో ఉత్తమ స్థానం. అందరూ వెళ్ళిపోయినప్పుడు మరియు అంత నిశ్శబ్దంగా ఉన్నప్పుడు కూడా ఒక విధంగా ఎఫ్బుడు విసుగు

చెందదు .మేము కూర్చున్న కూర్చీలు నా జ్ఞాపకాలను మళ్లీ నా మెదడు లో తిరిగి చూపిస్తున్నట్టు అనిపిస్తుంది .అందమైన జ్ఞాపకాలు [పతి నవ్వు, [పతి ఏడుపు, [పతి కౌగిలింత మరియు [పతి పోరాటం వీటి కోసం నేను ఎల్లప్పుడూ కృతజ్ఞతతో ఉంటాను. ఇది నేను వర్ణించలేని ఒక ఇంటి లాంటి అనుభూతిని కలిగిస్తుంది. కఠినమైన రోజు చివరిలో నాకు కావాలిసింది నా గాఢస్నే హితులతో కలిసి కూర్చోని నవ్వడం. అప్పుడు నా హృదయ తేలిక అనిపిస్తుంది .[పతిసారి నేను క్యాంటీన్ లో [పవేశిస్తున్నప్పుడు,నేను ఒక చిరునవ్వు తో [పవేశిస్తాను. [పతి స్నేహితులసమూహంలోఒకరు ఎప్పుడు స్విగ్గి గా మారుతారు. ఐదు సమోసాలు తీసుకెళ్లి తన స్నేహితులకు డెలివరీ చేసే

బాధ్యత ఆమెదే. అది నేనే .నేనే ఆ స్విగ్గినికానీ నేను (పతిక్షణం ఆనందిస్తాను.

పవిత్ర, 10 "బి"

మహిళాభ్యుదయం



తెగువ చూపిన మగువా ్రపగతి బాటన నడుచుర ಬహుముఖ ప్రజ్ఞాశాలిగా బాధ్యతలు ఎన్నో చేపట్టు రా హద్దులేని ఆకాశమంత.... ఆత్మస్థెర్యంతో అలుపెరుగని యోధులుగా అడుగడుగునా తోడుండి ఆదుకుంటుంది రా మగువ అమ్మగా ్ పేమనందించు అక్కగా అనురాగం పంచు గురువుగా జ్ఞానాన్ని అందించు భారీగా తన జీవితాన్నే పంచు సహనంలోనూ సమరంలోను సమసమాజ నిర్మాణంలోనూ పునాదిగా మారి అనాదిగా (శమిస్తూ అలుపెరుగని మహిళా... నీకు అబినందనలు.....

B. సిరి చందన 8.A

ఋతువులు.... వర్ణన

కోకిల కిలకిల రావాలతో ఆమని ఆగమనంతో కళ్యాణ రాముని వైభోగాలతో వెలసిల్లే కాలం నవవసంతం భానుడి భగభగ లతో వేసవి సెలవుల స్నమంభాలతో తొలకరి పలకరింపులతో ఋతుపవనాలను స్వాగతించే కాలం (గీష్మం వాన చినుకులతో పరవశించే పుడమి పరిమళాలతో వరాల నొసగి వరలక్ష్మి వైభవాలతో పరవశించే కాలం వర్షాకాలం ఆదిపరాశక్తి ఆరాధనతో బతుకమ్మ ఆటపాటలతో చెడుపై మంచి విజయకేతనంతో వెన్నెల వికసించే కాలం శరత్ కాలం తొలి మంచి కురిసే హృదయాలతో రంగవల్లుల శోభలతో మువ్వన్నెల రేపరెపలతో అందాన్ని సంతరించే కాలం హేమంతం శివనామస్మరణతో తిరుగు పయనమయే శీతలంతో రాలిన ఆకులతో నూతన ఆరంభాలకు పునాది వేసే కాలం శిశిరం.



P. K. సాయి మనోహర్లి 8 A

నువ్వు ఎవరు?



మనల్ని" నువ్వు ఎవరు?" అని ఎవరన్నా అడిగితే మనం ఏం జవాబుఇస్తాము? మన పేరు మరియు మిగతా వివరాలు చెబుతాము.కాని మనం ఎవరన్నది మన పేరు ,కులం, జాతి ఏదీకాదు. మనం ఎవరిని చెప్పేది మన గుణాలు .మనం ప్రవర్తించే విధానం,మనం ఎదుటివారితో ఎలా జీవిస్తామో అన్నది. ఎదుటివారు మన ప్రవర్తనను, మన గురించి మనల్ని ప్రశ్నించే విధంగా ఉండకూడదు. మన గురించి ఎదుటివారు చెడుగా మాట్లాడే అవకాశం ఇవ్వకూడదు .అలా అని మనం ఏ పొరపాటు

చేయకుండా ఒక పరిపూర్ణ మనిషిలాఉండలేం. ఎందుకంటే మనిషి అని నాకు ఏదో ఒకచోట తప్పు చేస్తాడు. కానీ ఏ పరిస్థితుల్లో నైనా బలంగా,భయపడకుండా ఉండాలి. మనం ఎవరన్నది పక్క వారు చెప్పకూడదు. మనం ఎవరన్నది మనకు మాత్రమే తెలుసు అందుకే ఎవరన్నా మన గురించి చెడుగా మాట్లాడితే పట్టించుకోకుండా దిగులు పడకుండా ఇప్పుడు సంతోషంగా ఉండాలి.

్మ్మీ సన్నిధి, 9 " ఎ"

నమ్మకం

నమ్మకం లేని స్నేహం, నమ్మకం లేని (పేమ, నమ్మకం లేని బంధం, మనశాంతిని దూరం చేస్తాయి. అందరిని (పేమించు కొందరిని నమ్ము అనే షేక్స్పియర్అన్నాడు. నమ్మకం అనేది (పాణంతో సమానం. (పాణం అయినా నమ్మకమైన



ఒకసారి పోతే తిరిగి రాదు .నమ్మకంమనేదిఏర్పరచుకోవడానికి కొన్ని సంవత్సరాలు పట్టవచ్చు. అదే నమ్మకంకోల్పోవడానికి ఒక్క క్షణం చాలు. నమ్మకం కోల్పోయిన తరువాత ఎంత నటించినా ప్రయోజనం ఉండదు .అందుకే ప్రాణం పోతున్న నమ్మకాన్ని మాత్రం కాపాడుకోవాలి. ఒక అబధం వల్ల కూలిపోయిన నమ్మకం వేయి నిజాలు చెప్పిన రాదు. నమ్మకం కోల్పోతే ఆ మనిషి నీకు ఇచ్చిన బలంకు కూడా కోల్పోవలిసిన పరిస్థితి వస్తుంది. నమ్మకానికి చిన్న ఉదాహరణ తండ్రి తన బిడ్డను పైకిఎగరేస్తాడు . బిడ్డ ఏడవాలి కానీనవ్ముతుంది .అదే నమ్మకం ఒక చిన్న కూతురికి తన నాన్న పైన ఉన్న నమ్మకం తనవయసు కన్నా ఎక్కువ. నమ్మకం ఉంటే మౌనం కూడా అర్థమవుతుంది .నమ్మకమే ఏ బంధాన్ని కైనా ఉంది. నమ్మకం అనే పునాది మీద అబధ్దాలు అనే ఇటుకలను పేర్చి ఎంత అందమైన కోట కట్టిన ఎదో ఒక్క రోజు సమయం వచ్చినప్పుడునిజమని చిరుగాలి దెబ్బకు పునాదులతో సహాకూలిపోతుంది.చివరగా నేనుచెప్పేది ఏమిటంటే నిన్ను నమ్మిన వారిని మోసం చేయకు నిన్ను మోసం చేసిన వారిని తిరిగి నమ్మకు.

కె.దీక్షిత, " ఎ"

మన జీవితం వీడియో గేమ్ వంటిది

కోవిడ్ కాలంలో ,మనలో చాలామంది వీడియో గేమ్లుఆడటం మన జీవితంలో ఒక భాగంగా తీసుకున్నాము.అయితే, మన జీవితం ఆటకంటే భిన్నమైనది కాదని కాదన్నా వాస్తవాన్ని ఎప్పుడైనా ఆలోచించామా ?

జీవితం ఒక వీడియో గేమ్ అయితే, అది చాలా కష్టమైనది. గేమ్ లో ఉండే 'రీసెట్ ' అందుబాటులో ఉండదు. 'లెవెలింగ్ 'విధానంలో రూపొందించబడితే, మొదట' గాచా' ఏదైనా సంపాదించడానికిమరియు' లెవెల్ ఆప్ 'కుచోటు. ఇది ఇల్లు మరియు పాఠశాల జీవితంలో జ్ఞానం పొందకుండా, ,' స్పీడ్ రన్' కూడా చెయ్యలేము. 'స్టోరీ' మరియు ' ఫీచర్స్ ' మా జీవితంలో వింతగా ఉంటాయి.బతకడానికి ' లాగిన్బోనస్ ', 'ర్టెస్టాట్డజీ'మరియు ' వీకి 'ఉండవు.

కష్టాలు కేవలం ' బగ్స్,' వాటిని దాటితేనే ' లీడర్బోడ్' మీద మన పేర్కు ఉంటుంది.

- ' ప్లే టైమ్' కేవలం పెరగడానికి ఒక ' అఛీవ్ మెంట్" ' ర్యాంక్ మ్యాచ్' లో మనం ' స్కోర్'చేయకుంటే " ఎన్.పి.సి " గ్రామిగిలిపోతాము.
- ' రిస్క్' చేస్తే విజయం సాధించే మార్గం కనుగొంటాము. మనకు ఓకే జీవితం లభిస్తుంది .సరైన దారిలో వెళ్తున్నామా అని [పశ్నించుకోవాలి.గేము లో గెలవాలంటే ' ప్లేతూ'లో చేసిన 126 మిలియన్లు నష్టాలను తిరిగి చూసుకోవాలి.
- ' పైనల్ బాస్ 'వద్ద అందరూ ఆడటం ఆపేస్తారు. ఎందుకు ? వారు ఓటమినను అంగీకరిస్తారు కాని,గెలవాలన్న తపనతో [పయత్ని స్తే, ఒక [పత్యేక అనుభూతిని పొందుతాము. ఏ అనుభూతి? ' దిగ్రేటెస్ట్ ప్లేయర్ ఆఫ్ ఆల్ టైమ్ ' అంటే విజయ వంతమైన వ్యక్తి అన్న అనుభూతి కలుగుతుంది.



పి. నందిత, 10 " ఎ"





నేటి సమాజంలో అమ్మాయి ఎలా ఉండాలి ? అరే ఇదేమి (ప్రశ్న ? బాగానే ఉన్నాము కదా!అమ్మాయిలందరం అయినా ఒక్కసారి మా అమ్మని అడుగుదాం. అంటే మా అమ్మ ఇచ్చిన సమాధానం వాళ్ళు చిన్నగా ఉన్నప్పుడు ధైర్యంగా బయటకి వెళ్లే వాళ్ళం. కానీ ఇప్పుడు బయటకి వెళ్లాన ప్రతిసారి "జాగ్రత్త "అని చెప్పాల్సిన అవసరం ఏర్పడింది. ఎందుకు అని ఆలోచిస్తే నేటి సమాజంలో మనకు ఉన్న సోషల్ నెట్వర్క్.అవునువాట్సప్, ఫేస్బుక్, ఇన్స్టాగ్రామ్ వీటిని మంచి కంటే చెడుగా వాడుకోవటం వల్ల చాలా

మంది బుధ్ధివ్వకీకరించి,అమ్మాయిల భద్రత్ ప్రశ్నార్థకంగా మారింది కాబట్టి అమ్మాయుల రక్షణ అమ్మాయుల చేతిలోనే ఉంది. బయటకు వెళ్ళినప్పుడు చాలా జాగ్రత్తగా ఉండాలి.తల్లిదండ్రులు, బంధువుల ఫోన్ నెంబర్లు దగ్గర ఉండాలి .కొత్త వాళ్ళు ఎదురు పడితే వారి ప్రపర్తన ఇబ్బందిగా ఉంటే అక్కడ ఎవరు ఉన్న వారి సహాయం తీసుకోవాలి . తల్లిదండ్రులకు చెప్పకుండా బయటికి వెళ్ళకూడదు. అలాగే కొత్త వాళ్లతో స్నేహం చేసే అప్పుడు వాళ్ళ ప్రపర్తన సరిగ్గా ఉందా లేదా గమనించి ముందుకు వెళ్ళాలి. కొంతమంది అమ్మాయిలు తల్లిదండ్రులకి తెలిసి తెలియక చాలా విలాసవంతంగా డబ్బులు ఖర్చు పెడతు ఇతరులపై కూడా వారి ప్రభావం పడే లాగా చేస్తారు. అలాంటి వారితో జాగ్రత్తగా ఉండాలి.

ఒక మాటలో చెప్పాలంటే అమ్మాయిలు చాలా తెలివిగా,ధైర్యంగా, బుద్ధిగా ఉంటూ వారు అనుకున్నా లక్ష్యం వైపు ముందుకు వెళ్ళాలి.

ఈ క్రమంలో వచ్చే ఒడిదుడుకులను డైర్యంగా ఎదురుకోవాలి .వారి సమస్యలను వారి తల్లిదండ్రులకు, గురువులకుచెప్పినట్లయితేసరైన సలహా లభిస్తుంది.

రమ్.తాషిత, 4 వ" ఎ".

రైతులు సేంద్రియ ఆహారాన్ని మాత్రమే పండించాలి

రైతులు ఈ కాలంలో ఎక్కువగా రసాయన పంటను పండిస్తాన్నారు.ఆనాటికాలంలో సేంద్రియ ఆహారాన్ని మాత్రమే పండించారు. ఇప్పుడు వాళ్ళకు నష్టం రాకూడదు. అవివాళ్ళు రసాయన ఆహారాన్ని పండిస్తున్నారు. కానీ దానివల్ల అందరి ఆరోగ్యాలు చెడిపోతాయి. అప్పటి కాలంలో మన పూర్వీకులు ఎంతో బలంగా ఉండేవారు . ఏ జబ్బు రాకుండా బలంగా



ఉండేవారు.కాని ఈకాలంలో మనం ఎంతో బలహీనంగా ఉంటున్నాము. ఎందుకంటే వాళ్ళు రసాయనాలు లేని ఆహారాన్ని తినేవాళ్ళు.కాని ఇప్పుడు మనం రసాయనాలు కలిగిన ఆహారాన్ని తింటున్నాము. వచ్చే కాలంలో పిల్లలు, పెద్దవాళ్ళు ఇంకా ఎక్కువగా బలహీన పడతారు .అందువలన రైతులు సేంద్రియ ఆహారాన్ని పండించడం ఎంతో ముఖ్యం. మరియు అవసరంరసాయనాలతో పండిస్తే లాభం రావచ్చు . కానిఆరోగ్యం తిరిగి రాదు. మనం బలంగా ఉండాలి అంటే రసాయనిక ఆహారాన్ని తినవద్దు.మనం తినకూడదు అంటే రైతులు సేంద్రియ ఆహారాన్ని మాత్రమేపండించాలి. అప్పుడు మనం మరియు వాళ్ళు కూడా ఆరోగ్యంగా, బలంగా ఉంటాము.అందువలన సేంద్రియ ఆహారాన్ని రైతులు పండించాలి.

వై. మధురిమ,7 డి'

సంగీతం

సంగీతం మానసిక స్థితిని మెరుగుపరుస్తుంది. నొప్పి మరియు ఆందోళనను తగ్గిస్తుంది. మరియు భావోద్వేగ వ్యక్తికరణకు అవకాశాలను సులభతరం చేస్తుంది. సంగీత మన శారీరక మరియు మానసిక ఆరోగ్యానికి అనేక విధాలుగా ఉపయోగపడుతుంది. పరిశోధనలు చిస్తున్నాయి. సర్టిఫైడ్ మ్యూజిక్ థౌరపిస్ట్ ద్వారా వివిధ రకాల అనారోగ్యాలు మరియు వ్యాధి [ప్రక్రియలను సంప్రదాయ చికిత్సను మెరుగుపరచడానికి మ్యూజిక్ థౌరపీని ఉపయోగిస్తారు.ఆందోళన,



నిరాశ మరియు ఒత్తిడి నుండి నిర్వహణ మరియు క్షీణించిన న్యూరోలాజిక్ డిజాస్టర్స్ తర్వాత పని తీరును మెరుగుపరచడానికి. సహజ ప్రపంచానికి అంతర్గత జ్ఞానం ఉంది .దాని గొప్పతనాన్ని తెలియజేయడానికి పదాలు అవసరం లేదు సంగీతం మరియు ధ్వని సహజ ప్రపంచం యొక్క ఘనత మరియు రహస్యం వైపు మన దృష్టిని తీసుకువస్తాయి. ఈ రెండు ఒకరి ఆరోగ్యం మరియు శ్రేయస్సును మెరుగు పరుస్తాయని నిరూపించబడ్డాయి .మన జీవితంలో సంగీతం ఒక ముఖ్య భాగం. సంగీతంతోమన రోజు మొదలైతే ఉత్సాహంగా ఉంటుంది. సంగీతం ప్రాథమిక లక్షణాలు శృతి, రాగం, తాళం , పల్లవి మొదలైన శబ్ద లక్షణాలు. సంగీతం విశ్వమంతా వ్యాపించి ఉంది.

- *ಇದಿ ಗುಂಡ ಆರోಗ್ಯಂಗ್ ఉಂటುಂದಿ.
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- *ఇది ఒత్తిడిని తగ్గిస్తుంది.
- * ఇది డి(పెషన్ లక్షణాల నుండి ఉపశమనం కలిగిస్తుంది
- *ఇది జ్ఞాపకాలను [పేరేపిస్తుంది
- * ఇదినొప్పిని నియంత్రిస్తుంది.
- *.ఇది ప్రజలు తక్కువ తినడానికి సహాయపడుతుంది. ఇది వ్యాయామం ఓర్పును పెంచుతుంది



యమ్. స్నేహ యాదవ్ 9 ఎ'

సంగీతం

సంగీతం మానసిక స్థితిని మెరుగుపరుస్తుంది. నొప్పి మరియు ఆందోళనను తగ్గిస్తుంది. మరియు భావోద్వేగ వ్యక్తికరణకు అవకాశాలను సులభతరం చేస్తుంది. సంగీత మన శారీరక మరియు మానసిక ఆరోగ్యానికి అనేక విధాలుగా ఉపయోగపడుతుంది. పరిశోధనలు చిస్తున్నాయి. సర్టిఫైడ్ మ్యూజిక్ థౌరపిస్ట్ ద్వారా వివిధ రకాల అనారోగ్యాలు మరియు వ్యాధి [ప్రక్రియలను సంప్రదాయ చికిత్సను మెరుగుపరచడానికి మ్యూజిక్ థౌరపీని ఉపయోగిస్తారు.ఆందోళన,



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- *ಇದಿ ಗುಂಡ ಆರోಗ್ಯಂಗ್ ఉಂటುಂದಿ.
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యమ్. స్నేహ యాదవ్ 9 ఎ'

